



**NC CACFP
Monthly Institution Call
February 2025**



All the information on this call is true and accurate as of February 7, 2025.

TODAY'S AGENDA

- New Secretary
- Seasonal Menus
- Additional Information
- Q&A





New Secretary

New Secretary of Health & Human Services: Dr. Devutta “Dev” Sangvai



- Values the work of NCDHHS
- Brings a people-centered approach
- Understands complex health care operations
- Knows that well-being is a key part of health
- Is eager to serve

We are excited for his leadership!



Seasonal Menus

NC Seasonal Menus



CACFP Seasonal Menus



The following CACFP seasonal menus are designed to:

- Inspire programs to use seasonal, locally grown foods when possible
- Provide variety with 4-week cycle menus with a breakfast, lunch/supper, and snack
- Link to standardized recipes
- Meet the CACFP Meal Pattern requirements
- Provide healthy meal options
- Promote NC agriculture
- Seasonal Menus
 - [CACFP Fall 4-Week Menus](#)
 - [CACFP Winter 4-Week Menus](#)
 - [CACFP Spring 4-Week Menus](#)
 - [CACFP Summer 4-Week Menus](#)

Spring Seasonal Menus

Institution Name:		Agreement #: NC CACFP Seasonal Menus— SPRING			
					
Spring—Week 1	MONDAY Date:	TUESDAY Date:	WEDNESDAY Date:	THURSDAY Date:	FRIDAY Date:
Breakfast Meal Pattern					
RECIPES & LINKS					
Fluid Milk*	Milk*	Milk*	Milk*	Milk*	Milk*
Vegetable/Fruit	Sliced Strawberries ^{NC}	Blueberries ^{NC}	Orange Slices	Sliced Apples	Mandarin
Grains	Cheerios® Cereal (WG)	WG Oatmeal			WG Mini Bagel
Meat/Meat Alternates**			Yogurt	Hard Boiled Eggs	
Other Foods (optional)					Sunflower Butter
Lunch or Supper Meal Pattern					
RECIPES & LINKS					
Fluid Milk*	Milk*	Milk*	Milk*	Milk*	Milk*
Vegetable	Steamed Broccoli ^{NC}	Cooked Spinach ^{NC}	Green Cabbage ^{NC} , Purple Cabbage, Carrots, Green onions	Snow Peas ^{NC}	Sweet Potato Wedges ^{NC}
Vegetable/Fruit	Sliced Tomato	Strawberries ^{NC} and Blueberries ^{NC}	Honeydew Melon	Carrots	Watermelon Wedges
Grains	WG Bread	WG Dinner Roll	WG Bread	Brown Rice	WG English Muffin
Meat/Meat Alternates	Cheese	Turkey, Ground Beef	Chicken	Baked Pork Tenderloin	Eggs
Other Foods (optional)	Mayo				
Snack Meal Pattern (Choose Two Food Groups for Snack)					
RECIPES & LINKS					
Fluid Milk*					Milk*
Vegetable	Steamed Edamame	Steamed Asparagus ^{NC}	Roasted Beets ^{NC}		Roasted Chickpeas
Fruit	Banana Slices		Navel Orange	Blueberries ^{NC}	
Grains				WG Oatmeal	
Meat/Meat Alternates		Dip (Greek Yogurt & Ranch Seasoning)			
Other Foods (optional)					
<p>WG, WW, and WGR indicate whole grain-rich foods. NC = Seasonal NC Produce</p> <p>*Fluid Milk: 1 year old: Unflavored whole milk; 2-5 years old: Unflavored fat-free (skim) or unflavored low-fat (1% milk; 6 years and older: Unflavored fat-free (skim) or unflavored low-fat (1% milk, flavored fat-free (skim) or low-fat (1% milk. Breastmilk may substitute for cow's milk at any age. Non-dairy beverages may be served with appropriate documentation.</p> <p>**Meat or Meat Alternate: Can be served in place of grain up to 3 times per week at breakfast.</p> <p>These cycle menus are designed to promote dietary variety, support seasonal, locally grown foods and comply with USDA Child and Adult Care Food Program (CACFP) guidelines. Use along with the CACFP Meal Patterns, the Food Buying Guide for Child Nutrition Programs, and the Crediting Handbook for the CACFP. This institution is an equal opportunity provider.</p>					
				Updated 01/2025 	

Additional Information



North Carolina Farm to ECE Connections Map



NORTH CAROLINA
Farm to ECE Connections

Farm to ECE Connections Map

What is Farm to ECE?

Farm to Preschool Network

ECE Resources

Farmer Resources

CACFP

North Carolina Farm to ECE Connections Map

Farm to Preschool or Early Care and Education (ECE) programs are instrumental in nurturing healthy eating habits and fostering a deeper understanding of food origins in young children. By introducing locally sourced foods and hands-on experiences like gardening and farm visits, these initiatives not only promote nutrition but also environmental awareness, support for local economies, and community interconnectedness.

The map below serves as a tool for connecting childcare sites with local farmers, facilitating the use of locally sourced foods, and contributing to healthier communities in North Carolina.

