

# WIC IS HERE TO SERVE YOU!



We know how much you do to provide for the needs of your family — that's why we're here to help.

WIC provides access to healthy foods, nutrition education, breastfeeding support and resources for families.

WIC information is confidential and will not be shared. We will not ask or keep information about visa status or citizenship.

If you are pregnant, a new mom, have infants or children under 5 and are income eligible, you can get the right personalized support for you and your family.

## SEE IF YOU QUALIFY

Find your local WIC program:

CALL or TEXT 1-844-601-6881

TEXT wic+your zip code, no spaces (wic12345)

VISIT [www.ncdhhs.gov/ncwic/mywic](http://www.ncdhhs.gov/ncwic/mywic)



State of North Carolina • Department of Health and Human Services  
Division of Child and Family Well-Being • Community Nutrition Services Section  
[www.ncdhhs.gov](http://www.ncdhhs.gov) • [www.ncdhhs.gov/nc-wic-cacfp](http://www.ncdhhs.gov/nc-wic-cacfp)  
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