**SAFE WATER**

1. **Stay Hydrated Safely!** Flooding can contaminate our water sources. Avoid using contaminated water for drinking or cooking. Always ensure your water is safe! #SafeWater #FloodRecovery #HurricaneHelene #WeareNCPublicHealth
2. **Boil It Before You Drink It!** If you don't have bottled water, boil your water for at least one minute to kill germs. Your health matters! #SafeWater #HurricaneHelene #WeareNCPublicHealth
3. **Know What to Avoid!** Never use water from heating systems or contaminated wells for drinking or hygiene as these can pose serious health risks. Use safe water from one of the locations offering bottled water in your area. Stay safe! #SafeWater #HurricaneHelene #WeareNCPublicHealth
4. **Filter First!** If your water is cloudy, filter it through a cloth before boiling to ensure it’s safe to drink. Protect your family! #SafeWater #HurricaneHelene #WeareNCPublicHealth
5. **Plan Ahead!** Identify safe water sources after flooding and always have a backup plan for clean drinking water. #SafeWater #HurricaneHelene #WeareNCPublicHealth

For more detailed guidance, check out all the tips here: <https://www.ncdhhs.gov/safe-water-simplified/download?attachment>