Add Your Farm Organization to the Map

Add Your Childcare Organization to the Map

Remove Your Organization From This Map



Click on a county or select a county from the list below for participating Farmers and Childcare Providers

SELECT COUNTY

Reset list

Participating farms in WAKE County

Bravo Steaks, LLC

Address: 379 Yank Road, Summerfield, NC 27358

Email: emily@bravosteaks.com

We served the following counties: Alamance, Cabarrus, Caswell, Chatham, Cumberland, Davidson, Davie, Durham, Forsyth, Guilford, Harnett, Lee, Mecklenburg, Orange, Randolph, Rockingham, Stokes, Wake, Wilkes, Wilson

Phone: (336)908-3728

Contact: Emily Barnes

Website / Social Media: www.bravosteaks.com

Delivery options: We deliver!

Forms of payment accepted: Major credit cards (Visa, Mastercard), Paypal, Venmo, Check, Cash

 **We offer itemized receipts**

Meat Products Offered: Ground Beef, Stew Meat, Beef Roast, Brisket, Whole, half, and quarter Cow, Ground Pork, Sausage, Boston Butt, Whole or half Pig

Farming Production Practices: Agroforestry, Animal Welfare Standards, Water Conservation Practices, Community Engagement, Waste Management, Regenerative Agriculture, Transparent Farming Practices, Pasture-raised

[Farming Production Practices Explanations](#)

CSA Offerings: shopbravosteaks.com/collections/bravo-co-op-meat-delivery

Explore the map: <https://www.communityclinicalconnections.com/farm-to-ece/>

National CACFP Week 2025

- March 16th – 22nd
- Theme: Trying New Foods
- Register for the free webinar: February 13, 2:00 – 2:30 PM



FREE WEBINAR

NATIONAL CACFP ASSOCIATION

Food Program Fun: **CACFP** Week At-a-Glance
Thursday, February 13 | 2:00 pm - 2:30 pm Eastern

cacfp.org

Click [here](#) for more information.

National Nutrition Month® 2025



- Academy of Nutrition and Dietetics annual campaign to promote healthy eating and physical activity
- Click [here](#) for downloadable resources and more information.

NC CACFP Messenger

January/February
Edition is out now!



North Carolina Division of Child and Family Well-Being
Community Nutrition Services Section
Child and Adult Care Food Program
www.ncdhhs.gov/ncacfp

January/February 2025
Volume 6, Issue 1



The North Carolina CACFP Messenger

From the Child and Adult Care Food Program Manager

CACFP Family,

Happy New Year!! A new year, a fresh start. Looking back over the last two years, I'm thinking where has the time gone? NC CACFP CONNECTS has been our focus for so long that it is difficult to think beyond the system. I'm very pleased to announce we have launched our last module – Compliance. This has been a significant undertaking, and I truly believe our new system is something we can all take ownership and pride in. Although we have completed the last module, we are not done. We still have some fine-tuning to do, but I do believe that the hardest part is now behind us. I want to take a moment and thank all of you.

So, what do we do next? We will finally be able to focus on CACFP, making a positive change and impacting our most vulnerable citizens in North Carolina. As we embrace a new year, it is my hope that we never forget what is important and why we do what we do daily. No matter what it looks like all around us, we are and have been in unified agreement. We agree to provide exemplary services to all participants of the CACFP. We have stood strong to ensure our youngest to our oldest participants receive nutritious meals.

You are the heroes of the Child and Adult Care Food Program. We thank each one of you for your hard work and dedication.

With Appreciation,

Cassandra Ward
CACFP Program Manager

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Reminders

- **Friday, February 7 and March 7, from 1 to 2 PM** - next two State agency monthly calls with CACFP Institutions (click [here](#) to join)
- **Wednesday, January 29 and Monday, March 3, 2025** - last days to submit November and December 2024 claims
- Standardized Recipe - **Orange Cranberry Quick Bread** (on [page 7](#)). Have leftover cranberries from the holidays? Put them to good use! This whole grain-rich bread combines tangy cranberries with zesty orange for a flavorful treat.



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[This institution is an equal opportunity provider.](#)



IN CLOSING

QUESTIONS & ANSWERS

- Please use the “QUESTIONS” pod to submit your questions.
- We will review what we have time for that pertains to the relevance of the group.
- Questions that apply to one specific Institution will be handled offline.

