

## Grab and Go CACFP Meals for Infants 6-12 Months

### 5 Days

Total amount of each food needed for menu below	
<b>13 (8 oz) bottles</b> , Iron-fortified formula, ready-to-feed  <b>1.5 cups</b> dry iron-fortified infant oatmeal cereal	<b>5 each:</b> 4 oz turkey rice dinner, plastic tubs  <b>2 each:</b> 4 oz baby food sweet potatoes, plastic tubs 4 oz baby food peaches, plastic tubs 4 oz baby food bananas, plastic tubs 4 oz baby food carrots, plastic tubs

### MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	6-8 oz IF* formula 0-4 TB IF* infant oatmeal cereal 0-2 TB peaches	6-8 oz IF* formula 0-4 TB IF* infant oatmeal cereal 0-2 TB bananas	6-8 oz IF* formula 0-4 TB IF* infant oatmeal cereal 0-2 TB bananas	6-8 oz IF* formula 0-4 TB IF* infant oatmeal cereal 0-2 TB peaches	6-8 oz IF* formula 0-4 TB IF* infant oatmeal cereal 0-2 TB peaches
<b>Lunch</b>	6-8 oz IF* formula 0-4 TB turkey rice dinner (tub) 0-2 TB carrots	6-8 oz IF* formula 0-4 TB turkey rice dinner (tub) 0-2 TB carrots	6-8 oz IF* formula 0-4 TB turkey rice dinner (tub) 0-2 TB sweet potatoes	6-8 oz IF* formula 0-4 TB turkey rice dinner (tub) 0-2 TB sweet potatoes	6-8 oz IF* formula 0-4 TB turkey rice dinner, (tub) 0-2 TB carrots
<b>Snack</b>	2-4 oz IF* formula 0-4 TB Kix® cereal 0-2 TB bananas	2-4 oz IF* formula 0-4 TB Kix® cereal IF* 0-2 TB sweet potatoes	2-4 oz IF* formula 0-4 TB Kix® cereal 0-2 TB peaches	2-4 oz IF* formula 0-4 TB Kix® cereal 0-2 TB carrots	2-4 oz IF* formula 0-4 TB Kix® cereal 0-2 TB sweet potatoes

\*IF = iron-fortified