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| **Slides** | **DATE** | **TWITTER (280 char MAX)** | **FACEBOOK + INSTAGRAM** | **IMAGE TEXT ONLY** | **ALT Text for Graphic** |
| **1 - 5** |  | After severe flooding, losing access to sewer and septic systems may expose communities to human waste and cause serious illness. It is important to know how you could be exposed to sewage and how to prevent yourself from becoming sick.  Learn more about [how to stay safe following a flood.](https://www.cdc.gov/floods/safety/floodwater-after-a-disaster-or-emergency-safety.html#cdc_preparedness_steps_h2-protect-yourself-from-illness-and-injuries) | After severe flooding, losing access to sewer and septic systems may expose communities and the environment to human waste. This sewage from households or buildings can contain human fecal waste with germs such as bacteria and viruses, intestinal worms, and parasites. It is important to understand how you can be exposed to sewage and how to prevent yourself from becoming sick.  Learn more about [how to stay safe following a flood.](https://www.cdc.gov/floods/safety/floodwater-after-a-disaster-or-emergency-safety.html" \l "cdc_preparedness_steps_h2-protect-yourself-from-illness-and-injuries) | Set 1 | *Image 1: Title reads “Sewage Safety: Exposure to sewage can make you sick. Learn how to protect yourself.” With an arrow pointing to the right.*  *Image of a broken pipe that’s part of a sewage line leaking into mud.*  *The bottom of the image has an illustration of a toilet with the text “For more information, please visit ncdhhs.gov/helene”*  *Image 2: Title reads “What is sewage and why should you protect yourself from it?” With text following that reads “Sewage is water from household or building use (such as toilets, showers and sinks) that can contain human fecal waste. This flows through a sewer system or septic tank.*  *Sewage may contain harmful germs (bacteria and viruses), intestinal worms and parasites.”*  *Image of a septic tank in the background.*  *The bottom of the image has an illustration of a toilet with the text “For more information, please visit ncdhhs.gov/helene”*  *Image 3: Text reads “You can be exposed to sewage if: Your hands are contaminated and you touch your mouth when eating, drinking or smoking.*  *Sewage gets into cuts, scratches or wounds.*  *You walk in sewage that has run out onto the ground.*  *You wipe your face with dirty hands or gloves.”*  *Image of flooded yard in the background.*  *The bottom of the image has an illustration of a toilet with the text “For more information, please visit ncdhhs.gov/helene”*  *Image 4: Text reads “How can you get sick from sewage? Sewage contains germs like bacteria and viruses that can make you sick.*  *It can also contain parasites or worms that can infect your stomach, intestines or liver.”*  *Image of woman holding her stomach on a toilet in the background.*  *The bottom of the image has an illustration of a toilet with the text “For more information, please visit ncdhhs.gov/helene”*  *Image 5: Text reads “How to protect yourself from raw sewage. Wash your hands before touching your face*  *Do not let sewage get into open cuts*  *Do not walk barefoot in a flooded area*  *Wash hands with water and soap before eating, after using the toilet and after working*  *Keep fingernails short*  *Wear waterproof gloves*  *Talk to your medical provider if you feel sick*  *Keep up to date on vaccines”*  *Image of hands covered in soap in the background.*  *The bottom of the image has an illustration of a toilet with the text “For more information, please visit ncdhhs.gov/helene”* |
| **6 - 7** |  | After major flooding, it is important to protect yourself from exposure to sewage. Washing your hands often and not walking barefoot in a yard can help prevent you from becoming sick.  Learn more about [how to protect yourself from illness after a flood](https://www.cdc.gov/floods/safety/floodwater-after-a-disaster-or-emergency-safety.html#cdc_preparedness_steps_h2-protect-yourself-from-illness-and-injuries). | After a major flooding event, it is important to protect yourself from exposure to sewage. There are several things you can do to avoid becoming sick, including washing your hands after using the toilet and not walking barefoot in places where the soil may be contaminated with human waste.  