

5-Day Grab and Go CACFP Meals for Infants 0-5 Months

Total amount of each food needed per participant for the 5-day menu below
12 8 fl. oz. bottles, Iron-fortified infant formula, ready-to-feed

MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	4-6 fl. oz. IF* formula	4-6 fl. oz. IF formula	4-6 fl. oz. IF formula	4-6 fl. oz. IF formula	4-6 fl. oz. IF formula
Lunch	4-6 fl. oz. IF formula	4-6 fl. oz. IF formula	4-6 fl. oz. IF formula	4-6 fl. oz. IF formula	4-6 fl. oz. IF formula
Snack	4-6 fl. oz. IF formula	4-6 fl. oz. IF formula	4-6 fl. oz. IF formula	4-6 fl. oz. IF formula	4-6 fl. oz. IF formula

*IF = Iron-fortified