

North Carolina Mental Health Planning and Advisory Council (NCMHPAC)

Meeting Minutes of December 7, 2018 – Final Approved

Meeting location: 1121 Situs Court, 320, Raleigh, NC 27606 1-888-251-2909; 5814639#

Present: Gwen Belcredi, Victoria Jeffries, Jeff McCloud, Lisa Worth, Damie Jackson-Diop, Lucy Dorsey, Paula Lahichi, Lacy Flintall, Meisha Evans (for Virginia Knowlton-Marcus), Wes Rider, Peg Morrison, Barbara Maier

Phone: Bert Bennett, Dave Wickstrom, Gail Cormier, Mary Lloyd, Janice Shirley

Staff: Karen Feasel, Walt Caison, Susan Robinson

Guests: Member candidates: Dale Mann, Stacy Justiss, Sonia Hopkins, Vicki Smith (phone)

Mission: *The mission of NCMHPC is to advise and make recommendations on the State Behavioral Health Plan(s) for services and programs for children and adults with serious mental health needs and their families.*

Vision: *A mental health system that works for everyone.*

	Agenda Item/Presenter	MHBG Relevance	Action
	Discussion	Resources/Data Sources	
1	<p>Meeting Convened/Introductions The meeting was convened; welcome and introductions were completed. Member candidates: Dale Mann, Stacy Justiss, Sonia Hopkins, Vicki Smith (phone) were welcomed.</p>	<p>NCMHPAC Bylaws NCMHPAC Role: https://www.ncdhhs.gov/divisions/mhddsas/councils-commissions Meet and review the MHBG Plan not less than once each year; make recommendations to the state mental health agency (SMHA - NC Division of MHDDSAS); advocate for priority populations and others with emotional and mental health needs.</p>	<p>✓ Member candidates: Dale Mann, Stacy Justiss, Sonia Hopkins, Vicki Smith (phone) were welcomed. ✓ None.</p>
2	<p>Chair Report /Transition of Leadership Damie Jackson-Diop reported as per the Bylaws, her term ends as Chair in December with transition to Dave Wickstrom. Per the Bylaws the Vice Chair moves into the Chair position. Damie summarized her time as Chair and thanked the Council for the opportunity to learn new skills and support received from both the Council and the state DMH staff during this time. Dave Wickstrom assumed leadership of the Council as Chair and the meeting.</p>	<p>NCMHPAC Bylaws</p>	<p>✓ The Council thanked Damie for her time and leadership. ✓ The Council welcomed Dave as Chair.</p>

3	<p>Approval of Minutes/ Review of Agenda</p> <p>Discussion: The minutes of 10/5/18 were disseminated and reviewed prior to the meeting. The agenda was reviewed with adjustments for time. Time was added for members whose terms are ending to speak. Kathy Nichols sent regrets due to illness.</p>	<p>NCMHPAC Bylaws</p>	<ul style="list-style-type: none"> ✓ The agenda was adjusted. ✓ Minutes of 10/5/18 were approved after a motion to approve by Lucy Dorsey, with a second by Jeff McCloud; the vote carried unanimously.
4	<p>Public Comments - Members of the public can address the Council. Limit of three minutes. Member candidates reserved statements for member discussion.</p> <p>Discussion: None; no comments.</p>	<p>NCMHPAC Bylaws</p> <p>MHBG Requirement: The State Mental Health Agency (SMHA – Division of MHDDSAS) will seek and consider public comments on the Community Mental Health Services Block Grant (MHBG) Plan. https://www.ncdhhs.gov/divisions/mhddsas/grants/mental-health-block-grant</p> <p>mhbg.comments@dhhs.nc.gov</p> <p>MHBG Domain Criteria, Priority Areas & Outcomes (NOMs): Understand Implications for the MHBG Priority Populations, especially those who are uninsured, underinsured, non-Medicaid eligible, diverse ethnic, cultural & linguistic needs; for impact to the MHBG requirements and criteria on access, comprehensive system, and Council priorities of adult, family and youth peer supports, non-traditional services and supports.</p>	<ul style="list-style-type: none"> ✓ None; No comments.
5	<p>DMH Director Updates- Kathy Nichols, Assistant Director (11:00) - Kathy sent regrets due to illness.</p>		<ul style="list-style-type: none"> ✓ None ✓ Kathy will join the Council in February for DMH Updates

