



## North Carolina Department of Health and Human Services Division of Social Services

325 North Salisbury Street  
2420 Mail Service Center • Raleigh, North Carolina 27699-2420  
Courier # 56-20-25

Beverly Eaves Perdue, Governor  
Lanier M. Cansler, Secretary

Sherry S. Bradsher, Director  
(919) 733-3055

December 22, 2010

**Re: Social Security/Supplemental Security Income  
(SSI) Cost-of-Living Adjustment (COLA)  
Information for 2011**

**Dear County Director of Social Services:**

**Attention:** Food and Nutrition Services Managers and Supervisors  
Program Integrity Managers and Supervisors

Legislation enacted in 1973 provides for cost-of-living adjustments, or COLAs. With COLAs, Social Security and Supplemental Security Income (SSI) benefits keep pace with inflation. In general, the COLA is equal to a percentage increase in the Consumer Price Index. If there is no increase in the Consumer Price Index, then there is no COLA. In 2011, Social Security/Supplemental Security Income benefits **will not** have cost of living adjustments due to the decline in consumer prices and the expected low inflation.

Most Medicare beneficiaries will continue to pay the same Part B premium amount in 2011. Beneficiaries who currently have the Social Security Administration (SSA) withhold their Part B premium and have incomes of \$85,000 or less (\$170,000 or less for joint filers) will not have an increase in their Part B premium for 2011.

If you have any questions contact your Food and Nutrition Services and Energy Programs Regional Support Team directly via email. If the FNS Regional Support Team is unavailable, the Economic and Family Services Help Desk can be contacted at 919-334-1100 or by email at [DSS.EFSHD@dhhs.nc.gov](mailto:DSS.EFSHD@dhhs.nc.gov).

Sincerely,

A handwritten signature in cursive script that reads "Dean Simpson".

Dean Simpson, Chief  
Economic and Family Services

DS/tb

**EFS-FNSEP-50-2010**