



CMARC

Care Management for At Risk Children

CMARC services are provided by local health departments in partnership with the NC Division of Health Benefits www.ncdhhs.gov/divisions/division-child-and-family-well-being

More information is available from:

- Your Local Health Department: www.ncdhhs.gov/LHD
- The Division of Health Benefits: <https://medicaid.ncdhhs.gov/transformation/care-management/care-management-risk-children-cmarc>
- The Children with Special Health Care Needs Help Line at 800-737-3028 or Email: CYSHCN.Helpline@dhhs.nc.gov.



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

Division of Child and
Family Well-Being

**Care Management for at
Risk Children**

www.ncdhhs.gov

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Care Management for Early Childhood



How Can CMARC Benefit Your Family?

The goal of CMARC is to improve your child's care by linking you to services that will meet the specific needs of your child and family.

CMARC is a program offered at no charge for children birth to 5 years of age who:

- Have special health care needs; and/or
- Experience the Infant Neonatal intensive Care Unit (NICU); and/or
- Are dealing with adverse childhood events; and/or
- Are referred by the child's doctor and/or health plan

When a referral is received, the care manager will talk with you to determine whether your child and family could benefit from CMARC services.

For eligible families who want CMARC services, a CMARC plan of care is developed by the family and the CMARC care manager.

CMARC care managers work with families through:

- home visits
- phone calls
- visits to the doctor with you
- other types of contacts

What CMARC Care Managers Do:

- Recognize you as the expert on your child.
- Ask you about your child's and family's needs, concerns, goals, and questions.
- Work with you to help you build a strong link to a medical home (regular doctor) for your child.
- Work with your child's health care providers to be sure you get what you need.
- Offer referrals to community resources to meet your family's specific needs.
- Assist families dealing with challenging levels of stress.
- Offer information on health and family topics, including child growth and development.
- Take the time to talk to you about your child's health and development.
- Help you get answers to your questions.