



**State to Local Conference Call  
MEETING MINUTES**

**Date:** October 17, 2018

**Time:** 7PM- 8:30pm

**Location:** Conference Call

<b>MEETING CALLED BY</b>			Mark Fuhrmann		
<b>TYPE OF MEETING</b>			State and Local Consumer Family Advisory Committee Conference Call		
<b>ATTENDEES</b>					
<b>COMMITTEE MEMBERS</b>			<b>STATE STAFF ATTENDEES</b>		
<b>NAME</b>	<b>AFFILIATION</b>	<b>PRESENT</b>	<b>NAME</b>	<b>AFFILIATION</b>	<b>PRESENT</b>
Mark Fuhrmann	Partners- SCFAC	X	Stacey Harward	CE&E Team	X
Benita Purcell	Cardinal -SCFAC	X	Wes Rider	CE&E Team	X
Wayne Petteway	Trillium-SCFAC	X			
Pat McGinnis	VAYA SCFAC	X			
Martha Brock	Alliance SCFAC	X			
J.W. Simmons	Eastpointe	X			
Bob Crayton	Alamance Caswell	X			
Gene Anderson	Cardinal	X			
Lori Richardson	Sandhills - SCFAC	X			
Ginny Hall	Partners	X			
Jason Phipps	Alliance	X	<b>GUEST</b>		
Ron Lowe	Trillium	X	<b>NAME</b>	<b>AFFILIATION</b>	
Hezekiah Anderson	Cardinal	X			
Azell Reeves	Sandhills	X			
Dave Curro	Alliance	X			
Beverly Morrow	Cardinal	X			
Gene Anderson	Cardinal	X			

**1. Agenda topic: Welcome**

**Presenter(s):** Mark Fuhrmann

<b>Discussion</b>	<ul style="list-style-type: none"> <li>Mark Fuhrmann opened the meeting at 7:00 PM.</li> </ul>		
<b>Conclusions</b>	<ul style="list-style-type: none"> <li>Roll call was taken and the agenda was approved.</li> </ul>		
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>	
<ul style="list-style-type: none"> <li>Agenda approved</li> </ul>			

**2. Agenda topic: SCFAC update**

**Presenter(s):** Benita Purcell

<b>Discussion</b>	<ul style="list-style-type: none"> <li>Benita provided a synopsis of the last SCFAC meeting.</li> </ul>
<b>Conclusions</b>	<ul style="list-style-type: none"> <li>She spoke about the public comment provided by SCFAC members.</li> <li>Letter has been sent by the SCFAC to the State, which addressed the lack of support for mental health advocacy.</li> <li>Some discussion about people not listening to each other and the term “hostile environment” was used. This was a positive, productive conversation.</li> <li>Bylaws were discussed; some revisions were made. Hoping to finalize these at the November meeting.</li> <li>Kody Kinsley provided a DMH budget update. There was a handout that will be sent out with the minutes. He also spoke about hurricane recovery efforts including a \$3.5 million community counseling. He spoke about the development of the Tailored Plans and asked the SCFAC to provide him with topics related to Medicaid Transformation that he may address at future meetings.</li> <li>SCFAC is requesting that the Division grant them a specific budget that can be used for trainings and other expenses. Verla Insko has agreed to sponsor legislation requiring a SCFAC budget.</li> </ul>

	<ul style="list-style-type: none"> <li>• Committee work was discussed.</li> <li>• Benita offered assistance to the local CFACs and asked the local members to communicate any concerns or need for assistance they may have to her or Mark Fuhrmann.</li> <li>• Mark Fuhrmann reiterated that the Department and Division have asked for State and Local CFAC input during the Medicaid Transformation.</li> <li>• Ron Lowe asked what type of assistance can the SCFAC offer to the Local CFACs. Mark replied that he is not sure, but that this is a work in progress. Benita stated that if Local CFAC's ask, then the SCFAC will consider their requests and try to assist them with individual needs/requests.</li> </ul>	
Action Items	Person(s) Responsible	Deadline
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**3. Agenda topic: Hurricane Florence Update**

