March 6, 2025

**Dear County Directors of Social Services**

**Attention:** Food and Nutrition Services Managers and Supervisors

**Subject:**  ChopChop Magazine

**Priority:** Information and Action Required

The Supplemental Nutrition Assistance Program Education (SNAP-Ed) provides nutrition education to low-income adults and children that are below the 180% poverty level. The SNAP-Ed goal is to improve the likelihood that persons eligible for Food and Nutrition Services (FNS) or other government services, such as WIC and TANF, will make healthy food choices within a limited budget and choose physically active lifestyles consistent with the current Dietary Guidelines for Americans and the associated USDA Food Guidance System, MyPlate.

ChopChopKids is an innovative non-profit organization whose mission is to inspire and teach kids to cook real food with their families. The ChopChop magazine offers nutritious, great-tasting, ethnically diverse and inexpensive recipes, as well as interesting and little-known food facts, Q&A’s and games. NC Department of Health and Human Services continues to provide to local county agencies 150 (100 in English and 50 in Spanish) copies of the ChopChop magazine on a quarterly basis to provide to FNS applicants and recipients or individuals receiving TANF or WIC. The **Spring Edition** of the Magazine will be delivered to local county agency offices around **mid-March**. Please accept delivery and ensure magazines are distributed accordingly.

It is a State requirement that each local county agency must confirm delivery. **Please confirm that your DSS agency has received your delivery of ChopChop magazines to Konnie Tran at** **konnie.tran@dhhs.nc.gov** **within 5 business days of delivery.**

If you have any questions, please contact Konnie Tran at 919-707-5657 or via the above email.

Sincerely,



**Mary Anne Burghardt, MS, RD, LDN**

Pronouns: she / her / hers

Acting Deputy Director

Division of Child and Family Well-Being

MAB/vd/kt

**EFS-FNSEP-07-2025**