

MINORITY MENTAL HEALTH AWARENESS

Better Health Through Better
Understanding

Thursday, July 13, 2023 • 10:00 a.m. – 11:00 a.m.

July is National Minority Mental Health Awareness Month. The observance provides an opportunity to highlight the unique mental health challenges and needs of historically disenfranchised or oppressed racial and ethnic groups in North Carolina and the United States.

As part of National Minority Mental Health Awareness Month, the NCDHHS Division of Mental Health, Developmental Disabilities, and Substance Abuse Services in partnership with the Health Equity Portfolio, is offering a one-hour online event to increase awareness and provide information to recognize the importance of addressing mental health disparities that exist within minority communities.

JOIN LINK: <https://www.zoomgov.com/meeting/register/vJltcu2uqjwEuLrQfWONUr4pcovsMkIPTA>



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

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Featured Speakers:

Courtney Williams PhD
Psychologist | Willd by Wellness

Devan Stoglin MACJ, QMHP, LCCA
Child Care Administrator | House of True Colors

Rachel Galanter MPH
Technical Assistant & Consultation Lead | El Futuro

Rwenshaun Miller MA, LCMHC
Founder | The Good Stress Company | Eustress Inc.