**Presenter(s): Mark Fuhrmann**

<b>Discussion</b>	<ul style="list-style-type: none"> <li>• Legislators held a special session this week. Governor Cooper asked for \$1.5 billion and the legislators agreed to provide \$800 million for recovery efforts.</li> <li>• Martha Brock referred people to WRAL.com for a brief synopsis. She clarified that there was not much difference in what Governor Cooper requested and what was allocated by the legislature.</li> <li>• Martha shared that this process was the most bipartisan effort she has seen in a very long time.</li> </ul>	
<b>Conclusions</b>	•	
Action Items	Person(s) Responsible	Deadline
Martha B. sent this web site which it contains an article that discuss the above topic. <a href="https://www.wral.com/legislature-approving-800-million-in-florence-relief/17918141/">https://www.wral.com/legislature-approving-800-million-in-florence-relief/17918141/</a>		

**4. Agenda topic: Local CFAC Reports**

**Presenter(s): Azell Reeves, Pat McGinnis, Jean Andersen**

<b>Discussion</b>	<p><b>Sandhills Report – Presented by: Azell Reeves, CFAC Vice-Chair, Sandhills Center</b></p> <p><b>New</b></p> <ul style="list-style-type: none"> <li>• CFAC members attended Sandhills Center's Community Stakeholder Breakfast meetings in Guilford County and Richmond County.</li> <li>• Anthony Ward, Deputy Director/COO provided CFAC with updates on developments regarding Medicaid, LME/MCOs and Medicaid Transformation.</li> <li>• Mary Kidd, Complaints and Incident Manager of Sandhills Center's Quality Management unit presented the quarterly Quality Management reports to the committee.</li> <li>• CFAC members reviewed and signed statements of confidentiality and conflict of interest.</li> <li>• CFAC welcomed a new member. Bill Larrison of Harnett County joined the committee. He will also represent CFAC to the Sandhills Center Board of Directors alongside Leann Henkel and Shirley Hart.</li> <li>• CFAC did not meet in July.</li> <li>• Because of the effects of Hurricane Florence, CFAC did not meet in September 2018.</li> </ul> <p><b>Ongoing</b></p> <ul style="list-style-type: none"> <li>• At each meeting, CFAC members review the Sandhills Center Consolidated Balance Sheet and Income Statement, as well as the most recent Medicaid Waiver Operations report.</li> </ul>
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- In addition to serving on the Sandhills Center Board, CFAC has representation on the following Sandhills Center committees: Client Rights, Global CQI, Network Leadership, and Quality Management. Members have also been asked to serve on several subcommittees of Sandhills Center standing committees.
- The chair and vice chair participate in the monthly State CFAC conference call with CFACs across the state and make presentations on behalf of the Sandhills Center's CFAC, as requested.
- One of Sandhills Center's CFAC members serves on the State CFAC.
- Staff members of the Consumer Engagement and Empowerment Team of the Division regularly present relevant news and information.
- The CFAC chair, vice chair and staff liaison continue to work together to prepare agendas for future meetings.
- In some counties, CFAC members team with the Sandhills Center staff to conduct the Crisis Intervention Team training (CIT) for individuals with MH/DD/SA.
- CFAC Members distribute Sandhills Center Access2Care posters within their communities to assist individuals to access needed services and supports to ensure quality of life.
- Through the participation of CFAC members' advocacy on numerous leadership, stakeholder and community groups, CFAC members are continuously advocating for stability, responsive service management and system improvements for consumers being served in their catchment areas and throughout the state of North Carolina. By preserving the current model of behavioral health care management, this important voice in the behavioral health environment remains strong.

#### **Future**

- CFAC members will regularly review the committee's strategic plan and update it with status reports.

