



What is SafeCare®?

Established in 1979, SafeCare is a brief evidence-based home visiting program for caregivers of children under the age of 5. SafeCare includes 3 modules, delivered across 18 weekly home visits. The program focuses on three key outcomes that are universally important for families: creating positive relationships between caregivers and their children, ensuring homes are safe to reduce the risk of unintentional child injury, and keeping children as healthy as possible.

SafeCare Modules

- **Parent-Child/Infant Interaction (PCI/PII)** module strengthens caregiver skills in structuring daily activities for their children, providing engaging and stimulating activities, increasing positive interactions, and preventing challenging child behavior.
- **Child Health** module supports parents in responding to childhood illnesses and injuries, and offers a structured process to determine when and how to care for their child's health.
- **Home Safety** module engages parents in identifying and eliminating common household hazards, and highlights the importance of developmentally appropriate supervision.

Evidence Base

Randomized studies have shown positive outcomes for SafeCare as compared to general services offered in prevention *and* child welfare settings. Parent and child outcomes include: 1) improvement in target parenting skills, 2) reduced likelihood of child maltreatment perpetration, 3) reduced parental depression, 4) improved adaptive child behavior functioning and 5) high levels of program engagement/ completion.

SafeCare is listed by several evidence-based practice lists including: the Title IV-E Prevention Services (FFPSA) Clearinghouse, the Maternal, Infant, and Early Childhood Home Visiting (MIECHV) HomVEE list, the California Evidence-Based Clearinghouse for Child Welfare (CEBC), and the Washington State Institute for Public Policy (WSIPP).

Cost-Benefit

[The Washington State Institute of Public Policy](https://www.wsipp.wa.gov/) found that SafeCare yields **\$20.80 in benefit for every dollar spent** on implementation.

Reach

There are more than 100 accredited SafeCare agencies across the United States and internationally. For accredited sites, see: <https://safecare.publichealth.gsu.edu/>.