
**NC DEPARTMENT OF HEALTH AND HUMAN SERVICES &
NC DEPARTMENT OF PUBLIC INSTRUCTION
SY 22-23 STUDENT + YOUNG CHILD P-EBT: LINKS & OVERVIEW**

This toolkit is intended to provide materials and information to stakeholders involved with P-EBT for students and/or young children for the 2022-2023 school year. All items in this toolkit should assist stakeholders in becoming trust sources for information on the program. See below for a list of key links, documents included in the toolkit with descriptions, and a “website blurb” that can be used on your websites and communication with households.

KEY LINKS

- **NCDHHS P-EBT Website:** [English - [NCDHHS.gov/PEBT](https://ncdhhs.gov/PEBT)] [Spanish - <https://covid19.ncdhhs.gov/programa-de-transferencia-electronica-de-beneficios-pandemico-p-ebt>] *This is where any updates with the P-EBT program are posted.*
- **Updated FAQs:** [English - <https://covid19.ncdhhs.gov/information/human-services/pandemic-electronic-benefit-transfer-p-ebt-program/p-ebt-frequently-asked-questions>] [Spanish - <https://covid19.ncdhhs.gov/infoguidance/individuals-families/pandemic-ebt-p-ebt-program/en-espanol/preguntas-frecuentes-sobre-p-ebt>] *This can answer common questions families have about the program.*
- **Eligibility Quiz:** [English - <https://covid19.ncdhhs.gov/p-ebt-eligibility-quiz>] [Spanish - <https://covid19.ncdhhs.gov/prueba-de-elegibilidad-de-p-ebt>] *This is a “self-serve” tool for families to see if their children are eligible.*
- **NCDHHS FNS Website:** [[NCDHHS.gov/FNS](https://ncdhhs.gov/FNS)] *This is where families can learn more about FNS.*
- **ePASS:** [ePASS.NC.gov] *This is where families can apply for FNS.*
- **ebtEdge:** [ebtEdge.com] *This is where eligible families can go to activate their cards and check their balances.*

KEY MATERIALS

- **Overview + SY 21-22 / 22-23 Comparison Chart:** *A program explanation with changes from last year.*
- **Website + Social Media Content:** *Monthly stock content to be utilized on partner/stakeholder websites and social media handles.*
- **Desk References:** *High level overview of Young Child and Student P-EBT; there is one for SCHOOL ADMIN, and one for NON-SCHOOL stakeholders.*
- **SY 22-23 P-EBT Flyer (ENG and SPAN):** *informational flyer that will be posted on the P-EBT website and distributed to community partners.*

**NC DEPARTMENT OF HEALTH AND HUMAN SERVICES &
NC DEPARTMENT OF PUBLIC INSTRUCTION
SY 22-23 STUDENT + YOUNG CHILD P-EBT: WEBSITE & SOCIAL MEDIA**

Please use the website messaging below to update your organization’s website with key information regarding Student P-EBT. Also provided below is a series of social media messages to be used on your social media accounts (Facebook, Instagram, Twitter, etc.) Be sure to also use #NCPEBT so your community’s engagement can be monitored.

WEBSITE

Pandemic EBT (P-EBT) is a federally funded, temporary food assistance program that helps children during the COVID-19 Public Health Emergency (PHE), providing EBT food benefits to children impacted by the COVID-19 pandemic. P-EBT is administered by the North Carolina Department of Health and Human Services (NCDHHS). **North Carolina has been approved by the federal government to run this program again for the 2022-2023 school year and will begin issuing benefits in March. The program will run until May 11, when the PHE ends.**

Eligibility for the P-EBT program is determined by participation in other food assistance program:

STUDENTS must be approved for the Free or Reduced-Price meals NSLP program at their school. Households can ask their school or School Nutrition Office if the school participates in NSLP Free or Reduced-Price meals, and about how to apply if they haven’t already.

CHILDREN 5 years old or younger must be a part of an active Food and Nutrition Services (FNS/food stamps) case to receive benefits. Visit the [FNS website](#) to learn more about the program, or the [ePASS website](#) to apply.

If children meet the program requirements, benefits will be disbursed automatically. **Make sure the visit the DHHS P-EBT website, updated regularly with much more information about this program: NCDHHS.gov/PEBT**

SOCIAL MEDIA

MESSAGE #1: STATE PLAN APPROVAL

Facebook



P-EBT Update for 2022-23 School Year: North Carolina received federal approval to continue the P-EBT program this school year. The P-EBT website will soon be updated with this year's program rules. Because most students are back in school and receiving meals in person, many households will not get P-EBT this year or will only receive a small amount for COVID-19 related absences. The program is extended until at least April 2023 when the federal COVID-19 public health emergency ends.

