

# Tips for Using Imported Infant Formula

- Follow the mixing instructions on the product label. Instructions may be different and measurements may be in metric units.
- **Do not try to import formula yourself.** Contact your pediatrician if you are unsure if a formula has been properly imported.
- On some imported formulas, “Stage 1” includes the first 6 months but typically can be used for the first year. “Stage 2” is just for babies who are older than 6 months.

