

# North Carolina Infant-Toddler Program (NC ITP) Approved Abbreviations and Acronyms List



**List A: NC ITP Terms ..... 1**  
**List B: CDSA Abbreviations ..... 9**

## List A: NC ITP Terms

### A

ABBREVIATION	MEANING
AA	Adjusted Age
ABA	Applied Behavioral Analysis
ABC	Attachment Biobehavioral Catch-Up
ABC Matrix	Asset-Based Context Matrix
ABR	Auditory Brainstem Response
ACEs	Adverse Childhood Experiences
ADHD	Attention Deficit/Hyperactivity Disorder
AFO	Ankle-foot orthosis/orthotics
AIDS	Acquired immunodeficiency syndrome
AM	Ante meridiem (before noon)
Appt	Appointment
Artic	Articulation
AROM	Active range of motion
ASAP	As soon as possible
ASD	Atrial septal defect
ASD	Autism Spectrum Disorder
AU	Autism
ASL	American Sign Language
ASQ®:SE-2	Ages & Stages Questionnaires®: Social-Emotional, 2 <sup>nd</sup> Edition
ASQ®-3	Ages & Stages Questionnaires®, 3 <sup>rd</sup> Edition
Asst.	Assistant
AT	Assistive Technology
Audio	Audiology/Audiological
aug. comm.	Augmentative communication
Ave.	Avenue

## B

<b>BA</b>	Bachelor of Arts
<b>b/c</b>	Because
<b>bday</b>	Birthday
<b>BAER</b>	Brainstem auditory evoked response
<b>BDI-2</b>	Battelle Developmental Inventory, 2 <sup>nd</sup> Edition
<b>BH /DD</b>	Behavioral Health and Intellectual/Developmental Disabilities
<b>BITSEA</b>	Brief Infant-Toddler Social & Emotional Assessment
<b>BK Certified</b>	Birth to Kindergarten Certified
<b>Blvd.</b>	Boulevard
<b>BS</b>	Bachelor of Science
<b>BSW</b>	Bachelor of Social Work

## C

<b>CA</b>	Chronological age
<b>CAPTA</b>	Child Abuse Prevention and Treatment Act
<b>CARS</b>	Child Autism Rating Scale
<b>CAP</b>	Community Alternative Program
<b>CAP-C</b>	Community Alternative Program for Children
<b>CAPD</b>	Central Auditory Processing Disorder
<b>CAT scan</b>	Computerized axial tomography scan
<b>CBCL</b>	Child Behavior Checklist for Ages 1.5 to 5
<b>CBRS</b>	Community Based Rehabilitative Service
<b>cc</b>	Carbon copy
<b>CDC</b>	Centers for Disease Control & Prevention
<b>CDSA</b>	Children's Developmental Services Agency
<b>CMARC</b>	Care Management for At-Risk Children
<b>CMV</b>	Cytomegalovirus
<b>c/o</b>	in care of
<b>Co.</b>	County
<b>cog.</b>	Cognitive
<b>cont.</b>	Continued
<b>coord.</b>	Coordinator
<b>COSF</b>	Child Outcome Summary Form
<b>COSP</b>	Circle of Security Parenting
<b>COTA</b>	Certified Occupational Therapy Assistant
<b>COVID</b>	Coronavirus-19 or variant
<b>CP</b>	Cerebral palsy
<b>CPP</b>	Child parent psychotherapy
<b>CPR</b>	Cardiopulmonary resuscitation
<b>CPS</b>	Child Protective Services (preferable to DSS)
<b>Ctr</b>	Center
<b>Cx</b>	Cancelled

## D

<b>DAYC-2</b>	Developmental Assessment of Young Children, 2 <sup>nd</sup> Edition
<b>D-B</b>	Deaf-Blind
<b>d/c</b>	Discharge(d)

<b>dc</b>	Discontinue(d)
<b>DD</b>	Developmental Disabilities
<b>DECA</b>	Devereaux Early Childhood Assessment
<b>Dept</b>	Department
<b>DHH</b>	Deaf/Hard of Hearing
<b>doc</b>	Document
<b>DPOAE</b>	Distortion Product Otoacoustic Emission Testing
<b>DOB</b>	Date of birth
<b>DOCU</b>	DocuSign
<b>DOE</b>	Date of evaluation
<b>DOS</b>	Date of Service
<b>Dr.</b>	Doctor
<b>DS</b>	Down Syndrome
<b>DSM-5-TR</b>	Diagnostic and Statistical Manual of Mental Disorders, 5 <sup>th</sup> TR Edition, 2022
<b>DSS</b>	Department of Social Services/Division of Social Services
<b>DTR</b>	Deep tendon reflex
<b>DUMC</b>	Duke University Medical Center
<b>Dx</b>	Diagnosis

