

Accessing Intellectual and Developmental Disabilities services in NC

What do I need to know?

- You **MUST** have established residency in NC
- Documentation regarding I/DD or TBI diagnosis is **REQUIRED** (i.e., psychological)
 - Individuals diagnosed with a brain injury by the age of 21 may be eligible for I/DD services
- NC has a Registry of Unmet Needs for the **Innovations Waiver**

Who do I contact?

- To check for I/DD services available in your area, **find and contact your respective LME-MCO**
- For Disability Benefits (i.e. SSI), find and contact your **county's Social Security Administration** and/or **Apply for Disability Benefits through SSA online**
- For other benefits (NC Medicaid, assistance programs, etc.) find and contact your **county's Department of Social Services** or **Apply Online**

Where can I find more information?

- Ages 0-5 **Children's Developmental Services Agencies**
- Ages 0-20 **Children and Youth with Special Health Care Needs** or 1-800-737-3028
- Ages 0-21 with Medicaid **Early Periodic Screening Diagnostic and Treatment (EPSDT)**
- **Medicaid Programs and Services**
- **Services for People who do not have Medicaid**

What do I do if I have more questions?

- **Contact your respective LME-MCO** for questions about I/DD Services
- For **State Operated Healthcare Facilities** contact monica.harrelson@dhhs.nc.gov
- For all other community services and/or trouble contacting an LME-MCO, contact the Customer Service and Community Rights Team at 984-236-5300 or email dmh.advocacy@dhhs.nc.gov.

Additional Resources

Ages 0-21 with Medicaid

- **Early Periodic Screening Diagnostic and Treatment (EPSDT)**
 - **Personal Care Services** can be requested under EPSDT for those with Medicaid aged 21 and under with a physician's referral
- **Community Alternatives Program for Children (CAP/C)**
 - Ages 0-20
- For Research Based-Behavioral Health Treatment eligibility, **Contact your respective Local Management Entity-Managed Care Organization (LME-MCO)**

Additional Medicaid Programs and Services

- **Behavioral Health Services**
- **Community Alternatives Program for Disabled Adults (CAP/DA)**
- **Home Health Services**
- **Personal Care Services (PCS)**
- **Private Duty Nursing**
- For additional Medicaid services eligibility (B3 Services, In Lieu of Services, ICF-IID), **Contact your respective LME-MCO**

Additional Resources

- **Contact your respective LME-MCO** for services available in you area
- **Autism Society of North Carolina**
- **The Arc of North Carolina**
- **First in Families of North Carolina**
- **Brain Injury Association of North Carolina**
- **Disability Rights North Carolina**
- **Community Empowerment and Engagement**
- Contact **Hope4NC** for emotional support and additional community resources.