<p>6</p>	<p>Members Farewell Comments Wes Rider: Wes stated, he not only served on the Council as the DMH representative, also as a person with insight into lived experience in recovery. He encouraged the Council to sustain exciting positive energy for recovery and peers and family and youth supports in this large state and community level system that has lots of moving parts and so much to understand both for children, youth and adults. Wes stated he learned a lot and that MH First Aid is one of the most exciting trainings offered across our communities to help change attitudes, reduce stigma, help individuals like himself get effective treatment, increasing opportunities to work, go to school, and really thrive.</p>		<p>✓ The Council thanked Wes for his time and message.</p>
<p>7</p>	<p>Community Inclusion – Walt Caison Discussion: Walt outlined: systems of care for children and for adults with behavioral health needs that currently exist in NC; Community Inclusion model (Temple University, Mark Salzer) combined with NC’s local adult mental health systems of care and related adult mental health collaboratives; community infrastructure in support of adult mental health recovery; and examples cited that exist in Partners and Alliance LME/MCOs for adult system of care.</p>	<p>MHBG Domain Criteria, Priority Areas & Outcomes (NOMs):</p> <ul style="list-style-type: none"> ▪ Access to crisis services & supports ▪ Consumer and Family Services ▪ Support and promote access to services - especially recovery supports & post-vention interventions ▪ Sustain successful engagement ▪ Provide information to those who work with consumers and families. ▪ Reduction in suicide deaths, attempts, hospitalizations ▪ Reduction in health disparities. <hr/> <p>Resources/Data Sources:</p>	<p>✓ The Council asked Walt to provide updates. ✓ Dave suggested the Council read the Temple University tools for this exciting effort in NC.</p>

	<p>Of note, Victoria Jeffries is now working with Temple University and is a ready resource on this subject matter.</p>	<p>Temple University – Community Inclusion https://sites.temple.edu/tucollab2017institute/the-fundamentals-of-community-inclusion/ http://www.paautism.org/resources/All-Resources/All-Resources-Details/itemid/5342/Temple-University-Collaborative-Community-Inclusi NC DHHS 2018 Related Reports https://files.nc.gov/ncdhhs/documents/files/2017%20Annual%20Report.pdf https://www.ncceh.org/media/files/files/bbfdce53/1.5_Transitions_to_Community_Living_and_Olmstead_Updated_Johnson_Olson.pdf</p>	
8	Networking Lunch/Information Exchange		
9	<p>DMH Quality Management (QM) Report – Jennifer Bowman Discussion: Jennifer Bowman Provided a summary of the QM measures; how information is gathered to inform new measures with the LME-MCOs; DMH and DMA work together with the LME-MCOs to develop recommendations for quality measures for clinical/disease indicators with six recommended as ‘watch’ measures.</p>	<p>DMHDDSAS is the State MH Authority (SMHA) - organizational responsibilities, comprehensive system for MH services & supports; MHPC adviser to DMH on the implementation of the MHBG plan. MHBG Domain Criteria, Priority Areas & Outcomes (NOMs): Understand Implications for the MHBG Priority Populations, especially those who are uninsured, underinsured, non-Medicaid eligible, diverse ethnic, cultural & linguistic needs; for impact to the MHBG requirements and criteria on access, comprehensive system, and Council priorities of adult, family and youth peer supports, non-traditional services and supports.</p>	<ul style="list-style-type: none"> ✓ The Council would like to see what indicators and measures providers are held accountable to by the LME-MCOs. ✓ DMH will share the standard contract template with the Council. ✓ QM reports remains a standing item on the Council agenda to inform data collected/reported for the MHBG plan and report process.
10	<p>Membership and Officer Election Discussion: Dave Wickstrom submitted his resignation as Chair, effective Dec 31, due to a job change and leaving NC.</p>	<p>NCMHPAC Bylaws SFY18-19 Plan is posted on the NCMHPAC web page: https://www.ncdhhs.gov/divisions/mhddsas/grants/mental-health-block-grant</p>	<ul style="list-style-type: none"> ✓ Council reviewed member list, terms, positions represented both those required by the MHBG and the by-laws.

