

## NORTH CAROLINA BEHAVIORAL HEALTH CRISIS SERVICES

Behavioral health crises can be serious, but most do not require a visit to a hospital emergency department. Using other specialized crisis services may connect you more quickly to care and ongoing resources to support recovery.

Mobile Crisis Management services are available full-time throughout North Carolina for crisis prevention or for someone experiencing a crisis related to mental health, substance abuse or developmental disabilities.

Mobile Crisis teams can meet you in a safe location, including your home, school or workplace.

North Carolina's publicly funded crisis services may be used by anyone regardless of insurance status or ability to pay.



MORES is available only in select counties in NC. To access providers offering MORES visit NCDHHS crisis page or scan the above QR code. [www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-use-services/crisis-services](http://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-use-services/crisis-services)

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If you or someone you know is experiencing a behavioral health crisis 988 is available by phone 24/7 through call/text or chat at [988lifeline.org](http://988lifeline.org).



**NC DEPARTMENT OF HEALTH AND HUMAN SERVICES**  
Division of Mental Health, Developmental Disabilities and Substance Use Services

[www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-use-services](http://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-use-services)

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# Mobile Outreach, Response, Engagement and Stabilization (MORES)

*Enhanced crisis response for children, adolescents and families*




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## WHAT IS MORES?

MORES is a team-based crisis response intervention for children and adolescents ages 3-21 years experiencing escalating emotional and/or behavioral needs. MORES can provide the following supports:

- Access to a licensed clinician trained in child and adolescent interventions
- Access to a Family Support Partner (an individual with lived experience of caring for a child with behavioral health challenges) who provides support and resources to the youth and family
- Access to psychiatric consultation
- Access to care management to provide connection to needed resources
- Up to 8 weeks of follow-up care after the on-site crisis response to assist the family and youth in obtaining services and supports

## WHAT YOU CAN EXPECT

- Immediate support via telephone
- Reduced response time for situations requiring an on-site mobile crisis team to be dispatched

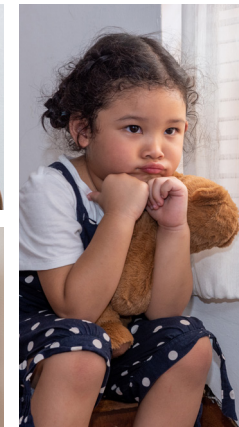
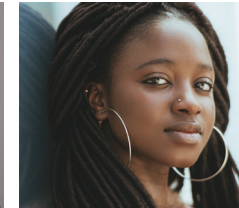
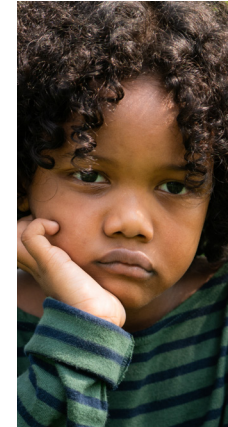
- Short-term crisis management until the crisis is resolved
- Referral and connections to follow-up services
- Support and advocacy to identify needs and crisis planning
- Someone to walk with you and your family

## OUR GOALS

- Supporting and maintaining youth in their homes and communities
- Promoting safe behavior in youth in their homes and communities
- Reducing admissions to Emergency Departments
- Reducing longer term placements in residential settings

## MORES OUTCOMES

- Increased access to the behavioral health system
- Reduction in residential setting placements
- Reduction in legal involvement
- Reduction in dangerous behaviors
- Increased care in less restrictive settings
- Increased family/caregiver advocacy and support



*Someone to walk with  
you and your family*

