

**Division of Aging and Adult Services
North Carolina Long Term Care Ombudsman Program**

Office of the State Long Term Care Ombudsman

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Region	Area Agency on Aging	Regional Ombudsman	Counties Served
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B	Land of Sky Regional Council 339 New Leicester Hwy. Suite 140 Asheville, NC 28806 Toll Free: 1-800-727-0557 P: (828)251-6622 F: (828) 251-6353	Cori Search cori@landofsky.org Donna Case donnac@landofsky.org Donna Thomason donna@landofsky.org	Buncombe Henderson Madison Transylvania
C	Foothills Regional Commission <i>(Previously Isothermal Commission)</i> PO Box 841 Rutherfordton, NC 28139 Toll Free: 1-800-331-9891 P: (828) 287-2281 F: (828) 748-4023	Mandy Johnson mjohnson@foothillsregion.org Lori Simpson lsimpson@foothillsregion.org	Cleveland McDowell Polk Rutherford
D	High Country Council of Governments 468 New Market Boulevard Boone, NC 28607 Toll Free: 1-866-219-3643 P: (828) 265-5434 ext. 126 F: (828) 265-5439	Stevie Welborn swelborn@hccog.org	Alleghany Ashe Avery Mitchell Watauga Wilkes Yancey

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F	<p>Centralina Regional Council 10735 David Taylor Drive Suite 250 Charlotte, NC 28262 Toll Free: 1-800-508-5777 P: (704) 348-2724 (704) 688-6503 (704) 348-2739 (704) 348-2736 (704) 688-6504 F: (704) 347-4710</p>	<p>Hillary Kaylor hkaylor@centralina.org</p> <p>Patricia Cowan pcowan@centralina.org</p> <p>Rachel Kiel rkiel@centralina.org</p> <p>Rochelle Mclver rmciver@centralina.org</p> <p>Jeanette Mullies jmullies@centralina.org</p>	<p>Anson Cabarrus Gaston Iredell Lincoln Mecklenburg Rowan Stanly Union</p>
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J	<p>Central Pines Regional Council <i>(Previously Triangle J Council of Governments)</i> 4307 Emperor Blvd. Suite 110 Durham, NC 27703 Toll Free: 1-800-310-9777 P: (919) 558-2719 (919) 558-2703 (919) 558-9404 (919) 558-2714</p>	<p>Aimee Kepler akepler@centralpinesnc.gov</p> <p>Carolyn Pennington cpennington@centralpinesnc.gov</p> <p>Autumn Cox acox@centralpinesnc.gov</p> <p>Angela Woodard awoodard@centralpinesnc.gov</p> <p>Tracy Burton tburton@centralpinesnc.gov</p>	<p>Durham Chatham Johnston Lee Moore Orange Wake</p>
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