



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**

ROY COOPER • Governor

MANDY COHEN, MD, MPH • Secretary

KODY H. KINSLEY • Deputy Secretary for Behavioral Health  
and Intellectual/Developmental Disabilities

DAVE RICHARD • Deputy Secretary for NC Medicaid

**LME-MCO Communication Bulletin #J312**

Date: December 21, 2018

To: Local Management Entities/Managed Care Organizations LME-MCOs

From: Kathy Nichols, Assistant Director of Policies and Programs, DMH/DD/SAS  
Deb Goda, Behavioral Health Unit Manager, NC Medicaid  
Helen Wolstenholme, Interim Director, Division of State Operated Healthcare  
Facilities

Subject: Quarterly Meetings Between LME-MCOs and State-Operated Psychiatric  
Hospitals

The current Division of State Operated Healthcare Facilities (DSOHF) and LME-MCO contract requires DSOHF to arrange quarterly and ad hoc meetings with each LME-MCO to work together to meet the discharge needs of people who remain in a state-operated psychiatric hospital (SPH) due to needs that are more challenging to address in the community setting. The language from the DSOHF-LME/MCO contract is as follows:

*1.i. Arrange quarterly and ad hoc high-level case discussions with the responsible LME/PIHP for Individuals with high need/high cost discharge needs such as people with co-occurring disorders and history of aggression and/or serious self-harm to include upper level clinical management and DSOHF central office.*

*A.2i. Assign upper level clinical and financial leadership to attend quarterly and ad hoc case discussions for Individuals with high need/high cost discharge needs such as self-harm identified by DSOHF facility clinical leadership to develop discharge opportunities.*

To assist with invitations, please respond with the names and contact information for your staff who will participate in the meetings. This should include, but not be limited to:

Clinical Director (required)  
Chief Financial Officer (required)  
Provider Network Director  
Care Coordination Director  
Hospital Liaison Leadership  
Other staff as identified by the LME-MCO

**NC DEPARTMENT OF HEALTH AND HUMAN SERVICES**

**NC MEDICAID • DIVISION OF HEALTH BENEFITS**

LOCATION: 1985 Umstead Drive, Kirby Building, Raleigh, NC 27603  
MAILING ADDRESS: 2501 Mail Service Center, Raleigh, NC 27699-2001  
www.ncdhhs.gov • TEL: 919-855-4100 • FAX: 919-715-9451

**DIVISION OF MENTAL HEALTH, DEVELOPMENTAL  
DISABILITIES AND SUBSTANCE ABUSE SERVICES**

MAILING ADDRESS: 3001 Mail Service Center, Raleigh, NC 27699-3001  
www.ncdhhs.gov • TEL: 919-733-7011 • FAX: 919-508-0951

Hospital, clinical and social work leadership, relevant treatment team members, DSOHF central office and Division of Mental Health, Developmental Disabilities and Substance Abuse Services (DMH/DD/SAS) staff will participate in the meetings.

Please provide the requested information to [Virginia.Maisch@dhhs.nc.gov](mailto:Virginia.Maisch@dhhs.nc.gov) by noon on Dec. 31, 2018. We will provide the information to the SPH who will contact the LME-MCOs directly to schedule the meetings beginning January 2019.

Previous bulletins can be accessed at:

[www.ncdhhs.gov/divisions/mhddsas/joint-communication-bulletins](http://www.ncdhhs.gov/divisions/mhddsas/joint-communication-bulletins)

cc: Marti Knisley, Technical Assistance Collaborative  
Sam Hedrick, DHHS  
Kody Knisley, Behavioral Health &I/DD  
Dave Richard, NC Medicaid  
DMH/DD/SAS Leadership Team  
NC Medicaid Leadership Team  
DSOHF Leadership Team  
Mary Hooper, i2i Center for Integrative Health