



The North Carolina Family Caregiver Support Program (FCSP)

Region	Area Agency on Aging Counties Served	Family Caregiver Specialist
A	Southwestern Commission Sylva, NC 28779 <i>Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain</i>	Cindy Miles 828-586-1962, ext. 218 cindy@regiona.org
B	Land-of-Sky Regional Council Asheville, NC 28806 <i>Buncombe, Henderson, Madison, Transylvania</i>	Carol McLimans 828-251-6622, ext 119 carol@landofsky.org
C	Isothermal Planning & Development Commission Rutherfordton, NC 28139 <i>Cleveland, McDowell, Polk, Rutherford</i>	Michelle Templin 828-287-2281, ext. 1258 mtemplin@regionc.org
D	High Country Area Agency on Aging Boone, NC 28607 <i>Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, Yancey</i>	Brenda Reece 828-265-5434, ext. 128 breece@regiond.org
E	Western Piedmont Council of Governments Hickory, NC 28603 <i>Alexander, Burke, Caldwell, Catawba</i>	Mary Mitchell 828-485-4256, ext. 256 Mary.mitchell@wpcog.org
F	Centralina Council of Governments Charlotte, NC 28202 <i>Anson, Cabarrus, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, Union</i>	Dawn Gartman 704-348-2426 dgartman@centralina.org
G	Piedmont Triad Council of Governments Kernersville, NC 27284 <i>Alamance, Caswell, Davidson, Guilford, Montgomery, Randolph, Rockingham, Davie, Forsyth, Stokes, Surry, Yadkin</i>	Teresa Jackson 336-904-0300 tjackson@ptrc.org
J	Triangle J Council of Governments Durham, NC 27703 <i>Chatham, Durham, Johnston, Lee, Moore, Orange, Wake</i>	Ellison Jones 919-558-9391 ejones@tjco.org

K	<p>Kerr Tar Regional COG Henderson, NC 27536</p> <p><i>Granville, Franklin, Vance, Warren, Person</i></p>	<p>Melissa Catlett 252-436-2040 mjones@kerrtarco.org</p>
L	<p>Upper Coastal Plain Council of Governments Wilson, NC 27894</p> <p><i>Edgecombe, Halifax, Nash, Northampton, Wilson</i></p>	<p>Kim Emory 252-234-5960 Kim.emory@ucpcog.org</p>
M	<p>Mid-Carolina Council of Governments Fayetteville, NC 28302</p> <p><i>Cumberland, Harnett, Sampson</i></p>	<p>Barbara White 910-323-4191, ext. 28 bwhite@mccog.org</p>
N	<p>Lumber River Council of Governments Pembroke, NC 28372</p> <p><i>Bladen, Hoke, Richmond, Robeson, Scotland</i></p>	<p>Anne Oglesby 910-618-5533, ext. 3006 aco@lumberrivercog.org</p>
O	<p>Cape Fear Council of Governments Wilmington, NC 28401</p> <p><i>Brunswick, Columbus, New Hanover, Pender</i></p>	<p>Holly Pilson 910-395-4553, ext. 204 Hpilson@capefearcog.org</p>
P	<p>Eastern Carolina Council New Bern, NC 28563</p> <p><i>Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico, Wayne</i></p>	<p>January Brown 252-638-3185, ext. 3011 jbrown@eccog.org</p>
Q	<p>Mid-East Commission Washington, NC 27889</p> <p><i>Beaufort, Bertie, Hertford, Martin, Pitt</i></p>	<p>Laura Jett 252-974-1837 ljett@mid-eastcom.org</p>
R	<p>Albemarle Commission Hertford, NC 27944</p> <p><i>Camden, Chowan, Currituck, Dare, Gates, Hyde, Pasquotank, Perquimans, Tyrell, Washington</i></p>	<p>Lynne Raisor 252-426-5753, ext. 232 lraisor@albemarlecommission.org</p>

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