This is what you can do now while NCDHHS is preparing to administer the program again this year:

- *Make sure your STUDENT is enrolled in their school's National School Lunch free or reduced-price (FRP) meals program.*
- *Enroll your YOUNG CHILD (age 5 and younger) in FNS (food stamps) if you haven't already.*

Participation in these programs is necessary to determine P-EBT eligibility for your student or young child.

DHHS plans to begin P-EBT issuances at the end of February 2023 for some eligible students, and in March 2023 for young children.

For more information, visit www.ncdhhs.gov/PEBT. #NCPEBT

Instagram



P-EBT Update for 2022-23 School Year: NC received federal approval to continue the P-EBT program this school year and will begin issuances for September-present by the end of March. The program is extended until at least April 2023 when the federal COVID-19 public health emergency ends.

Make sure your STUDENT is enrolled in their school's free or reduced-price (FRP) meals program. Enroll your YOUNG CHILD (age 5 and younger) in FNS (food stamps) if you haven't already. Participation in these programs is necessary to determine P-EBT eligibility for your student or young child.

For more information, visit www.ncdhhs.gov/PEBT. #NCPEBT

Twitter

P-EBT Update for 2022-23: NC is approved to continue P-EBT with some program changes and will begin issuances for September-present by the end of March. For more information, visit www.ncdhhs.gov/PEBT. #NCPEBT

MESSAGE #1: STATE PLAN APPROVAL - SPANISH

Facebook



Actualización de P-EBT para el año escolar 2022-23: Carolina del Norte recibió la aprobación federal para continuar el programa P-EBT este año escolar. El sitio web de P-EBT pronto se actualizará con las reglas del programa de este año. Debido a que la mayoría de los estudiantes vuelven a la escuela y reciben comidas en persona, muchos hogares no recibirán P-EBT este año o solo recibirán una pequeña cantidad por ausencias relacionadas con COVID-19. El programa se extiende hasta al menos abril de 2023 cuando finalice la emergencia federal de salud pública por COVID-19.

Esto es lo que puede hacer ahora mientras NCDHHS se prepara para administrar el programa nuevamente este año:

- *Asegúrese de que su ESTUDIANTE esté inscrito en el programa nacional de comidas gratuitas o a precio reducido (FRP, por sus siglas en inglés) de su escuela.*
- *Inscriba a su HIJO PEQUEÑO (de 5 años o menos) en FNS (cupones de alimentos) si aún no lo ha hecho.*

La participación en estos programas es necesaria para determinar la elegibilidad de P-EBT para su estudiante o niño pequeño.

DHHS planea comenzar las emisiones de P-EBT a fines de febrero de 2023 para algunos estudiantes elegibles, y en marzo de 2023 para niños pequeños.

Para obtener más información, visite www.ncdhhs.gov/PEBT. #NCPEBT

Instagram



Actualización de P-EBT para el año escolar 2022-23: NC recibió la aprobación federal para continuar el programa P-EBT este año escolar y comenzará las emisiones de septiembre al presente, a fines de marzo. El programa se extiende hasta al menos abril de 2023 cuando finalice la emergencia federal de salud pública por COVID-19.

Asegúrese de que su ESTUDIANTE esté inscrito en el programa de comidas gratuitas o de precio reducido (FRP, por sus siglas en inglés) de su escuela.

Inscriba a su HIJO PEQUEÑO (de 5 años o menos) en FNS (cupones de alimentos) si aún no lo ha hecho.

La participación en estos programas es necesaria para determinar la elegibilidad de P-EBT para su estudiante o niño pequeño.

Para obtener más información, visite www.ncdhhs.gov/PEBT. #NCPEBT

Twitter

Actualización de P-EBT para 2022-23: NC está aprobado para continuar P-EBT con algunos cambios en el programa y comenzará las emisiones de septiembre al presente, a fines de marzo. Para obtener más información, visite www.ncdhhs.gov/PEBT. #NCPEBT

MESSAGE #2: GENERAL ELIGIBILITY EXPLAINED

Facebook



P-EBT for school year 2022-23: Eligibility criteria is largely unchanged this year for most students attending schools and young children. Students must still be approved for National School Lunch free or reduced-price (FRP) meals at school. Young children (age 5 and younger) must be a part of an active FNS (food stamps) case.

***STUDENTS** approved for NSLP FRP school meals will receive P-EBT if two things are true:*

- 1. Their school meets the requirement of having reduced attendance because of COVID-19.*
- 2. The student is absent due to COVID-19 (sick, quarantine, temporary virtual instruction while enrolled in a physical school) and the school records the absence as COVID-related. The student will receive \$8.18 for each day of COVID-related absences.*

Check to see if your child's school participates in the National School Lunch Program and if it meets the requirement for reduced attendance here: <https://covid19.ncdhhs.gov/NSLPCEPList>. Please contact your child's school if you would like to apply for NSLP free or reduced-price meals.

