

All Ages, All Stages NC

A Roadmap for Aging and Living Well

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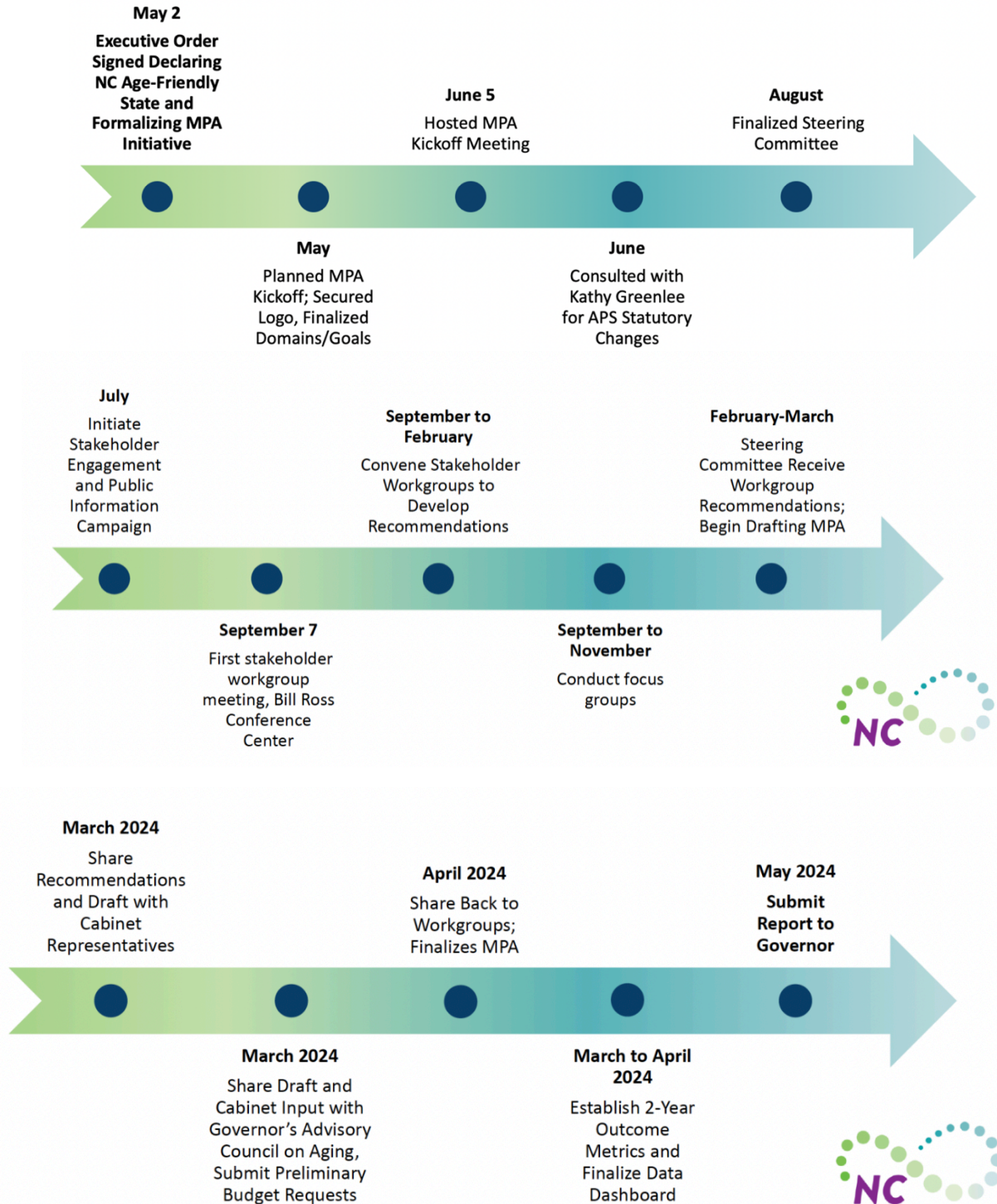


