**Office of the State Long Term Care Ombudsman**

2101 Mail Service Center

Raleigh, North Carolina 27699-2101

(919) 855-3400

Fax: (919) 715-0364

Website: <http://www.ncdhhs.gov/aging/ombud.htm>

**Victor Orija**, State Long-Term Care Ombudsman: victor.orija@dhhs.nc.gov , (919) 855-3426

**Kendra Dixon**,Ombudsman Program Specialist:lakendra.dixon@dhhs.nc.gov,(919) 855-3433

**Renee Kea**, Ombudsman Elder Rights Specialist: renee.kea@dhhs.nc.gov, (919) 855-3431

**Celestine Boney**, Ombudsman Program Trainer: celestine.boney@dhhs.nc.gov, (919) 214-4402

|  |  |  |  |
| --- | --- | --- | --- |
| **Region** | **Area Agency on Aging**  | **Regional Ombudsman** | **Counties Served** |
| A | Southwestern Planning Commission125 Bonnie LaneSylva, NC 28779P: (828)586-1962 ext. 223F: (828) 586-1968 | Anna Rogersanna@regiona.org | CherokeeClayGrahamJacksonMaconHaywoodSwain |
| B | Land of Sky Regional Council339 New Leicester Hwy.Suite 140Asheville, NC 28806Toll Free: (800)727-0557P: (828)251-6622F: (828) 251-6353 | Cori Searchcori@landofsky.orgDonna Casedonnac@landofsky.orgDonna Thomasondonna@landofsky.org | BuncombeHendersonMadisonTransylvania |
| C | Isothermal CommissionPO Box 841Rutherfordton, NC 28139Toll Free: (800) 331-9891P: (828) 287-2281F: (828) 287-2735 | Mandy Johnsonmjohnson@foothillsregion.org Lori Simpsonlsimpson@foothillsregion.org | ClevelandMcDowellPolkRutherford |
| D | High Country Council of Governments468 New Market BoulevardBoone, NC 28607Toll Free: (866) 219-3643P: (828) 265-5434 ext. 126F: (828) 265-5439 | Stevie Johnsjohn@hccog.org | AlleghanyAsheAveryMitchellWataugaWilkesYancey |
| E | Western Piedmont Council of GovernmentsPO Box 9026Hickory, NC 28603P: (828) 485-4213P: (828) 485-4265F: (828) 322-5991 | Christina Franklinchristina.franklin@wpcog.orgAnita Robertsanita.roberts@wpcog.org | AlexanderBurkeCaldwellCatawba |
| F | Centralina Area Agency on Aging9815 David Taylor DriveSuite 100Charlotte, NC 28262Toll Free: (800) 508-5777P: (704)348-2715(704)348-2724(704)688-6503(704) 348-2739(704) 688-6504F: (704) 347-4710 | Cindy Kincaidckincaid@centralina.orgHillary Kaylorhkaylor@centralina.orgLindsay Ticeltice@centralina.orgPatricia Cowanpcowan@centralina.orgRachel Kielrkiel@centralina.org | AnsonCabarrusGastonIredellLincolnMecklenburgRowanStanlyUnion |
| G | Piedmont Triad Regional Council1398 Carrollton Crossing DriveKernersville, NC 27284P: (336) 904-0300F: (336) 904-0302 | Kim Johnsonkjohnson@ptrc.orgAshley Marcolivioamarcolivio@ptrc.orgTracy Warnertwarner@ptrc.orgCrystal Normancnorman@ptrc.org | AlamanceCaswellDavidsonDavieForsythGuilfordMontgomeryRandolphRockinghamStokesSurryYadkin |
| J | Triangle J Council of Governments4307 Emperor Blvd.Suite 110Durham, NC 27703Toll Free: (800) 310-9777P: (919) 558-2719(919) 558-2714(919) 558-9404(919) 558-2703(919) 558-9401 | Aimee Keplerakepler@tjcog.orgJennifer Linkjlink@tjcog.orgCarolyn Penningtoncpennington@tjcog.orgAutumn Coxacox@tjcog.orgAngela Woodardawoodard@tjcog.org |  DurhamChathamJohnstonLeeMooreOrangeWake |
| K | Kerr Tar Regional Council of GovernmentsPO Box 709Henderson, NC 27536Toll Free: (866) 506-6223P: (252) 436-2050F: (252) 436-2055 | Kimberly Hawkinskhawkins@kerrtarcog.org | FranklinGranvillePersonVanceWarren |
| L | Upper Coastal Plains Council of Governments121 West Nash StreetPO Box 9Wilson, NC 27893P: (252) 234-5963(252) 234-5962F: (252) 234-5971 | Tyronda Whitakertwhitaker@ucpcog.orgAnnetta Brownabrown@ucpcog.org | EdgecombeHalifaxNashNorthamptonWilson |
| M | Mid-Carolina Council of GovernmentsPO Box 1510Fayetteville, NC 28302P: (910) 323-4191 ext. 25F: (910) 395-2684 | Kareem Strongkstrong@mccog.org | CumberlandHarnettSampson |
| N | Lumber River Council of Governments30 CJ Walker RoadPembroke, NC 28358Toll Free: (866) 582-4251P: (910) 775-9761F: (910) 521-7556 | Shontelia Sowersshontelia.sowers@lrcog.org | BladenHokeRobesonRichmondScotland |
| O | Cape Fear Council of Governments1480 Harbour DriveWilmington, NC 28401Toll Free: (800) 218-6575P: (910) 395-4553F: (910) 395-2684 | Holli Blackwelderhblackwelder@capefearcog.orgJeff Brunsinkjbrunsink@capefearcog.org | BrunswickColumbusNew HanoverPender |
| P | Eastern Carolina CouncilPO Box 1717New Bern, NC 28563Toll Free: (800) 824-4648P: (252) 638-3185Ext. 3007 and Ext. 3010F: (252) 638-3187 | Angelia Pridgenapridgen@eccog.org | Carteret Craven DuplinGreene Jones LenoirOnslowPamlicoWayne |
| Q | Mid-East Commission1502 North Market StreetSuite AWashington, NC 27889P: (252) 974-1838F: (252) 946-5489 | Laura Jettljett@mideastcom.org | BeaufortBertieHertfordMartinPitt |
| R | Albemarle Commission512 South Church StreetHertford, NC 27944P: (252) 404-7086F: (252) 426-8482 | Melissa Hinesmhines@accog.org  | CamdenChowanCurrituckDareGatesHydePasquotankPerquimansTyrrellWashington |