

NC DENTAL OPIOID ACTION PLAN

2022-2025

ADA Statements on Opioids

(2016, 2018)

The American Dental Association (ADA) recommends that dentists:

- Follow CDC guidelines for opioid prescribing
- Use nonsteroidal anti-inflammatory analgesics as first-line therapy for acute pain
- Check the state prescription drug monitoring program when prescribing opioids
- Discuss opioid safety, storage and disposal with patients
- Participate in continuing education on opioid prescribing 2018, Version 1

NC Opioid Action Plan Focus Areas

The NC Dental Opioid Action Plan aligns with the NC Opioid Action Plan to implement complementary strategies in the following focus areas:



1. COORDINATED INFRASTRUCTURE

Strategy: Leadership

Action: Convene stakeholders to lead implementation of the NC Dental Opioid Action Plan

Leads: NCDHHS facilitates the OPDAAC Dental Workgroup meetings

2. REDUCE OVERSUPPLY OF PRESCRIPTION DRUGS

Strategy: Safe prescribing policies

Action: Create and maintain continuing education opportunities and resources for practicing dentists with an emphasis on safer pain management and identifying people at risk of substance use disorder and referring for diagnosis and treatment

Leads: NCBDE, NCDS, NCSOMS, NCDHA, UNC, ECU, HPU, NCCDP

Action: Offer training in all dental, dental hygiene, and dental assistant schools on safer pain management and identifying people at risk of substance use disorder and referring for diagnosis and treatment

Leads: ECU, UNC, NCDHA, NCDAA, NCCDP

Strategy: CSRS utilization

Action: Register 100% of eligible dental prescribers in NC CSRS

Leads: NCBDE, NCDHHS

Action: Report CSRS data to NC dental board (NCBDE) so it can investigate aberrant prescribing behaviors and lack of compliance with the STOP Act [pursuant to NCGS 90-113.74(b1)(1a)&(2)]

Leads: NCBDE, NCDHHS

Strategy: Medicaid and commercial payer policies

Action: Support coverage of non-opioid modalities for management of acute postoperative pain (e.g., Exparel)

Leads: NCSOMS, NCDHHS, UNC

Strategy: Special population: Youth

Action: Reduce the number of opioid prescriptions for youth (e.g., codeine to children, opioids for third molar extraction)

Leads: NCSOMS, NCAPD, UNC

3. REDUCE DIVERSION AND FLOW OF ILLICIT DRUGS

Strategy: Dental personnel diversion prevention

Action: Implement model diversion prevention protocols within dental school clinics and dental practices

Leads: UNC, NCDS, NCCDP

Strategy: Drug takeback, disposal, and safe storage

Action: Educate patients on safe storage and disposal of opioids

Leads: NCDHHS, NCDS, NCDHA, UNC, NCCDP

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4. INCREASE COMMUNITY AWARENESS AND PREVENTION

Strategy: Public education campaign

Action: Launch or promote an education campaign about safe pain management, the efficacy of non-opioid pain modalities, and safe storage and disposal of opioids. Consider coordinating with NCDHHS statewide messaging campaigns (e.g. CDC Rx Awareness or SAMHSA's Lock Your Meds campaigns)

Leads: NCDHHS, NCBDE, NCDS, ONSDS, NCAPD, NCDHA, UNC, ECU, HPU

5. EXPAND TREATMENT ACCESS AND RECOVERY SUPPORTS

Strategy: Care linkages

Action: Encourage coordination with pain specialists when prescribing opioids for management of chronic orofacial pain

Leads: NCDS, NCSOMS, UNC

Action: Link patients screened at risk for SUD to services

Leads: ECU, UNC

Strategy: Support patient recovery

Action: Utilize best practices in pain management options to prevent exacerbation of or relapse of opioid use disorders among people with OUD or in recovery for OUD

Leads: UNC

6. MEASURE IMPACT

Strategy: Metrics/Data

Action: Create a data dashboard of key metrics

Leads: DPH IVP, UNC

Strategy: Research/ Evaluation

Action: Establish an opioid research agenda among NC dental schools and academic research institutions to inform future and evaluate existing work

Leads: UNC

Acronyms

CDC: Centers for Disease Control and Prevention

CSRS: Controlled Substances Reporting System

DPH: Division of Public Health

ECU: East Carolina University School of Dental Medicine

IVP: Injury and Violence Prevention Branch

HPU: High Point University Workman School of Dental Medicine

NC: North Carolina

NCAPD: NC Academy of Pediatric Dentistry

NCBDE: NC Board of Dental Examiners

NCCDP: NC Caring Dental Professionals

NCDAA: NC Dental Assistants Association

NCDHA: NC Dental Hygienists' Association

NCDHHS: Department of Health and Human Services

NCDS: NC Dental Society

NCSOMS: NC Society of Oral and Maxillofacial Surgeons

ONSDS: Old North State Dental Society

SUD: Substance Use Disorder

UNC: University of North Carolina at Chapel Hill School of Dentistry

Many dental health organizations in NC are working to address the opioid overdose epidemic....



North Carolina Caring Dental Professionals

When You Need Someone to Care...



NORTH CAROLINA
DENTAL SOCIETY



SCHOOL OF
DENTAL MEDICINE



North Carolina Society
of Oral and Maxillofacial Surgeons



ORAL
HEALTH



OLD NORTH STATE
DENTAL SOCIETY



NCDAA

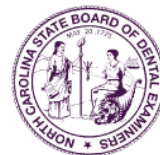


North Carolina
Dental Hygienists' Association



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COLLABORATIVE

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UNC
DENTISTRY



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