

**North Carolina Mental Health Planning and Advisory Council (NCMHPAC)**  
**Meeting Minutes of December 2, 2016**

Meeting location: 3724 National Drive, Suite 100, Raleigh, NC 1-888-273-3658; 2490768#

**Present:** Damie Jackson-Diop, Co-Chair, Amy Batel, Co-Chair, Mary Edwards, Barbara Maier, Gwen Bercaldi, Joe Simmons, Marcus Stephenson, Vicki Smith, Jean Steinberg, Jim Swain, Kristin O'Connor, David Wickstrom, Tammy Theal, Lucy Dorsey, Gail Cormier, Wes Rider

By phone: Terri Shelton, Jack Register, Garren Rogers, Bert Bennett, Mary Lloyd

**Staff:** Walt Caison, Ken Edminster, Susan Robinson, Karen Feasel, Jason Vogler, Amba Jonnalagoelda

**Guests:** Carol Potter, Ken Scheusselin, Terri Grant, MaryEllen Anderson, Stacy Smith (phone)

- 1) Meeting Convened:** Damie Jackson-Diop, Chair, convened the meeting, all were welcomed and introductions completed. New members were welcomed including, Jean Steinberg, Department of Public Safety, Division of Juvenile Justice; Jim Swain, Division of Vocational Rehabilitation. Council member candidates were acknowledged: Dave Wickstrom, Alliance on Disabilities, and Marcus Stephenson, Youth in Transition.
- 2) Agenda Reviewed:** The agenda was reviewed and followed with minor modifications. Damie framed the day's presentations for the members with a reminder that the agenda topics are planned specifically to inform and assist the Council in understanding the plan priorities, data elements and sources, expected outcomes, and reporting process in the context of the larger system in order to inform the Council's role in making recommendations to the division on key areas where opportunities to positively impact individual and system outcomes and advocating for and engaging consumers, youth and families in helping the state meet the federal funding requirements.
- 3) Public Comments:** None.
- 4) LME/MCO Gaps Analysis** – Dr. Carol Potter, Quality Management Section reviewed the process for gathering, analyzing and reporting results from the LME/MCO completed Gaps Analysis findings submitted to the DMHDDSAS as required. It was noted that the Council was the first group to hear the initial analyses and trends as the report is being compiled now. Dr. Potter provided an overview the purpose, process and in-depth view of the results, comparisons, and trends noted. She indicated that DMA-Medicaid looks at enrollees and DMH looks at population served. Dr. Potter outlined the components and definitions of the population (all abilities those living with mental health, intellectual/developmental disabilities, and substance abuse services), and type of services and measures. Discussion included: frequency of updating measures, transportation barriers, lack of access to service providers in some communities, gaps to access to care and ways to address, the need to increase benchmarks and watch trends over time, and supportive resources for basic needs such as housing, employment, child care, transportation, physicians and peer directed supports; and groupings of gaps into access to care, resources and quality of care. Lucy Dorsey noted that Sandhills widely distributed surveys in person, online, actively engaged community collaboratives and other interagency partners and community at large to gather and disseminate the information.

**Actions: Two Year Plan Strategy:** Council will consider: 1) ways in which the information about (b)(3) services and gaps and needs be disseminated more widely among the community stakeholders and consumers, youth and families. 2) A way to use gaps and needs survey – the intention of the survey and how results can inform community planning; and 3) gather information from each LME/MCO on how the gaps/needs gathered in each LME/MCO.

- 5) Membership Update** – Damie again acknowledged member candidates Dave Wickstrom and Marcus Stephenson, present at today’s meeting and new members. Actions outline in October completed include: Susan updated the member candidate form. Ken disseminated the form for recruitment and generate interest. Youth membership is desired.

**Actions:**

Lucy Dorsey made a motion, Mary Edwards second to the motion, recommending Dave Wickstrom, Marcus Stevenson as members to the Council and the development of a Youth Advisory Leadership group that will be convened by Dave Wickstrom in partnership with interested other Council members. No discussion. Motion passed with no objections or no abstentions.

