

Do you have a baby? Do you have a child under 5? Are you pregnant or breastfeeding?



Provides healthy food, nutrition education, and family support at no cost to eligible participants.

Shopping for healthy foods is even easier with NC eWIC!

The NC eWIC card works like a debit card at the grocery store.

NC eWIC—Making healthy choices easy!

Contact your local WIC office today.



www.ncdhhs.gov/nc-wic-cacfp



NC Department of Health and Human Services
Division of Child and Family Well-Being
Community Nutrition Services Section
www.ncdhhs.gov/nc-wic-cacfp
This institution is an equal opportunity provider.
11/2023 CNS #5094-D

