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LME/MCO Communication Bulletin #J308

Date: October 11, 2018

To: Local Management Entities/Managed Care Organizations (LME/MCOs)

From: Deb Goda, Behavioral Health Unit Manager, NC Medicaid
Kathy Nichols, Associate Director of Services and Supports, DMH/DD/SAS

Subject: Research-Based Behavioral Health Treatments (RB-BHT)

The intent of this bulletin is to provide information/guidance to LME MCOs regarding Research-Based Behavioral Health Treatments (RB-BHT) for Autism Spectrum Disorder (ASD).

The Centers for Medicare and Medicaid Services (CMS) have approved North Carolina's State Plan Amendment (SPA) for RB-BHT. Attached to this bulletin is the approved SPA which will serve as the definition until the new policy has been promulgated. LME MCOs are to use this definition for the purposes of authorization, monitoring, and reimbursement.

If you have any questions, please call Kenneth Bausell at 919-855-4296 or e-mail at Kenneth.bausell@dhhs.nc.gov.

Previous bulletins can be accessed at: <http://www.ncdhhs.gov/divisions/mhddsas/joint-communication-bulletins>

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