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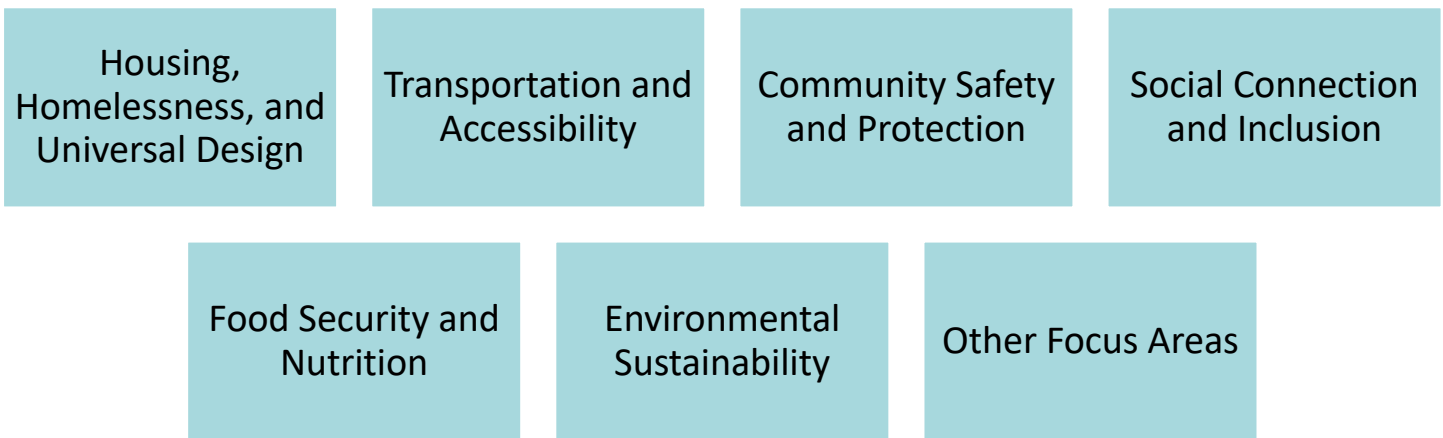




North Carolinians will live in communities, neighborhoods, and homes that support thriving at all stages and ages.

The Strengthening Communities for a Lifetime workgroup focuses on creating inclusive and age-friendly communities by identifying strategies and initiatives that address housing, transportation, social engagement, healthcare access, and community services.

Possible focus areas:



- **Housing and Homelessness:** Expand and strengthen housing options while addressing homelessness through initiatives such as affordable housing programs, supportive services, and homelessness prevention strategies.
- **Transportation and Accessibility:** Improve transportation resources and accessibility for all community members, including enhancing public transportation systems, promoting active transportation (cycling, walking), and ensuring access for people with disabilities.
- **Community Safety and Protection:** Enhance community safety by implementing measures such as crime prevention programs, neighborhood watch initiatives, and providing resources for disaster preparedness and emergency response.
- **Social Connection and Inclusion:** Combat social isolation by developing programs and activities that foster social connections among community members, especially vulnerable populations, and promote inclusivity and diversity.
- **Food Security and Nutrition:** Ensure food security by addressing food deserts, promoting access to healthy and affordable food options, and supporting initiatives such as community gardens, food banks, and nutrition education.
- **Environmental Sustainability:** Foster climate-friendly initiatives by promoting energy efficiency, renewable energy adoption, waste reduction, and sustainable practices in community planning and development. Additionally, ensure access to broadband internet for all community members to bridge the digital divide and enable equitable access to online resources and opportunities.

Strengthening Communities for a Lifetime: Guide to Existing Efforts & Recommendations

This guide will highlight recommendations and goals drawn from current initiatives that align with the Strengthening Communities for a Lifetime domain of the All Ages, All Stages NC Multisector Plan for Aging (MPA) Initiative. These recommendations/goals have been categorized into potential focus areas, providing a clear and concise overview of the key strategies for addressing the challenges and opportunities within this domain.

