



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

ROY COOPER • Governor

MANDY COHEN, MD, MPH • Secretary

SUSAN OSBORNE • Assistant Secretary for County Operations for
Human Services

Date: September 28, 2021

Dear County Directors of Social Services:

Attention: Food and Nutrition Services (FNS) Managers and Supervisors

Subject: 2021 Thrifty Food Plan Increase Adjustment Reference Guide

Priority: Information Only

I. GENERAL INFORMATION

October 1, 2021, households who receive FNS will see an increase to the benefits that help them feed themselves and their families. [DCDL-EFS-FNSEP-69-2021](#) provides more information regarding United State Department of Agriculture (USDA) announcing the historic increase in FNS benefits. Attached is a press release that was issued on Friday, September 24th to help bring awareness to the increase in FNS benefits. A Reference Guide is also included to assist with questions households may have.

This Reference Guide is being issued to provide as much guidance as possible and to ensure that caseworkers provide accurate information to households that may have questions regarding the amount of FNS benefits that were issued.

Submit any questions regarding this information to the DHHS Operational Support Team (OST) at DSS.Policy.Questions@dhhs.nc.gov.

Sincerely,

Carla West, Senior Director for Economic Security
Division of Social Services, Economic and Family Services

CLW/vd

Attachments (2)

FNS COLA 2021 Guide
Press Release Thrifty Food Plan

EFS-FNSEP-78-2021

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION OF SOCIAL SERVICES • ECONOMIC AND FAMILY SERVICES

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