## E

<b>EC</b>	Established Condition
<b>ECU</b>	East Carolina University
<b>ed</b>	Educational
<b>Ed. Di.</b>	Educational Diagnostician
<b>e.g.</b>	Exempli gratia (means "for example")
<b>EEG</b>	Electroencephalogram
<b>EHS</b>	Early Head Start
<b>EI</b>	Early Intervention
<b>EISC</b>	Early Intervention Service Coordinator
<b>EKG</b>	Electrocardiogram
<b>EL</b>	Expressive Language
<b>E-LAP</b>	Early Learning Accomplishment Profile
<b>Elig.</b>	Eligibility
<b>ELSSP-HI</b>	Early Learning Sensory Support- Hearing Impairment
<b>ELSSP-VI</b>	Early Learning Sensory Support- Visual Impairment
<b>EMR</b>	Electronic Medical Record
<b>ENT</b>	Ear, Nose and Throat
<b>EIPFFI</b>	Early Intervention Pyramid Practices Fidelity Instrument
<b>ESY</b>	Extended school year
<b>Etc.</b>	Et cetera
<b>Eval(s)</b>	Evaluation(s)

## F

<b>F2F</b>	Face to Face
<b>FAS</b>	Fetal Alcohol Syndrome
<b>FASD</b>	Fetal Alcohol Spectrum Disorder
<b>FEAS</b>	Functional Emotional Assessment Scale
<b>FERPA</b>	Family Educational Rights and Privacy Act
<b>FIP-EI</b>	Fidelity in Practice- Early Intervention

<b>FM</b>	Fine Motor
<b>FROM</b>	Full Range of Motion
<b>FOC</b>	Father of Child
<b>FOS</b>	Family Outcomes Survey
<b>FOUI</b>	Family Outcome Unique Identifier
<b>FP</b>	Foster Parent
<b>freq</b>	Frequency
<b>FSN</b>	Family Support Network
<b>FT</b>	Feeding Therapy
<b>FTT</b>	Failure To Thrive
<b>f/u</b>	Follow-up

## G

<b>GA</b>	Gestational Age
<b>GAL</b>	Guardian Ad Litem
<b>GERD</b>	Gastroesophageal reflux disorder
<b>GHM</b>	Google Hangouts Meet
<b>GM</b>	Gross motor
<b>GP</b>	Grandparent
<b>G-tube</b>	Gastrostomy (feeding) tube

## H

<b>HD</b>	Health Department
<b>HI</b>	Hearing Impairment
<b>HIV</b>	Human immunodeficiency virus
<b>HMO</b>	Health Maintenance Organization
<b>HOH</b>	Head of Household
<b>hosp</b>	Hospital
<b>hr</b>	Hour
<b>HS</b>	Head Start
<b>HSA</b>	Health Savings Account
<b>HUD</b>	Housing and Urban Development (Section 8 housing)
<b>HUGS</b>	Hear Understand Give Success Response Plan (FIPP)
<b>HV</b>	Home visit
<b>Hx</b>	History

## I

<b>ICD-(#of revision)-CM e.g. ICD-10-CM</b>	International Classification of Diseases, (year) Revision, Clinical Modification
<b>I/DD</b>	Intellectual and Developmental Disability
<b>i.e.</b>	Id est, (means "that is")
<b>IE</b>	Initial Evaluation
<b>IEP</b>	Individual Education Plan
<b>IFSP</b>	Individualized Family Service Plan
<b>IMH</b>	Infant Mental Health
<b>Info</b>	Information
<b>I-PAS</b>	Infant-Preschool Play Assessment Scale
<b>ISC</b>	Intake Service Coordinator
<b>ITFC</b>	Infant, Toddler, and Family Certification/Certified

<b>ABBREVIATION</b>	<b>MEANING</b>
<b>ITSEA</b>	Infant-Toddler Social & Emotional Assessment
<b>ITP</b>	Infant-Toddler Program

## J

<b>JIRDC</b>	J. Iverson Riddle Developmental Center
<b>J-tube</b>	Jejunostomy tube

## L

<b>lb(s).</b>	Pound(s)
<b>lang.</b>	Language
<b>LE</b>	Lower extremity
<b>LEA</b>	Local Education Agency
<b>LCSW</b>	Licensed Clinical Social Worker
<b>LCSW-A</b>	Licensed Clinical Social Worker Assistant
<b>LDN</b>	Licensed Dietician Nutritionist
<b>LM</b>	Left message
<b>Ln.</b>	Lane
<b>LPA</b>	Licensed Psychological Associate
<b>LPC</b>	Licensed Professional Counselor
<b>LPC-A</b>	Licensed Professional Counselor Associate
<b>LPN</b>	Licensed Practical Nurse
<b>LRE</b>	Least Restrictive Environment