#### **Sandhills Center Initiatives**

- Sandhills Center is pleased to sponsor an upcoming train-the-trainer session to certify QPR Gatekeeper instructors throughout the nine-county catchment area. QPR stands for Question, Persuade and Refer – three steps that participants can learn to help save lives from suicide. Just as people trained in CPR and the Heimlich maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone to seek help. QPR is listed on the National Registry of Evidence-Based Practices and Programs. More than 18,000 people have been trained and certified as QPR Gatekeeper Instructors in the United States and abroad. Sandhills Center currently offers a segment of QPR within its Crisis Intervention Team training for law enforcement and other first responders. The QPR train-the-trainer program is an important addition to the community and provider education repertoire that already is available within the Sandhills Center region. Last year, for example, Sandhills Center collaborated with the N.C. Department of Health and Human Services and the University of North Carolina, School of Social Work to sponsor a 40-hour Mental Health First Aid (MHFA) train-the-trainer program. MHFA in the Sandhills Center region has produced 12 new instructors who have facilitated training. As a result, about 600 individuals from all nine Sandhills Center counties have earned MHFA certification since January 2017. Those earning certification have included staff from the Corrections Division (as part of a larger statewide initiative), local governments, Departments of Social Services, health care facilities, universities, network providers and nonprofit agencies.
- As a result of Sandhills Center's increased reimbursement rates by 3 percent, which began with services offered on and following July 1, 2018, Sandhills Center is showing its commitment to reducing the impact that receding funding levels could make on residents' access to mental health, intellectual/developmental disabilities and substance

abuse services. Those potentially impacted are individuals who do not qualify for Medicaid assistance, or who are uninsured.

- Sandhills Center perceives single-stream funding as playing a critical role in the community system of care. Sandhills Center is committed to ensuring that service levels do not decrease despite funding reductions. Sandhills Center is consistent in ensuring that service levels do not decrease despite funding reductions. Sandhills Center continually demonstrate good stewardship and a commitment to community services within their region.

According to a recent report by the North Carolina Department of Health and Human Services, Sandhills Center had – for the second consecutive year -- the highest reported percentage of service level spending of the seven Local Management Entities-Managed Care Organizations in the state.

The report shows investments in non-Medicaid services for the past fiscal year, which ended on June 30, 2018. It illustrates that Sandhills Center spent 128.4 percent of the required service spending for the year, exceeding the target of 100 percent, and exceeding the statewide average spending of 107 percent.

*“For the second year in a row, Sandhills Center has shown that we spend more than our required threshold on services, and we intend to keep that momentum going,”*  
said Sandhills Center CEO, Victoria Whitt.

According to the 2017 report, Sandhills Center spent 115.6 percent of the required service spending for the year, exceeding the statewide average spending of 101.5 percent.

**VAYA Report –  
Presented by: Pat McGinnis**

- Vaya CFAC held its annual retreat on October 4<sup>th</sup> and 5<sup>th</sup> in Ashville.
- Thursday evening, there was a screening of the film Suicide: The Ripple Effect, followed by a discussion of the film. As sponsors of the community film screening, CFAC members provided suggestions for ways to make the events feel approachable and supportive for community members. The Film will be shown in several locations across Vaya’s catchment area. The next one will be at the Sylva Library on October 29 at 6 pm.
- Kody Kinsley attended Friday morning to discuss Medicaid Transformation and conduct a question and answer session with members.
- Attendees also spent time with Vaya leaders Brian Ingraham and Christina Dupuch.
- Members reviewed updates to the member and caregiver handbook and discussed plans to update CFAC bylaws.
- Vaya CFAC’s person-centered planning brochure was finalized and printed. Members received copies of the brochure after it was finalized and printed. Members received copies of the brochures to distribute in the community.
- Vaya is offering several trainings in the coming weeks. Check the calendar of events at [vayahealth.com](http://vayahealth.com) for information about Wellness Recovery Action Plan (WRAP), Peer Support Specialist training, system of Care Child and Family Teams, and Adult and Youth Mental Health First Aid Classes.
- Vaya’s Peer Learning Community is hosting a networking session and peer support service definition feedback session on Oct 24 during the NC State Peer Conference in Asheville. Ken Schuesselin and other leaders are scheduled to attend. For more information email. [Stacy.sorrells@vayahealth.com](mailto:Stacy.sorrells@vayahealth.com) or call Stacy at 1-800-893-6246 x 5134.