Housing and Homelessness:

- [State Housing Plan](#): Coordinate and integrate housing and service delivery systems.
- State Housing Plan: Strengthen the capacity of local housing and service providers.
- State Housing Plan: Increase the supply of affordable and accessible housing.
- State Housing Plan: Engage in public education and advocacy.
- [Olmstead Plan](#): See housing and homelessness goal.
- [State Aging Plan](#): See housing and homelessness goal.
- NCIOM Healthy Aging Taskforce Recommendation: Recommendation 2 - Ensure safe and affordable housing for older adults: Summit, use of HCCBG Funds, and home modification programs.
- Age-friendly initiative: Encourage age-friendly infrastructure for older adults (Ensure that there is adequate infrastructure (transportation, buildings, parks, housing, etc.) that accommodates for older adults).

Transportation and Accessibility:

- [NC DOT NC Moves Plan](#): Improve Transportation through Technology.
- NC DOT NC Moves Plan: Provide Transportation Access for All.
- NC DOT NC Moves Plan: Ensure safety and security.
- NC DOT NC Moves Plan: Support a strong economy.
- NC DOT NC Moves Plan: Maintain a high-quality system.
- [NC Falls Prevention Coalition Strategic Plan](#): Goal 1. Enhance opportunities for collaboration & networking among falls prevention partners.
- Age-friendly initiative: Encourage age-friendly infrastructure for older adults (Ensure that there is adequate infrastructure (transportation, buildings, parks, housing, etc.) that accommodates for older adults).
- State Aging Plan: Objective 2.2: Continue to improve transportation for older adults by supporting a more responsive, coordinated, diverse, and inclusive transportation system.

Community Safety and Protection:

- 2022 report from Governor's Advisory Council on Aging (GAC): Maintain the APS Essential Services Fund (ESF)
- 2022 report from GAC: Update the state's outdated APS statutes.
- State Aging Plan: See Safety, Protection & Advocacy goal.
- [Adult Protective Services Improvement Plan](#): Increase public awareness of APS, develop clear policies and procedures for APS, strengthen partnerships with other agencies, and increase APS funding and training for APS staff.
- NCIOM Taskforce recommendations: Recommendation 6 - Strengthen Existing Programs and Services: Senior Centers, increase funding, increase access to All-Inclusive Care (PACE), conduct further research to increase access, strengthen Adult Protective Services

Social Connection and Inclusion:

- NCCOA Recommendations: Expand access to affordable long-term care services.
- 2022 GAC report: Expand the number of PACE Programs
- 2022 GAC report: Address digital equity for older adults
- GAC Recommendations: Digital Equity: advances for older adult ability to participate in society more fully as workers, recipients of services, and as social beings.
- [DHHS Strategic Plan](#): Improve child and family well-being so all children can develop to their full potential and thrive.
- NCIOM Taskforce recommendations: Recommendation 3 - Ensure digital equity for older adults thru increase internet access, digital literacy thru libraries etc.
- NCIOM taskforce recommendations: Recommendation 7 - Include Aging in Local Public Health & Hospital Community Health Assessments
- NCIOM taskforce recommendations: Recommendation 8 - Connect Health Care with Aging Issues
- NCIOM taskforce recommendation: Recommendation 11 - Improve Ability of Community Health Workers to Address the Needs of Older Adults
- State Aging Plan: See advancing equity goal 6 on digital equity and healthy aging goal 2 on social connection and mental health

Food Security and Nutrition:

- 2022 report from GAC: Convene a senior hunger summit.
- NCIOM taskforce recommendations: strategy 4 increase update of food and nutrition services.
- NCIOM taskforce recommendations: Identify and Address Health Issues Related to Getting Adequate Nutrition
- State Aging Plan: See healthy aging goal 2 on nutrition

Environmental Sustainability:

- [Dementia-friendly initiative](#): Emphasizes the importance of creating supportive and inclusive environments for individuals with dementia, promoting awareness and understanding, and improving care in various settings, including communities and hospitals.

