

Section B: One Page Profile

Great Things about me!
(What others would say about me?)

What's important to me?

What you need to know to support me?

One Page Profile

A one-page profile typically has three sections: an appreciation about the person; what is important to that person from their perspective; what is important for the person, and how to support them well. This link will show you examples of profiles. This information is written in everyday, not clinical language. Additional information on how to develop one page profiles may be found at the following links

[One Page Profile Examples](http://www.helensandersonassociates.co.uk/person-centred-practice/one-page-profiles/one-page-profile-health/)

(<http://www.helensandersonassociates.co.uk/person-centred-practice/one-page-profiles/one-page-profile-health/>)

[One Page Profile Templates](http://www.helensandersonassociates.co.uk/person-centred-practice/one-page-profiles/one-page-profile-templates/)

(<http://www.helensandersonassociates.co.uk/person-centred-practice/one-page-profiles/one-page-profile-templates/>)

SPH TRANSITIONS TO COMMUNITY LIVING CONVERSATIONAL GUIDANCE DOCUMENT

Section C: My/Others Perspective (OPTIONAL)

How I got to where I am today, Where I am today, and What I see for my future This is information about my past, significant events, family life and daily activities. Living Situation; Employment/Volunteering Daily Activities; Learning; Managing Money; Family and Relationships; Living Safety and Taking Risks; Health and Well Being; Everyday Tasks; Leisure; Medical Care; Behavioral Healthcare; Personal Care; Transportation; Community Resources/Other; and Legal

Additional Questions

My Perspectives	Others Perspectives

Section D: A Good Week of Meaningful Days (OPTIONAL)

Day of the Week	What would you be doing?
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	
Sunday	