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## COACHING/ MENTORING PROGRAMS & RESOURCES

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### CURRICULUM, ASSESSMENTS, TOOLKITS, RESOURCES

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#### MENTORING/COACHING MODELS

##### **Mobility Mentoring, Economic Mobility Pathways (EmPath)**

- A coaching model research has shown to help participants understand how their decisions interconnect and consider longer-term needs over a range of areas critical to long-term economic success, including family stability, health, financial management, education, and employment. EmPath developed a brain science-based tool called the [Bridge to Self-Sufficiency](#)
- EmPath's CEO & President, Elisabeth Babcock, described Mobility Mentoring in a [US Partnership on Mobility from Poverty](#) paper.
- The [Economic Mobility Exchange](#) is a human services network to boost economic mobility.
- *Please contact Jennifer Lowe at EmPath to learn more about membership and training costs [jlowe@empathways.org](mailto:jlowe@empathways.org)*

##### **Goal, Plan, Do, Review & Revise (GPDR/R), Center on Budget and Policy Priorities (CPBB)**

- *Publicly available* manual for human services staff that explicitly focuses on building and supporting executive function skills and core adult capabilities with information and tools to integrate the Goal, Plan, Do, Review and Revise (GPDR/R) framework into existing human service and job search programs.

##### **Family Centered Coaching, The Prosperity Agenda**

- *Publicly available* toolkit that offers a set of strategies, tools and resources that can help programs, agencies, case managers, coaches and others change the ways they work with families striving to reach their goals. This set of resources can undo and redo how one approaches working with families – to see families holistically, even though the thought the funding stream and programs may not.
- [Ascend at The Aspen Institute](#) held a webinar and document a Q&A with the speakers to better understand ways to embed this model in two-generational efforts.

- Please contact Rachel Brooks to learn more about the curriculum and training costs [rachelb@theprospertyagenda.org](mailto:rachelb@theprospertyagenda.org)

#### **Goal4 It! Mathematica Policy Research (MPR)**

- An evidence-informed, customer-centered framework for setting and achieving goals in TANF and other human services programs. This simple habit-forming, replicable process helps customers set meaningful goals, break goals down into manageable steps, develop specific plans to achieve them, and regularly review goal progress.
- Please contact Michelle Derr or Jonathan McCay to learn more about the curriculum and pricing [mderr@mathematica-mpr.com](mailto:mderr@mathematica-mpr.com) or [JMcCay@mathematica-mpr.com](mailto:JMcCay@mathematica-mpr.com)

#### **Human Services Coaching Framework, Public Consulting Group (PCG)**

- Rather than offering a step-by-step process, this model focuses on using a number of coaching tools or techniques when interacting with clients. PCG adapts core coaching concepts and curricula to meet agencies where they are, and build from there. The first step is adopting a coaching mindset which encourages case workers to shift how they view the client and how they approach their interactions with clients.
- Please contact Deb Joffe at PCG to learn more about the curriculum and pricing [djoffe@pcgus.com](mailto:djoffe@pcgus.com)

#### **TuaPath**

- A technology-based platform that uses an executive skills coaching model where participant's goals are organized into personalized pathways consisting of manageable action steps under the guidance of their coach.
- Please contact TuaPath to learn more about the platform at [info@tuapath.com](mailto:info@tuapath.com)

## IMPLEMENTATION RESOURCES

### Assessments

- [The Hexagon: An Exploration Tool](#), NIRN
  - The Hexagon Tool can be used by communities and organizations to better understand how a new or existing program or practice fits into an implementing site's existing work and context. The Hexagon Tool can be used at any stage of implementation to assess fit and feasibility. It is most commonly used during the Exploration stage when an implementing site is identifying and selecting new programs and practices to implement.
- [Stages of Implementation Analysis: Where Are We?](#), NIRN
  - This tool provides teams with the opportunity to plan for and/or assess the use of stage-based activities to improve the success of implementation efforts for evidence-informed innovations.

### Events/Webinars

- [Summer Institute on Implementation Science: Beginning the Conversation on Equity and Implementation Science](#), June 10-12, 2019