



1. Define and describe the major types, signs, symptoms and phases of severe and persistent mental illness and discuss what is known about causation.
2. Understand that people with severe and persistent mental illness may vary at times in their ability to function, and this variation may result from multiple factors, some of which are beyond the individual's control or from unknown precipitating events.
3. Understand that the individuals may never become fully functional in all areas of their lives, but with the promotion of the individual's own adaptive potentials, they can learn to cope more effectively with the disabilities and improve their functioning in the environment.
4. Recognize factors that may increase or interfere with an individual's functioning.
5. Describe the common treatment modalities utilized with severe and persistent mental illness.

