



**FAMILY
CONNECTS
INTERNATIONAL**

Family Connects International is committed to strengthening bonds for families with newborns and linking them directly to supportive community care resources through universal newborn nurse home visiting.

Our vision is a world with equitable outcomes for each and every newborn.

WHO WE ARE

Family Connects International (FCI) works to scale the evidence-based universal newborn nurse home visiting model Family Connects. The Model is designed to support optimal maternal-child health and advance equitable outcomes, while promoting better aligned community care systems. FCI trains community partners on how to implement tailored programming, evaluation, and policy engagement.



THE EVIDENCE

Family Connects has a rigorous body of evidence* that demonstrates how the support provided by nurses can improve outcomes for children and families including:



A **\$3.17 return on investment** for every \$1 spent on Family Connects programs as demonstrated by a decrease in total emergency care billing costs



A **50% reduction in emergency room visits** and hospital overnight stays in the first year of life



A **30% reduction in maternal-reported postpartum anxiety symptoms**



A **44% reduction in Child Protective Services investigations** for suspected abuse and neglect through age 2



An **increase in the completion of 6-week maternal postpartum health checks**

*Read more about the evidence at: <https://familyconnects.org/impact-evidence/one-pagers-and-research/>

The Family Connects Universal Newborn Nurse Home Visiting Model is:

EVIDENCE-BASED

VOLUNTARY

**COMMUNITY
DRIVEN**

**PROVIDED AT NO
COST TO FAMILIES**

Family Connects nurses educate families on maternal health warning signs from the comfort of the family home and provide guidance on the appropriate steps to take if any concerns arise.



Family Connects is an integral component of a comprehensive package that sets the gold standard for postpartum care.



Most (63%) pregnancy-related deaths in North Carolina occurred after the end of pregnancy between 2014 and 2016*:

- **43% within 42 days postpartum**
- **20% 43 days to 1 year postpartum**

As determined by the North Carolina Maternal Mortality Review Committee, the top underlying causes of pregnancy related deaths were hemorrhage, embolism, and infection.



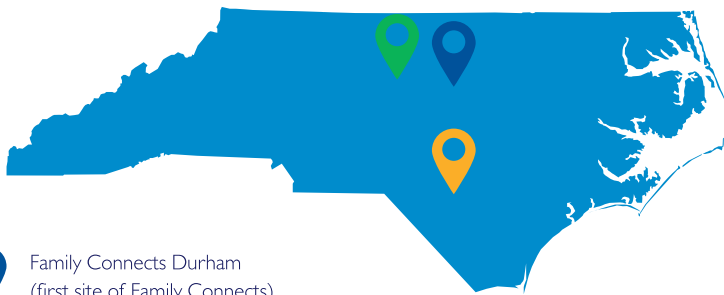
Pregnancy-related deaths occur disproportionately among Black non-Hispanic women. Family Connects has been shown to **reduce disparities** in maternal anxiety and depression, infant emergency care, and child maltreatment investigations.



The NC Maternal Mortality Review Committee determined that more than two-thirds (70%) of North Carolina pregnancy-related deaths were preventable and that there was at least some chance of the death being averted by one or more reasonable changes to patient, family, provider, facility, system and/or community factors. **Family Connects nurses identify risks and connect families to resources.**

*Source: North Carolina Maternal Mortality Review Committee, 2021

Family Connects is proud to be based in North Carolina. Developed at Duke University, the Model is growing across the country with 19 states currently implementing the program.



Family Connects Durham
(first site of Family Connects)



Family Connects Southeastern
(includes Cumberland, Robeson, and Hoke counties)



Family Connects Guilford
(part of Ready for School, Ready for Life)

“It was like sitting down and talking to a friend. [The nurse] really made me feel comfortable. It was everything that I needed - to physically have someone there for you that's outside of the support system you already have. For every mother to have that would be beautiful.”

Family Connects Southeastern Participant

CONNECT WITH US

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