



WIC Designated Breastfeeding Expert Boot Camp

Frequently Asked Questions

1. Which WIC Staff are required to participate in WIC Designated Breastfeeding Expert (DBE) Boot Camp?

Each local WIC agency must assign one or more staff member as the local agency's WIC Designated Breastfeeding Expert(s) (DBE). The assigned staff member(s) must attend DBE Boot Camp within one (1) year of employment as the DBE. Refer to the [WIC Program Manual Chapter 9: Section 4](#) for all requirements of the DBE role.

2. Is satisfactory completion of DBE Boot Camp mandatory for DBEs?

Yes.

3. Is a DBE required to sign up for a specific training session?

No. It is the responsibility of the individual local WIC agency to determine how they wish or need to schedule their DBE(s) to attend this required training.

4. How many people can register for each training date?

Each DBE Boot Camp has a maximum capacity of 75 participants while each location for the in-person day has a maximum capacity of 30 participants. Spots are available on a first come, first serve basis. Once capacity is reached, registration will be closed.

5. Can DBEs switch training sessions or locations?

No. Registration is linked to the individual who registered. If the session or location no longer works with their schedule, please [cancel](#) and register for a different session.

6. Who will be providing this training?

The Lactation Area Training Center for Health (LATCH) will be teaching and facilitating DBE Boot Camp. The LATCH map with the Regional Lactation Trainer is available [here](#).



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7. How long is the DBE Boot Camp training?

DBE Boot Camp is approximately 30 hours with 24 hours of instructional time plus six (6) hours of independent study time. The instructional time is outlined in the chart below:

Order	Location	Start Time	End Time	Comments
1	Two (2) consecutive virtual days	8:30am	4:30pm	Two weeks break between virtual days and the in-person.
2	One (1) in-person day	9:00am	3:45pm	Offered in Asheville, Charlotte, and Greenville.

8. What are the independent study assignments?

There are three independent study assignments which are assigned during each phase of DBE Boot Camp.

1. Read the [Academy of Breastfeeding Medicine's \(ABM\) Clinical Protocol #3: Supplementary Feedings in the Healthy Term Breastfed Neonate, Revised 2017](#) and complete the corresponding [Supplementation Study Guide](#). (Approximately 1 hour)
 - Assigned: Upon registration
 - Due: First virtual day
2. Complete self-paced module, "Breastfeeding Aids." (Approximately 3 hours)
 - Assigned: End of second virtual day
 - Due: In-person day
3. Post-Test and Evaluation (Approximately 2 hours)
 - Assigned: End of in-person day
 - Due: Within two weeks of in-person day

9. What materials do WIC staff need to participate in DBE Boot Camp training?

The following materials are required for DBE Boot Camp:

- A computer with audio, microphone, and video capabilities.
- Breast model
- Baby doll or stuffed animal



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10. How is successful completion of DBE Boot Camp training awarded?

A DBE has successfully completed DBE Boot Camp if the following criteria is met:

1. Active participation in both virtual and in-person days.
 - DBEs must attend 100% of the virtual days and in-person day.
2. Satisfactory completion of independent study assignments including the post-test and evaluation.

11. Can WIC staff multi-task during DBE Boot Camp?

No. Please schedule your clinic accordingly as full participation in this training is required and WIC staff will not be able to help/work in the clinic.

12. What if a time-sensitive task/emergency arises during the DBE Boot Camp?

No partial credit will be awarded. A DBE will be required to complete training again on the next available date.

13. Will there be materials available for DBE Boot Camp?

Yes. All materials will be electronic and will be available five (5) business days prior to the start of your scheduled training session. Documents are available here and in the registration confirmation email:

- [DBE Boot Camp Agenda](#)
- [DBE Boot Camp Handouts](#)
- [DBE Boot Camp Note Pages](#)



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14. What does the WIC staff member need to do if they did not receive an email confirmation upon registration?

A DBE who has successfully registered for DBE Boot Camp should receive an email confirmation within one (1) hour of registration. If the DBE did not receive an email confirmation. Follow these steps:

- a. First, have the WIC staff member check their SPAM/Junk folder and ensure that the email confirmation is not in this folder.
- b. If you cannot locate the email confirmation, please email Otara Rogers at Otara.Rogers@dhhs.nc.gov. The request must include the WIC staff member's
 - i. DBE's Name
 - ii. Training Name: DBE Boot Camp
 - iii. Dates of Training
 - iv. DBE's work email address

15. Will the DBE Boot Camp virtual days be recorded and available later for viewing?

No.

16. Are DBEs required to attend the in-person training day location in their assigned LATCH region?

No. The DBE may sign up for the location that works best for them.

17. When do DBEs have to complete DBE Boot Camp training by?

A DBE must complete DBE Boot Camp within one (1) year of starting the DBE role.

18. Will pre-approved continuation education credit be provided?

No. The Community Nutrition Services Section (CNSS) nor the LATCH is seeking continuation education approval from any credentialing board for this training. However, campers may independently seek approval from their accrediting authority.

19. A DBE is no longer able to participate due to resignation, retirement, or another conflict. How do we cancel their registration?

Please cancel your registration or the staff member's resignation [here](#). Training spots are limited, so please cancel in a timely manner.