Other:

- NCIOM taskforce recommendations: Recommendation 10 - Ensure a Strong Community Workforce to Serve Older Adults



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

NORTH CAROLINA DEPARTMENT OF HEALTH AND HUMAN SERVICES (NC DHHS)

All Ages, All Stages NC (MPA)

Strengthening Communities for a Lifetime

Stakeholder Workgroup Charter

September 7, 2023

Purpose:

The purpose of the Multisector Plan for Aging (MPA) is to provide a blueprint for state government, local government, private sector, and philanthropy to implement strategies and partnerships that promote aging with optimal health, choice, and dignity, and build an age-friendly State for all North Carolinians. The purpose of the stakeholder workgroups (SW) is to contribute expertise and insights, sharing perspectives on aging and disabilities.

Objectives:

The objectives of the stakeholder workgroups are:

- **To understand existing related initiatives and recommendations.**
- **To provide expertise and input regarding what is needed to advance the overall goals of the domain they represent.**
- **To develop recommendations relevant to their workgroup's focus areas.**

Membership:

Membership reflects a broad array of stakeholders and professionals with an interest and expertise. The MPA SW is facilitated by the two co-leads and champion(s) from the steering committee.

Guiding Principles:

1. **Diversity, Equity, and Inclusion**: The work of the MPA will be guided by principles of diversity, equity, and inclusion. The development of goals and strategies within the plan will be shaped by these principles. Additionally, equity considerations will be integrated into the evaluation efforts, ensuring that the impact of the plan is assessed across diverse populations.
2. **Collaboration and Openness**: SW meetings will foster a collegial and open environment that promotes collaboration. All members of the SW will be encouraged to express their diverse and innovative points of view. The value of knowledge and expertise from every team member will be acknowledged and respected, creating an inclusive space for contributions.
3. **Transparency and Open Communication**: SW meetings will prioritize transparency by promoting open communication among all participants. Information sharing, updates, and discussions will be conducted in a transparent manner, ensuring that all relevant stakeholders have access to the necessary information and are engaged in the decision-making process.
4. **Person-Centered, Data-Driven Approach**: SW meetings will adopt a person-centered, data-driven approach, aligning with the values of the Administration and reflecting the principles of the NC DHHS. Decision-making will be guided by reliable data and evidence, ensuring that actions are based on accurate information and assessment.

Operating Principles:

1. **Frequency of SW Meetings**: The SW convene twice a month between September 2023 and February 2024. The specific dates and times will be determined in advance and communicated to all SW members.
2. **Meeting Agendas**: The co-leads and champions will work together with a project staff in preparing and distributing meeting agendas for each SW meeting. The agendas will be shared with SW members at least 3 days prior to the scheduled meeting. SW members are encouraged to suggest agenda items to ensure all relevant topics are addressed.
3. **Meeting Facilitation**: Each SW meeting will be facilitated by co-leads, with support from a champion. Subject matter experts and cabinet agency representatives may be consulted or invited to attend the meeting as needed, based on the agenda items to provide additional insights or guidance.
4. **Meeting Minutes**: Minutes for each SW meeting will be prepared and distributed within 3 days after the meeting by the assigned project staff, in collaboration with the co-leads and champions. The minutes will include a summary of decisions made, accomplishments achieved, agreed-upon actions, and any issues tabled for future discussion.

SW Member Responsibilities:

1. **Meeting Attendance**: SW members are expected to prioritize meeting attendance.
2. **Active Participation**: SW members are encouraged to engage actively in meetings by contributing to discussions, sharing their perspectives, and providing input on relevant topics. Active participation ensures a diverse range of viewpoints and promotes effective decision-making.
3. **Review and Feedback**: SW members are responsible for reviewing materials provided before and during SW meetings. These materials may include agendas, reports, documents, proposals, or other relevant information. Members should take the time to review these materials and provide feedback as needed.
4. **Consistent Presentation Materials**: SC members are expected to maintain consistent messaging when providing outreach or sharing information to the public to foster professionalism and clarity in communication. Materials presented should maintain a standardized format. Members can obtain materials from the Project Manager to use for all formal presentations, reports, and documents.
5. **Travel Accommodations**: If travel is necessary for SW meetings or related activities, SW members are responsible for arranging their own accommodations and covering related costs.