***YOUNG CHILDREN** 5 years old and younger in an active FNS case will receive P-EBT. A statewide benefit amount for these children will be calculated by NCDHHS each month according to USDA rules; the amounts each month will be posted to the P-EBT website.*

For more information and Frequently Asked Questions, visit www.ncdhhs.gov/PEBT. #NCPEBT

Instagram



P-EBT for school year 2022-23: Eligibility criteria is largely unchanged this year for most students attending schools and young children. Students must still be approved for National School Lunch free or reduced-price (FRP) meals at school. Young children (age 5 and younger) must be a part of an active FNS (food stamps) case.

To be eligible for P-EBT, students must experience day(s) of COVID-19 quarantine and/or temporary virtual instruction as well as be approved this school year for free and reduced-price meals through the National School Lunch Program. Additionally, they must attend a school that has met a requirement of reduced attendance because of COVID-19 this year.

For more information on individual eligibility, visit www.ncdhhs.gov/PEBT. #NCPEBT

Twitter

P-EBT Update for SY 2022-23: P-EBT eligibility for students attending in-person school and young children is largely the same as last year. Visit www.ncdhhs.gov/PEBT for more information. #NCPEBT

MESSAGE #2: GENERAL ELIGIBILITY EXPLAINED - SPANISH

Facebook



**EBT Pandémico:
Reglas de elegibilidad**

Para obtener más información,
visite el sitio web: www.ncdhhs.gov/PEBT



P-EBT para el año escolar 2022-23: Los criterios de elegibilidad no han cambiado en gran medida este año para la mayoría de los estudiantes que asisten a escuelas y niños pequeños. Los estudiantes aún deben ser aprobados para almuerzos escolares nacionales gratuitos o a precio reducido (FRP) en la escuela. Los niños pequeños (de 5 años o menos) deben formar parte de un caso activo de FNS (cupones de alimentos).

ESTUDIANTES aprobados para las comidas escolares de NSLP FRP recibirán P-EBT si dos cosas son ciertas:

1. Su escuela cumple con el requisito de tener menos asistencia de estudiantes debido a COVID-19.
2. El estudiante está ausente debido a COVID-19 (enfermedad, cuarentena, instrucción virtual temporal mientras está inscrito en una escuela física) y la escuela registra la ausencia como relacionada con COVID. El estudiante recibirá \$8.18 por cada día de ausencia relacionada con COVID.

Compruebe si la escuela de su hijo participa en el Programa Nacional de Almuerzos Escolares (NSLP, por sus siglas en inglés) y si cumple con el requisito de tener menos asistencia de estudiantes aquí: <https://covid19.ncdhhs.gov/NSLPCEPList>. Comuníquese con la escuela de su hijo si desea solicitar comidas NSLP gratuitas o a precio reducido.

NIÑOS PEQUEÑOS de 5 años o menos en un caso de FNS activo recibirán P-EBT. El NCDHHS calculará una cantidad de beneficios a nivel estatal para estos niños cada mes de acuerdo con las reglas del Departamento de Agricultura (USDA); las cantidades cada mes se publicarán en el sitio web de P-EBT.

Para obtener más información y preguntas frecuentes, visite www.ncdhhs.gov/PEBT. #NCPEBT

Instagram



P-EBT para el año escolar 2022-23: Los criterios de elegibilidad no han cambiado en gran medida este año para la mayoría de los estudiantes que asisten a escuelas y niños pequeños. Los estudiantes aún deben ser aprobados para almuerzos escolares nacionales gratuitos o a precio reducido (FRP) en la escuela. Los niños pequeños (de 5 años o menos) deben formar parte de un caso activo de FNS (cupones de alimentos).

Para ser elegible para P-EBT, los estudiantes deben experimentar día(s) de cuarentena por COVID-19 y/o instrucción virtual temporal, así como ser aprobados este año escolar para comidas gratuitas y de precio reducido a través del Programa Nacional de Almuerzos Escolares (NSLP, por sus siglas en inglés). Además, deben asistir a una escuela que haya cumplido con el requisito de tener menos asistencia de estudiantes debido a COVID-19 este año.

Para obtener más información sobre la elegibilidad individual, visite www.ncdhhs.gov/PEBT. #NCPEBT

Twitter

Actualización de P-EBT para el año escolar 2022-23: La elegibilidad de P-EBT para estudiantes que asisten a la escuela en persona y niños pequeños es en gran medida la misma que el año pasado. Visite www.ncdhhs.gov/PEBT para obtener más información. #NCPEBT