Next Steps for the Youth Advisory Leadership group: Dave will keep the Council informed of progress and include interested members in the process.

- 6) Meeting Schedule for 2017 was set during a working lunch.**

<b>2017 NCMHPAC Meeting Calendar</b>		
<b>*1<sup>st</sup> Fridays every other month beginning in February</b>		
<b>When - Date</b>	<b>What- Focus</b>	<b>Who</b>
<b>February 3</b>	<b>Informing 2 year plan:</b> <ul style="list-style-type: none"> <li>▪ QM: overview of services and expenditures</li> <li>▪ QM: prevalence &amp; treated prevalence</li> <li>▪ Damie present on 127 survey responses to date</li> </ul>	DMHDDSAS Quality Management staff Walt Caison Damie Jackson-Diop
<b>April 4</b>	<b>Informing 2 year plan &amp; SFY17 report:</b> <ul style="list-style-type: none"> <li>▪ Perception of Care (outcomes data)</li> <li>▪ SOC grant implementation &amp; data report</li> <li>▪ Damie present on Council survey results to inform plan</li> <li>▪</li> </ul>	DMHDDSAS Quality Management staff SOC grant staff Damie Jackson-Diop Council
<b>June 2</b>	<b>Informing 2 year plan&amp; SFY17 report:</b> <ul style="list-style-type: none"> <li>▪ NCTOPPS (outcomes data)</li> </ul> <b>2 yr plan draft out for public comment on 7/1</b>	DMHDDSAS Quality Management staff Council
<b>August 4</b>	<b>Informing 2 year plan&amp; SFY17 report:</b> <ul style="list-style-type: none"> <li>▪ Review public comments received</li> <li>▪ LME/MCO QM projects and provider network development</li> <li>▪ Council plan endorsement &amp; recommendations</li> </ul> <b>2 yr plan due to DHHS</b> <b>2 yr plan due to SAMHSA on 9/1</b>	DMHDDSAS Quality Management staff Walt Caison/Ken Edminster Council – Damie/Amy (letter)
<b>October 6</b>	<b>Informing SFY17 report:</b>	

	<ul style="list-style-type: none"> <li>▪ Report on non-UCR expenditures - SOW &amp; outcomes &amp; planned SOW for SFY18</li> </ul> <p><b>Plan Council Meeting Calendar &amp; Priorities</b></p> <ul style="list-style-type: none"> <li>▪ Set dates, topics, projects</li> </ul>	
<b>November 29 1 pm call</b>	<p><b>Informing SFY17 report:</b></p> <ul style="list-style-type: none"> <li>▪ Review data report – outcomes, targets met, trends, recommendations</li> </ul>	DMHDDSAS Quality Management staff Walt/Ken/Susan Council – Damie/Amy (letter)
<b>December 1 or 8</b>	<p><b>LME/MCO Gaps and Needs</b></p> <p><b>Plan Council Meeting Calendar &amp; Priorities</b></p>	DMHDDSAS Quality Management staff Council –

