nc pal | Psychiatry Access Line

Call our Psychiatry Access Line to get support from behavioral health specialists.

NC-PAL's Psychiatry Access Line is **a free telephone consultation and education program** helping health care providers address the behavioral health needs of pediatric and perinatal patients.

Our Behavioral Health Consultants (BHCs) respond to questions about **behavioral health and local resources**, and can connect providers to one of our on-call psychiatrists to assist with **diagnostic clarification** and **medication management questions**.

Scan the QR code to learn more about the NC-PAL Psychiatry Access Line and its impact.

What We Help With

- **Consultation** on diagnoses, medications, and psychotherapy interventions for a wide range of behavioral health needs (e.g., mental health care guides and screening forms).

- **Connection** with community resources (e.g., intensive in-home providers, support groups).

- **Information** on government programs (e.g., enrolling families for WIC, CDSA, CC4C).

- **Guidance** on behavioral health issues, autism spectrum disorders, and intellectual and developmental disabilities.

NC-PAL consultations do not establish a physician/patient relationship with an individual patient. Providers who contact NC-PAL are responsible for providing direct care to their patients.

Call the NC-PAL Psychiatry Access Line to get started.

(919) 681-2909

Press 1 for **Pediatric** Consultation
Press 2 for **Perinatal** Consultation

Access Line Hours
8 a.m. – 5 p.m.
Monday – Friday
(excluding major holidays)

Q&A
Non-clinical provider questions can be sent via **ncpal.org/contact**

NC-PAL is not an emergency/crisis line. If you need emergency support services, please call 911 or go directly to your nearest emergency department.

ncpal.org