MAXIMUM MONTHLY ALLOWANCES OF SUPPLEMENTAL FOODS FOR FOOD PACKAGES I - VII

Food Package I, II, III

Fully Breastfed Infants

0 through 5 months (Food Package I)	
Supplemental Foods	**Maximum Monthly Allowances**
None	
6 through 11 months (Food Package II)	
Supplemental Foods	
Infant cereal	24 ounces
Infant fruits and vegetables	256 ounces
Infant meats	77.5 ounces

Partially Breastfed Infants

0 months (Food Package I & III)	
Supplemental Foods	**Maximum Monthly Allowances**
Similac Advance Powder	No more than 1 Can
1 through 3 months (Food Package I & III)	
Foods	
Similac Advance Powder	5 Cans
4 through 5 months (Food Package I & III)	
Supplemental Foods	
Similac Advance Powder	5 Cans
6 through 11 months (Food Package II & III)	
Supplemental Foods	
Similac Advance Powder	4 Cans
Infant cereal	24 ounces
Infant fruits and vegetables	128 ounces

MAXIMUM MONTHLY ALLOWANCES OF SUPPLEMENTAL FOODS FOR FOOD PACKAGES I - VII

- **Fully Formula Fed Infants**

0 through 3 months (Food Package I & III)	
Supplemental Foods	**Maximum Monthly Allowances**
Similac Advance Powder	9 Cans
4 through 5 months (Food Package I & III)	
Supplemental Foods	
Similac Advance Powder	10 Cans
6 through 11 months (Food Package II & III)	
Supplemental Foods	
Similac Advance Powder	7 Cans
Infant cereal	24 ounces
Infant fruits and vegetables	128 ounces

- **Food Package IV**

  - **Children**

1 through 4 years	
Foods	**Maximum Monthly Allowances**
Juice	128 fluid ounces
Milk	4 gallons
Breakfast cereal	36 ounces
Eggs	1 dozen
Fruits and vegetables	$9.00 in cash value benefits
Whole wheat bread or whole grains	32 ounces
Dry or canned beans, peas or lentils OR peanut butter	1 container beans/peas:16-ounce bag dry **or** (4) 15-16-ounce cans **or** peanut butter 16-18 ounces

MAXIMUM MONTHLY ALLOWANCES OF SUPPLEMENTAL FOODS FOR FOOD PACKAGES I - VII

Food Package V

- **Pregnant women**
- **Pregnant women who are fully formula feeding an infant**
- **Pregnant women who are breastfeeding (single or multiple infants) > MMA**
- **Partially breastfeeding women ≤ MMA**

Up to 1 year postpartum	
Foods	**Maximum Monthly Allowances**
Juice	144 fluid ounces
Milk	5.5 gallons
Breakfast cereal	36 ounces
Eggs	1 dozen
Fruits and vegetables	$11.00 in cash value benefits
Whole wheat bread or whole grains	16 ounces
Peanut butter	(1) 16-18-ounce container
Dry or canned beans, peas or lentils	1 container beans/peas:16-ounce bag dry **or** (4) 15-16-ounce cans

Food Package VI

- **Non-breastfeeding postpartum women**
- **Partially breastfeeding women (single or multiple infants) >MMA**

Up to 6 months post-partum	
Foods	**Maximum Monthly Allowances**
Juice	96 fluid ounces
Milk	4 gallons
Breakfast cereal	36 ounces
Eggs	1 dozen
Fruits and vegetables	$11.00 in cash value benefits
Dry or canned beans, peas or lentils or peanut butter	1 container beans/peas:16-ounce bag dry **or** (4) 15-16-ounce cans **or** peanut butter 16-18 ounces

MAXIMUM MONTHLY ALLOWANCES OF SUPPLEMENTAL FOODS FOR FOOD PACKAGES I - VII

- **Food Package VII**

  - **Fully breastfeeding women whose infant does not receive formula from WIC**
  - **Partially breastfeeding multiple infants (from the same pregnancy) who receive formula amounts ≤ MMA;**
  - **Pregnant and fully breastfeeding;**
  - **Pregnant and partially breastfeeding ≤ MMA**
  - **Pregnant with multiples or Pregnant with multiples AND fully breastfeeding, or partially breastfeeding ≤ MMA or > MMA, or fully formula feeding**

Up to 1 year postpartum	
Foods	**Maximum Monthly Allowances**
Juice	144 fluid ounces
Milk	6 gallons
Breakfast cereal	36 ounces
Cheese	1 pound
Eggs	2 dozen
Fruits and vegetables	$11.00 in cash value benefits
Whole wheat bread or whole grains	16 ounces
Fish*	30 ounces
Peanut butter	(1) 16-18-ounce container
Dry or canned beans, peas or lentils	1 container beans/peas:16-ounce bag dry **or** (4) 15-16-ounce cans

***Fish can be only issued to fully breastfeeding women for Food Package VII**

- **Food Package VII x 1.5**
  - **Fully breastfeeding multiple infants who do not receive formula from WIC**

Up to 1 year post-partum	
Foods	**Maximum Monthly Allowances**
Juice	216 fluid ounces
Milk	9 gallons
Breakfast cereal	54 ounces
Cheese	1.5 pounds
Eggs	3 dozen
Fruits and vegetables	$16.50 in cash value benefits
Whole wheat bread or whole grains	24 ounces
Fish	45 ounces
Peanut Butter	(1.5) 16-18-ounce container
Dry or canned beans, peas or lentils	1.5 container beans/peas:16-ounce bag dry **or** (4) 15-16-ounce cans