

NC Family Caregiver Support Program

Region	AAA/COG	Counties Served	Regional FCSP Specialists		
			Name	Email	Phone
A	Southwestern	Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain	Kellie Dula	kellie@regiona.org	828-565-1826
B	Land of Sky	Buncombe, Henderson, Madison, Transylvania	Edward Jones	edward@landofsky.org	828-251-7441
C	Foothills Regional	Cleveland, McDowell, Polk, Rutherford	Danielle Williams	dwilliams@foothillsregion.org	828-351-2370
D	High Country	Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, Yancey	Lola Benfield	lbenfield@hccog.org	828-265-5434 x 113
			Myles Stacey	mstacey@hccog.org	828-265-5434 x 123
E	Western Piedmont	Alexander, Burke, Caldwell, Catawba	Mary Mitchell	mary.mitchell@wpcog.org	828-485-4256
F	Centralina	Anson, Cabarrus, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, Union	Cindy Kincaid	ckincaid@centralina.org	704-348-2715
			Austin Caton	acaton@centralina.org	704-348-2708
			Kelsey Lieungh	klieungh@centralina.org	704-348-2710

G	Piedmont Triad	Alamance, Caswell, Davidson, Davie, Forsyth, Guilford, Montgomery, Randolph, Rockingham, Stokes, Surry, Yadkin	LaTonya Smith	lsmith@ptrc.org	336-904-0300
J	Central Pines	Chatham, Durham, Johnston, Lee, Moore, Orange, Wake	Jennifer Link	jlink@centralpinesnc.gov	919-558-9391
K	Kerr Tar	Granville, Franklin, Vance, Warren, Person	Michael Patterson	mpatterson@kerrtarcog.org	252-436-2040 x 6072
L	Upper Coastal Plain	Edgecombe, Nash, Halifax, Northampton, Wilson	Ashleigh Glover	aglover@ucpcog.org	252-234-5984
M	Mid-Carolina	Cumberland, Harnett, Sampson	Barbara White	bwhite@mccog.org	910-323-4191 x 28
N	Lumber River	Bladen, Hoke, Richmond, Robeson, Scotland	Stephanie Powers	stephanie.powers@lrcog.org	910-775-9779
O	Cape Fear	Brunswick, Columbus, New Hanover, Pender	Kandace Gray	kgray@capefearcog.org	910-274-0343

P	East Carolina	Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico, Wayne	January Brown	jbrown@eccog.org	252-638-3185
Q	Mid-East	Beaufort, Bertie, Herford, Martin, Pitt	Tamyra Jovel	tjovel@mideastcom.org	252-974-1837
R	Albemarle	Camden, Chowan, Currituck, Dare, Gates, Hyde, Pasquotank, Perquimans, Tyrrell, Washington	Ashley Lamb	alamb@accog.org	252-404-7090