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Information for Families Receiving Subsidized Child Care Assistance about Pandemic Electronic Benefit Transfer (P-EBT) for Children Under 6

You are receiving this letter because you have one or more children in your household under the age of six (6) that receives subsidized child care assistance but does not participate in Food and Nutrition Services (FNS).

There is a temporary program called Pandemic-EBT (P-EBT) that will be available to households who have children under the age of six (6) who receive FNS benefits. P-EBT helps families purchase food for children whose access to meals has been impacted by COVID-19.

To be eligible for P-EBT benefits your child must be a member of a household that participates in FNS.

North Carolina Department of Health and Human Services (NCDHHS) recognizes that many household circumstances have changed during the COVID-19 pandemic and families may need additional food assistance. Food and Nutrition Services is a federal food assistance program that provides families benefits are issued to Electronic Benefit Transfer cards (EBT cards) which can be used like a debit card.

To find out if your household is eligible for FNS food assistance benefits, there are three ways to apply:

1. Apply online at www.epass.nc.gov.
 - The NC FAST ePASS website now includes a Spanish translation option, as well as the ability to complete the full application process in Spanish online.
2. Apply in person at your county Department of Social Services (DSS) office.
3. Fill out a paper application and mail to or drop it off at your county DSS.

There is no application for P-EBT benefits. You will find information on the P-EBT programs by visiting North Carolina's P-EBT website at www.ncdhhs.gov/pebt.