- 7) **White Paper Update-** Vicki Smith reported no action taken to date.  
**Action:** Vicki will draft beginning paper and work with group to complete prior to the next meeting.
- 8) **Early Intervention with First Episode Psychosis (FEP) 10% Set Aside:** - Mary Ellen Anderson provided an update on the funding level, currently funded sites, expansion of the age range from 15-30 based on research findings related to age of onset, and briefly reviewed future site funding process through intention to apply through the LME/MCO and provider network application process. The set aside increased from 5% in 2014 to 10% in 2016-17.  
**Action:** Future updates were requested on a regular basis.
- 9) **Governor’s MH/SA Task Force Priority Pilot Projects:** Stacy Smith and Terri Grant provided a brief summary of the Case Management models proposed for adults with SMI and children/youth with SED, the process for site selection and funding through an RFA process, the necessary service definitions and clinical policies that needed to be drafted and put in place as well as the next steps anticipated in obtaining budget approval and establishing allocations and/or contracts once sites/providers are selected.  
**Action:** Future updates were requested on a regular basis.
- 10) **SOC Expansion Grant Update** – Terri Grant provided a brief update including new staff hired, a new project manager, began on November 29, and a new data manager has been hired, Walt noted this project would not be sustained without support from the MHBG in funding 5 LME/MCO sites and Family Partner Coordinators to work as members of the NC High Fidelity WrapAround Teams. NC received a national award for this project’s efforts in November.  
**Action:** Future updates were requested on a regular basis; April 2017 meeting will be the next time.
- 11) **Chairperson’s Report** – 1) Damie reported 178 responses have been received on the Council survey and will provide a summary at the February meeting. 2) The Executive Summary of the NCIOM Task Force on Transforming NC’s MH and Substance Use systems is available; copies were distributed. 3) Damie attended the NC African American Caucus recently and will share relevant information for the Council to consider on health disparities and community based services. And 4) Youth MOVE National and other non-profits supporting youth and young adult leaders are seeking support for ongoing work.

**12) Council Member Updates –**

**Gwen** – A new housing NOFA statewide on Olmstead housing is available.

**Barb** – Parents and Teachers as Allies – is very successful; Durham will begin this program.

**Lucy** – A new FBC site in Sandhills is being created. Sandhills is working with NC CTP for Child Parent Psychotherapy (birth to 5 year olds with MH needs) Learning Collaborative; and is also involved in Prevention component of SAPTBG in methodically moving SAMHSA prevention models of practice to evidence based. Related to prevention, she is completing an intensive needs assessment in the community currently.

**Gail** – has been asked to work on the Murphy Bill in January 2017; is involved in the oversight of the SOC grants, a Family Partner with be one of the reviewers for other applications –which is really wonderful. Gail encourages teaming up with Garron Rogers, NC Youth MOVE when possible to advance youth leadership in NC.

**Vicki** – DHHS and DRNC established an agreement for children with complex needs, next steps will be taken in the coming months.

**Susan** – Encouraged all to enter **1-800-273-8255** for the National Suicide Prevention Lifeline in their phones today and encouraged members to help prevent suicides and promote awareness.

**Dave** – ‘me too’ philosophy – selling lots of shirts at [www.metoocommunity.org](http://www.metoocommunity.org) launches Jan 1. Offices are moving Feb 28 near Cameron Village; on a personal note requested good thoughts and prayers for those so inclined for surgery for cancer on Dec 14<sup>th</sup>.

**Kristin** – The federal improvement plan has been sent to federal HHS and are awaiting formal approval to implement 7 of 14 indicators. DSS has had strong support from the legislature, 21 positions restored back to the 2008 staffing level. In short order, they are in the process of developing a child welfare strategic plan to submit to the legislature. DHHS is preparing to implement NCFast June 2017 in one county – moved up from Jan 2018. Development of family leadership council at the state level is being considered and then looking at ways to implement the same at the local level. 2 years to build this which is very exciting.

**Wes** - Community *engagement and* empowerment team – name change – added engagement; with a focus on community engagement and providing trainings in communities large and small – staff are now certified as YMHA and AMHA and also on recovery oriented system of care training. Wes will send an email regarding this to Damie to share with the Council.

**Mary** – noted the prevalence in older populations Susan disseminated today confirms the need is present. The Division of Aging awarded the recent task force and the NCIOM for highlighting the issues so well.

**Joe** – stated that more than 3,000 attended the DPI Exceptional Children’s Conference and that there are new PBIS guidelines out; DPI in discussion with DMHDDSAS to train school staff in Youth MHFA.

**13) Meeting was adjourned** by Chair. Happy and Safe Holidays to all.