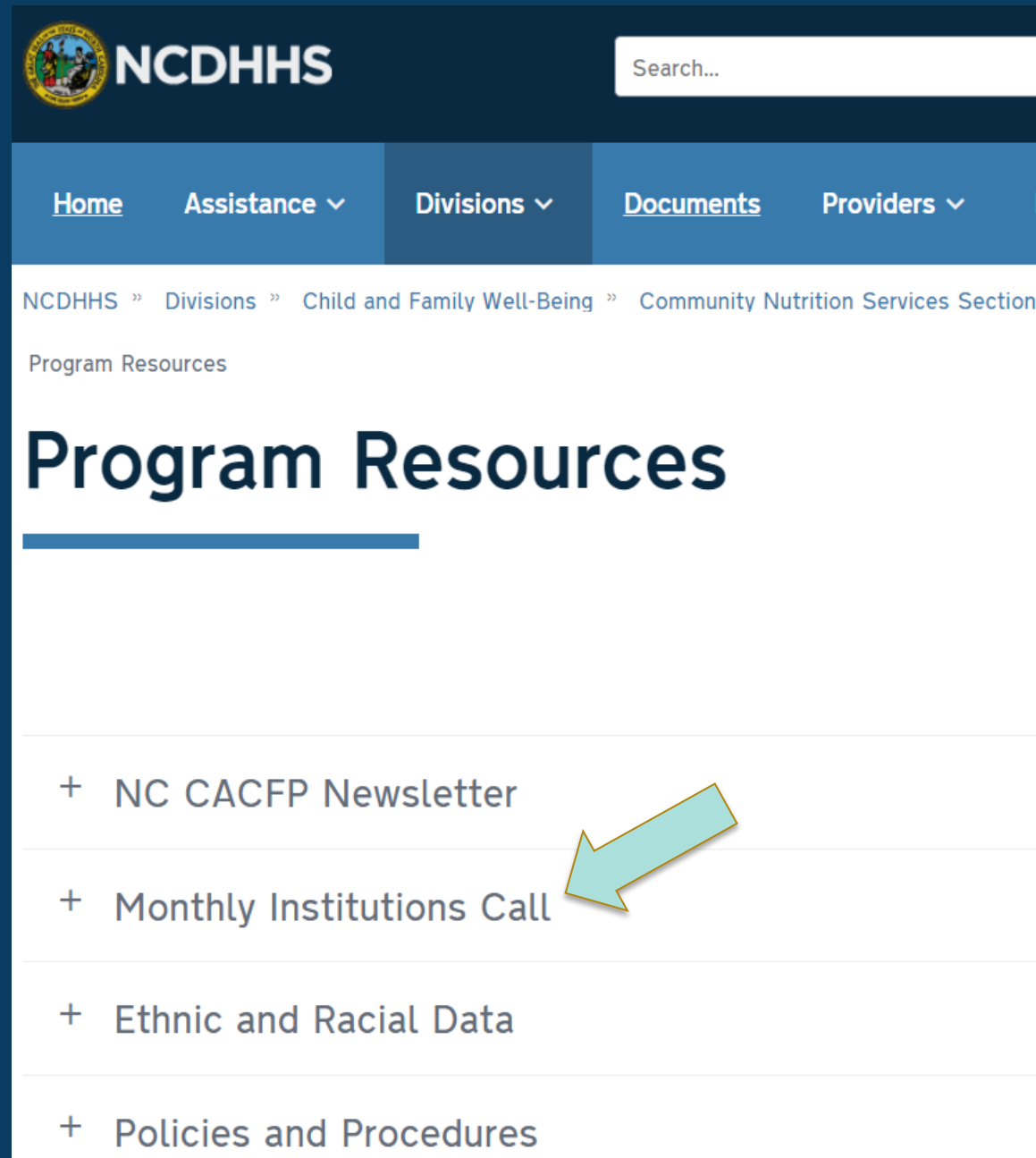


MONTHLY INSTITUTION CALLS

The PowerPoints for the
Institution calls are found on
our website:

[Program Resources Page](#)

Click on “Monthly Institutions
Call”



The screenshot shows the NCDHHS website interface. At the top left is the NCDHHS logo. To its right is a search bar with the text "Search...". Below the logo and search bar is a navigation menu with the following items: "Home", "Assistance" (with a dropdown arrow), "Divisions" (with a dropdown arrow), "Documents", and "Providers" (with a dropdown arrow). Below the navigation menu is a breadcrumb trail: "NCDHHS » Divisions » Child and Family Well-Being » Community Nutrition Services Section". Underneath the breadcrumb trail is the text "Program Resources". The main heading of the page is "Program Resources", which is underlined with a thick blue line. Below the heading is a list of resources, each preceded by a plus sign (+): "NC CACFP Newsletter", "Monthly Institutions Call", "Ethnic and Racial Data", and "Policies and Procedures". A teal arrow with a yellow outline points to the "Monthly Institutions Call" link.

EVALUATION SURVEY

Please complete an evaluation survey to share your feedback with us

1. Click on “EVALUATION SURVEY” below
2. Complete the survey questions
3. Click the blue “Submit” button



North Carolina CACFP Monthly Institution Call Evaluation Survey

Thank you for attending the **Monthly Institution Call** for the North Carolina Child and Adult Care Food Program. Please indicate your responses to the below questions.

We appreciate your feedback.

The objectives of the call were clearly defined. *

- Yes
 No (Please explain)

The objectives were met. *

- Yes
 No (Please explain)

Participation and interaction were encouraged. *

- Yes
 No (Please explain)



Thank you for your time!
Next call is on **Friday, March 7.**