Learn more about [how to protect yourself from illness after a flood.](https://www.cdc.gov/floods/safety/floodwater-after-a-disaster-or-emergency-safety.html" \l "cdc_preparedness_steps_h2-protect-yourself-from-illness-and-injuries)  Learn more about sewage exposure and how it can make you sick (link to “Exposure to sewage can make you sick” infographic) | Set 2 | *Image 1: Illustrated image of a sewage pipe dumping water contents out of it. Title reads “Protect yourself from raw sewage”*  *Text reads “Heavy rain and severe flooding can increase your chances of being exposed to raw sewage. Take steps to protect yourself.” with an arrow pointing to the right.*  *The bottom of the image has an illustration of a toilet with the text “For more information, please visit ncdhhs.gov/helene”*  *Image 2: Steps for protecting yourself from raw sewage.*  *Text reads:*  *“Wash your hands before you touch your nose, mouth, eyes or ears.*  *DO NOT let sewage get into open cuts, sores or wounds.*  *DO NOT walk barefoot in the yard where the soil may be contaminated with poop.*  *Wash your hands well with clean water and soap before you eat or smoke, after using the toilet and after working.*  *Keep your fingernails short. Use a stiff soapy brush to clean under your nails.*  *Wear waterproof gloves if you handle wastewater, sludge or grit; or if you clean pumps or screens.*  *Talk to your doctor or nurse about any symptoms of being sick from sewage.*  *Seek appropriate treatment from your doctor if diagnosed with a bacterial or viral illness, parasite or worm.*  *Keep up to date on all your shots. Hepatitis A shots are good to have.”*  *The bottom of the image has an illustration of a toilet with the text “For more information, please visit ncdhhs.gov/helene”* |
| **8 - 11** |  | When your toilet will not flush correctly, there are alternative ways to safely use a toilet. You can modify your toilet to collect waste without flushing or using a bucket.  Learn more about [available Hurricane Helene recovery resources](https://www.ncdhhs.gov/assistance/hurricane-helene-recovery-resources/hurricane-helene-recovery-communications-toolkit). | When your toilet will not flush correctly, there are alternative ways to go to the bathroom. If available, you can use another working bathroom, modify your toilet to collect waste without flushing or use a five-gallon bucket if a toilet is not available.  Learn more about [available Hurricane Helene recovery resources](https://www.ncdhhs.gov/assistance/hurricane-helene-recovery-resources/hurricane-helene-recovery-communications-toolkit). | Set 3 | *Image 1: Title reads “Toilet Use During an Emergency”*  *Text reads “When your toilet does not flush correctly, use these alternative ways to go to the bathroom.” Arrow pointing to the right.*  *Image of hand lifting up toilet seat in the background.*  *The bottom of the image has an illustration of a toilet with the text “For more information, please visit ncdhhs.gov/helene”*  *Image 2: Text reads “Option 1: Use someone else’s working toilet. This could be your neighbor, friend, family or local business.”*  *Illustration of a house with an arrow pointing to another house next to it.*  *Image of hand lifting up toilet seat in the background.*  *The bottom of the image has an illustration of a toilet with the text “For more information, please visit ncdhhs.gov/helene”*  *Image 3: Text reads “Option 2: Turn off water and use trash bags. 1.Turn off the water valve and flush out any water still in the bowl. It should not refill with water.*  *2.Line your toilet bowl with a plastic bag inside another kitchen garbage bag.*  *3.If available, put something inside the bag to absorb liquid and help limit odor (such as kitty litter, peat moss, lime, bleach or disinfectant).*  *4.Properly store bags away from kids and animals by placing used bags inside a garbage can.”*  *Illustration of empty toilet bowl and an arrow pointing at another toilet bowl lines with a trash bag.*  *Image of hand lifting up toilet seat in the background.*  *The bottom of the image has an illustration of a toilet with the text “For more information, please visit, ncdhhs.gov/helene”*  *Image 4: Text reads “Option 3: Use a five-gallon bucket. You can add a toilet seat and set it up like option 2. Disinfect with bleach or discard bucket after use.”*  *Illustration of a five-gallon bucket.*  *Image of hand lifting up toilet seat in the background.*  *The bottom of the image has an illustration of a toilet with the text “For more information, please visit ncdhhs.gov/helene”* |