**Office of the State Long Term Care Ombudsman**

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| **Region** | **Area Agency on Aging**  | **Regional Ombudsman** | **Counties Served** |
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| B | Land of Sky Regional Council339 New Leicester Hwy.Suite 140Asheville, NC 28806Toll Free: (800)727-0557P: (828)251-6622F: (828) 251-6353 | Cori Searchcori@landofsky.orgDonna Casedonnac@landofsky.orgDonna Thomasondonna@landofsky.org | BuncombeHendersonMadisonTransylvania |
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| D | High Country Council of Governments468 New Market BoulevardBoone, NC 28607Toll Free: (866) 219-3643P: (828) 265-5434 ext. 126F: (828) 265-5439 | Stevie Johnsjohn@hccog.org | AlleghanyAsheAveryMitchellWataugaWilkesYancey |
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| F | Centralina Area Agency on Aging9815 David Taylor DriveSuite 100Charlotte, NC 28262Toll Free: (800) 508-5777P: (704)348-2715(704)348-2724(704)688-6503(704) 348-2739(704) 688-6504F: (704) 347-4710 | Cindy Kincaidckincaid@centralina.orgHillary Kaylorhkaylor@centralina.orgLindsay Ticeltice@centralina.orgPatricia Cowanpcowan@centralina.orgRachel Kielrkiel@centralina.org | AnsonCabarrusGastonIredellLincolnMecklenburgRowanStanleyUnion |
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| M | Mid-Carolina Council of GovernmentsPO Box 1510Fayetteville, NC 28302P: (910) 323-4191 ext. 25F: (910) 395-2684 | Kareem Strongkstrong@mccog.org | CumberlandHarnettSampson |
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| R | Albemarle Commission512 South Church StreetHertford, NC 27944P: (252) 404-7086F: (252) 426-8482 | Vacant | CamdenChowanCurrituckDareGatesHydePasquotankPerquimansTyrrel Washington |