## M

<b>MA</b>	Master of Arts
<b>Mat</b>	Maternal
<b>MCHAT R/F</b>	Modified Checklist for Autism in Toddlers Revised with Follow-Up
<b>MCO</b>	Managed Care Organization
<b>MD</b>	Medical doctor
<b>MEd</b>	Master of Education
<b>MGF</b>	Maternal grandfather
<b>MGM</b>	Maternal grandmother
<b>MH</b>	Mental Health
<b>Min</b>	Minute
<b>mo</b>	Month
<b>MOC</b>	Mother of Child
<b>MPH</b>	Master of Public Health
<b>MRI</b>	Magnetic resonance imaging
<b>MS</b>	Master of Science
<b>MSEL</b>	Mullen Scales of Early Learning
<b>Msg</b>	Message
<b>MSPH</b>	Master of Science in Public Health
<b>MSW</b>	Master of Social Work
<b>Mtg</b>	Meeting

## N

<b>NAS</b>	Neonatal Abstinence Syndrome
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<b>n/a</b>	Not Applicable
<b>NC</b>	North Carolina
<b>NCITP</b>	North Carolina Infant-Toddler Program
<b>NEC</b>	Necrotizing Enterocolitis
<b>Neg</b>	Negative
<b>Neuro</b>	Neurological
<b>NG tube</b>	Nasogastric tube
<b>NICU</b>	Neonatal Intensive Care Unit
<b>NLEP</b>	Natural Learning Environmental Practices
<b>NOR</b>	Notice of Rights
<b>NOS</b>	Not otherwise specified
<b>NOWS</b>	Neonatal Opioid Withdrawal Syndrome
<b>NPO</b>	Nothing by mouth
<b>NS</b>	No Show
<b>Nutr.</b>	Nutritionist

## O

<b>Obs</b>	Observation
<b>ODD</b>	Oppositional Defiant Disorder
<b>O &amp; M</b>	Orientation & Mobility
<b>OSEP</b>	Office of Special Education Programs
<b>OT</b>	Occupational Therapist (Therapy)
<b>OTA</b>	Occupational Therapy Assistant
<b>OTR/L</b>	Occupational Therapist, Licensed
<b>OV</b>	Office Visit
<b>oz</b>	Ounce(s)

## P

<b>PA</b>	Prior Authorization
<b>PAT</b>	Parents as Teachers
<b>PC</b>	Phone Call
<b>Pkt</b>	Packet
<b>PCP</b>	Primary Care Physician (Provider)
<b>PDA</b>	Patent ductus arteriosus
<b>PDMS-2</b>	Peabody Developmental Motor Scale-2
<b>Ped</b>	Pediatrician
<b>Peds</b>	Pediatrics
<b>PEG</b>	Percutaneous endoscopic gastrostomy
<b>PGF</b>	Paternal grandfather
<b>PGM</b>	Paternal grandmother
<b>PhD</b>	Doctor of Philosophy
<b>PHI</b>	Protected Health Information
<b>PhonP</b>	Phonological Processes
<b>PHP</b>	Prepaid Health Plan
<b>PII</b>	Personally Identifiable Information
<b>PITS</b>	Preschool Inventory of Traumatic Stress
<b>PKU</b>	Phenylketonuria
<b>PLS-5</b>	Preschool Language Scale-5 <sup>th</sup> edition
<b>pm</b>	Post meridiem (means after noon)

<b>PO</b>	Post office
<b>POA</b>	Power of attorney
<b>POC</b>	Plan of care

<b>POS</b>	Place of Service
<b>Prob</b>	Problem
<b>PROM</b>	Passive range of motion
<b>PRN</b>	As necessary
<b>PSJ-4</b>	Parenting Stress Index 4 <sup>th</sup> Edition
<b>PSU</b>	Public School Unit (North Carolina terminology for LEA)
<b>Psych</b>	Psychologist
<b>PT</b>	Physical Therapist
<b>PTA</b>	Physical Therapy Assistant
<b>PTSD</b>	Post-Traumatic Stress Disorder
<b>PVT</b>	Peabody Picture Vocabulary Test
<b>PWN</b>	Prior Written Notice

## Q

<b>Quads</b>	Quadriceps
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## R