<p>The Council reviewed new member candidates, position vacancies, and recommended all new members be approved to include: Stacy Justiss, statewide family organization; Sonia Hopkins, family of a child; Megan Tarver, Sandhills LME-MCO; Brooke Hanes Chambers, young adult; Dale Mann, family of an adult child; Vicki Smith, family of adult child; Kent Earnhardt, adult; Jermain Brooks, family of a child; Diane Krisanda, family of young adult; MaryAnn Haskell, family of a child; Aron Bryan Creech, family of young adult; Cherene Allen-Caraco, adult peer run provider. Geographic distribution of these candidates represents eastern, western and central and south-central NC counties as well as diversity of age, gender, race and ethnicity of NC communities across the state.</p> <p>Nominations for the Vice Chair positions were reviewed. Nina Leger withdrew her name prior to this meeting; the two remaining nominees, Lacy Flintall and Victoria Jeffries, provided summary of their interest and experience.</p> <p>Nominations for the Chair position were received; those nominated for Chair included: Jeff McLoud and Vicki Smith.</p>	<p>NCMHPAC candidate nomination form member application form can be found on the NCMHPAC web page: https://www.ncdhhs.gov/divisions/mhddsas/grants/mental-health-block-grant</p> <p>DMHDDSAS is the State MH Authority (SMHA) - organizational responsibilities, comprehensive system for MH services & supports; MHPC adviser to DMH on the implementation of the MHBG plan.</p> <p>MHBG Domain Criteria, Priority Areas & Outcomes (NOMs): Understand Implications for the MHBG Priority Populations, especially those who are uninsured, underinsured, non-Medicaid eligible, diverse ethnic, cultural & linguistic needs; for impact to the MHBG requirements and criteria on access, comprehensive system, and Council priorities of adult, family and youth peer supports, non-traditional services and supports.</p>	<ul style="list-style-type: none"> ✓ The Council voted to approve new member candidates to include: Stacy Justiss, statewide family organization; Sonia Hopkins, family of a child; Megan Tarver, Sandhills LME-MCO; Brooke Hanes Chambers, young adult; Dale Mann, family of an adult child; Vicki Smith, family of adult child; Kent Earnhardt, adult; Jermain Brooks, family of a child; Diane Krisanda, family of young adult; MaryAnn Haskell, family of a child; Aron Bryan Creech, family of young adult; Cherene Allen-Caraco, adult peer run provider. Motion to approve by Lucy Dorsey and Gail Cormier, second by Lacy Flintall; Council vote carried, no descensions, with one abstention. ✓ Dave welcomed the new members to the Council. New members were deemed to have voting capacity if in attendance beginning with this their first meeting as the Bylaws do not specify otherwise. ✓ Vice Chair election was held; Victoria Jeffries was elected by the Council; no descensions, with two abstentions.
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	DMH with Council leadership will provide a notice of welcome and terms to new members and thank you letters to those whose terms are ending.		<ul style="list-style-type: none"> ✓ Chair election was held; Jeff McCloud was elected by the Council; no descensions; two abstentions. ✓ Jeff McCloud, Chair and Victoria Jeffries, Vice Chair were welcomed by the Council. ✓ Council noted that in addition to recommendations noted in the 10/5/18 meeting, other edits to clarify Council process and procedures need to be considered during the annual review of the Bylaws in 2019.
11	2019 Meeting Calendar		<ul style="list-style-type: none"> ✓ Future meeting schedule for 2019 Calendar was approved by consensus. ✓ Next meeting is February 1, 2019.
12	Meeting Adjourned: The meeting was adjourned; all were thanked for their participation.	<u>Future Items: 2019 meeting agenda planning; QM report, DMHDDSAS initiative updates; Bylaw review</u>	<ul style="list-style-type: none"> ✓ Next meeting is February 1, 2019. ✓ Meeting was adjourned with Lucy Dorsey Dorsey motion to adjourn, Gwen Belcredi second, motion carried.

2019 Meeting Dates

February 1, April 5, June 7, August 2, October 4, November 27 (TBD conference call), December 6

<https://www.ncdhhs.gov/divisions/mhddsas/grants/mental-health-block-grant>