**Cardinal Report –  
Presented by: Jean Andersen**

- Cardinal CFAC held a CFAC retreat where we discussed the structure of our CFAC. During the retreat, we voted on changing our structure to 4 regional CFACs and a “Steering Committee” (we are still working on the name and what this group will do).

	<ul style="list-style-type: none"> <li>We developed an Ad Hoc committee that will work on the bylaws and develop them to reflect the new structure that will better meet the needs of the Cardinal catchment area.</li> </ul>		
<b>Conclusions</b>	<ul style="list-style-type: none"> <li></li> </ul>		
<b>Action Items</b>		<b>Person(s) Responsible</b>	<b>Deadline</b>

**5. Agenda topic: Open Discussion**

**Presenter(s): Mark Fuhrmann**

<b>Discussion</b>	<ul style="list-style-type: none"> <li>Wayne Petteway asked if any local CFAC's were planning a statewide CFAC collaborative meeting. No one indicated any plans in place to host a statewide meeting.</li> <li>Mark Fuhrmann - At the last state-to-local CFAC meeting, a participant brought up issues with the <i>Employers of Record</i> program. Mark asked if there were any updates on this. Pat McGinnis stated that there is only one company who can provide this service and that there has been some discussion at the LME-MCO of expanding the number of companies who could provide this service.</li> <li>Mark Fuhrmann - Medicaid Transformation - The Department is in a Silent Period. When asked about the time table, Kody Kinsley responded that, to his best guess, it would be January 2019 until any contracts are awarded.</li> <li>Mark Fuhrmann asked how local CFACs are handling conflict at the local level. Pat McGinnis responded that they (VAYA CFAC) are addressing this issue within their bylaws. Mark remarked that this might be a good thing to discuss during a breakout session at the next statewide collaborative CFAC meeting.</li> <li>Gene Anderson remarked that if a collaborative CFAC meeting was held, she would like to see conflict resolution and collaboration training be provided.</li> <li>Lori Richardson stated that she has difficulty relating to the issue as the Sandhills CFAC members get along very well with each other and with LME-MCO staff.</li> <li>Hezekiah Anderson added he would be in support of a statewide CFAC collaborative meeting.</li> <li>Pat McGinnis stated she felt that the Legislative Day held this year was a great collaborative event and hopes it will be done again next year. Dave Curro added he would like to see it done twice a year.</li> <li>Mark Fuhrmann stated he was pleased to see workshops addressing mental health issues in the classroom at a recent DPI Exceptional Children's conference.</li> <li>Pat McGinnis shared that she met Brandon Wilson's wife yesterday, and she encouraged her to support her husband.</li> <li>Mark Fuhrmann asked for input on possibly moving the next State-to-Local CFAC call to the 28<sup>th</sup> due to the proximity of the 21<sup>st</sup> meeting to Thanksgiving. There was no input given so it was decided to keep that meeting scheduled for the 21<sup>st</sup>. He will contact local CFACs to finalize which local CFAC's would present on that call.</li> </ul>		
<b>Conclusions</b>	<ul style="list-style-type: none"> <li></li> </ul>		
<b>Action Items</b>		<b>Person(s) Responsible</b>	<b>Deadline</b>

**Meeting Adjourned at 8:15 PM**  
**Next Meeting: November 28, 2018**  
**Approved: November 14, 2018**