<b>RAMP</b>	Roadmap for Assessing Meaningful Participation
<b>RBI</b>	Routines-Based Interview
<b>RD</b>	Registered Dietician
<b>re:</b>	Regarding
<b>recd</b>	Received
<b>REEL-3</b>	Receptive-Expressive Emergent Language Scale, 3 <sup>rd</sup> Edition
<b>Rehab</b>	Rehabilitation
<b>RL</b>	Receptive Language
<b>RN</b>	Registered nurse
<b>R/O</b>	Rule out
<b>ROI</b>	Release of Information
<b>ROM</b>	Range of motion
<b>Rosetti</b>	Rosetti Infant-Toddler Language Scale
<b>ROP</b>	Retinopathy of prematurity
<b>R/S</b>	Reschedule
<b>RSV</b>	Respiratory syncytial virus
<b>RTC</b>	Return telephone call
<b>Rx</b>	Prescription

## S

<b>SC</b>	Service Coordinator
<b>Sch</b>	Schedule
<b>SDP</b>	Service Delivery Plan / Service Delivery Page
<b>S/E</b>	Social/Emotional
<b>SFS</b>	Sliding Fee Scale
<b>S &amp; H</b>	Speech & Hearing
<b>SH</b>	Social History
<b>SI</b>	Sensory integration

<b>Sib(s)</b>	Sibling(s)
<b>SICC</b>	Special Infant Care Clinic
<b>SIDS</b>	Sudden Infant Death Syndrome
<b>SLI</b>	Sign Language Interpreter

<b>SLP</b>	Speech and Language Pathologist
<b>SLP-A</b>	Speech and Language Pathologist- Associate
<b>Sp Tx</b>	Speech treatment
<b>SOP</b>	System of Payments
<b>S/L</b>	Speech and language
<b>SSA</b>	Social Security Administration
<b>SSN</b>	Social Security Number
<b>SSI</b>	Supplemental Security Income
<b>ST</b>	Speech therapy
<b>Stim</b>	Stimulation
<b>St.</b>	Street
<b>Ste</b>	Suite
<b>SW</b>	Social Worker

## T

<b>TBI</b>	Traumatic Brain Injury
<b>TBS</b>	To Be Scheduled
<b>TC</b>	Telephone call
<b>TCFA</b>	Tele-Child and Family Assessment
<b>TCM</b>	Targeted Case Management
<b>TEACCH</b>	Treatment and Education of Autistic and Related Communication Handicapped Children
<b>Tele-asmt</b>	Tele-assessment
<b>Tele-eval</b>	Tele-Evaluation
<b>Tele-tx</b>	Tele-Therapy
<b>TPM</b>	Transition Planning Meeting
<b>TPC</b>	Transition Planning Conference
<b>Trach</b>	Tracheotomy
<b>Triple P</b>	Positive Parenting Program
<b>TTY</b>	Text Telephone
<b>Tx</b>	Therapy

## U

<b>UE</b>	Upper Extremity
<b>UNC</b>	University of North Carolina
<b>US</b>	United States

## V

<b>VHV</b>	Virtual Home Visits
<b>VI</b>	Vision Impairment
<b>Vineland</b>	Vineland Adaptive Behavior Scales
<b>VLBW</b>	Very Low Birth Weight
<b>VM</b>	Voicemail
<b>vs</b>	Versus



<b>VSD</b>	Ventricular Septal Defect
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## W

<b>w/</b>	With
<b>WCC</b>	Well-Child Check(up)

<b>WFBH</b>	Wake Forest Baptist Health
<b>WIC</b>	Women, Infants, and Children Program
<b>Wk(s)</b>	Week(s)
<b>WNL</b>	Within normal limits
<b>w/o</b>	Without

## Y

<b>YO</b>	Years old
<b>Yr</b>	Year

## List B: CDSA Abbreviations

<b>CDSABR</b>	Blue Ridge CDSA
<b>CDSACF</b>	CDSA of the Cape Fear
<b>C-CDSA</b>	Concord CDSA
<b>Durham CDSA</b>	Durham CDSA (no abbreviation)
<b>EC CDSA</b>	Elizabeth City CDSA
<b>GSO CDSA</b>	Greensboro CDSA
<b>Gville CDSA</b>	Greenville CDSA
<b>MECKCDSA</b>	Mecklenburg County CDSA
<b>MHCDSA</b>	Morganton CDSA
<b>NBCDSA</b>	New Bern CDSA
<b>RALCDSA</b>	Raleigh CDSA
<b>RMT CDSA</b>	Rocky Mount CDSA
<b>SHCDSA</b>	Sandhills CDSA
<b>SCDSA</b>	Shelby CDSA
<b>CDSA of WNC</b>	CDSA of Western NC
<b>W-S CDSA</b>	Winston-Salem CDSA