



**NC Department of Health and Human Services
Division of Mental Health, Developmental Disabilities, and Substance Use Services**

Suicide Prevention Week Lunch & Learn

Lisa DeCiantis, Crisis Services Team Lead, NCDHHS Division of Mental Health, Developmental Disabilities, and Substance Use Services

Hannah Harms, State Suicide Prevention Coordinator

Anne Geissinger, NC Comprehensive Suicide Prevention Program Coordinator; NCDHHS Division of Public Health, Injury and Violence Prevention

Jane Ann Miller, NC Comprehensive Suicide Prevention Program Manager, NCDHHS Division of Public Health, Injury and Violence Prevention

Brittany Jones, NCDHHS 988 Grant Lead, Division of Mental Health, Developmental Disabilities and Substance Use Services

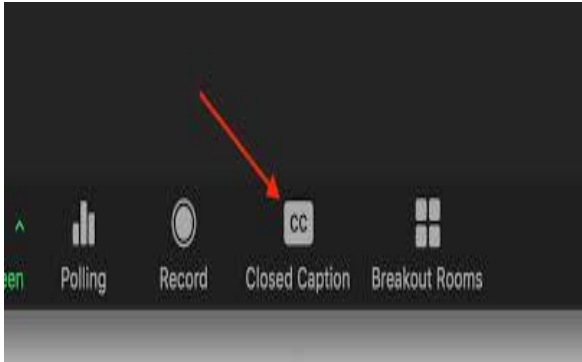
September 10, 2024

Housekeeping

- Reminders about the webinar technology:
 - Please make sure you are using a computer or smart phone connected to the internet, and the audio function is on, and the volume is turned up.
 - Please make sure your microphone is muted for the duration of the call unless you are speaking or asking questions.
 - Questions can be submitted any time during the presentation using the “Q&A” box located on your control panel, and we will answer as many questions as time allows after the presentation.



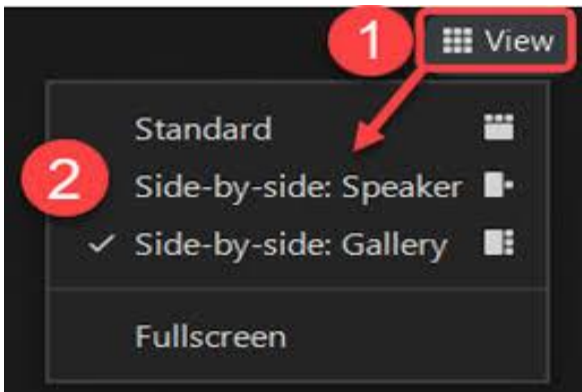
Housekeeping



- American Sign Language (ASL) Interpreters and Closed-Captioning
 - ASL Interpreters and Closed-Captioning options will be available for today's event.
 - For closed-captioning options select the "Closed Caption" feature located on your control panel.

Intérpretes en lengua de signos americana (ASL) y subtítulos:

Habrá intérpretes de ASL y opciones de subtítulos disponibles para el evento de hoy. Para opciones de subtítulos, seleccione la función "Subtítulos" ubicada en su panel de control.



- Adjusting Video Layout and Screen View
 - Select the "View" feature located in the top-right hand corner of your screen.

Agenda

1. Introductions
2. Overview
3. Presentation
4. Q&A

Kelly Crosbie, MSW, LCSW, DMHDDSUS Director



- 30 years in MH/SU/IDD Field
- 13 years in DHHS
- DMHDDSUS since Dec 2022
- Licensed Clinical Social Worker (LCSW)
- Person with lived experience

Presentation

Lisa DeCiantis, MA LCMHC

Crisis Services Lead



- Division of Mental Health Developmental Disability and Substance Use Services
- 22 years in MH/SUD Field
- NCDHHS since 2015
- Lisa.deciantis@dhhs.nc.gov

988: Suicide and Crisis Lifeline

- National 9-8-8 Suicide and Crisis Lifeline was launched on July 16, 2022
- 24-hour access to trained crisis counselors
- Reached through
 - 988 or 1-800-273-TALK (8255) - call/text
 - Text *Ayuda* to 988
 - 988lifeline.org or 988lineadevida.org/– chat
- Calls routed to call center based on caller’s area code
 - Intro message comes on with prompts
 - Press “2” Spanish (average 174 per month)
 - Press “1” Veterans line (average 1,933)
 - Press “3” LGBTQ+ (ages 13 – 24) (average 423 since July 2023)
 - Video phone caller directly routed to American Sign Language call center
- Assessment will determine the need for further intervention (Mobile Crisis, Law Enforcement, Warm Hand-off to LMEs, Referral to community)



988: Facts & Figures

- **Every** person who connects with 988 is offered support
- Currently, over 8,000 people reach out 988 each month in North Carolina
- Approximately 60% of individuals are reaching out for the first time
- Approximately 40% are repeat callers looking for additional support
- 75% of individuals with thoughts of suicide reported improvement in how they were feeling by the end of their call
- Individuals calling can remain anonymous
- Can reach out if your concerned about someone else

NC 988 Performance Dashboard



NC DEPARTMENT OF
HEALTH AND HUMAN SERVICES
Division of Mental Health,
Developmental Disabilities and
Substance Use Services

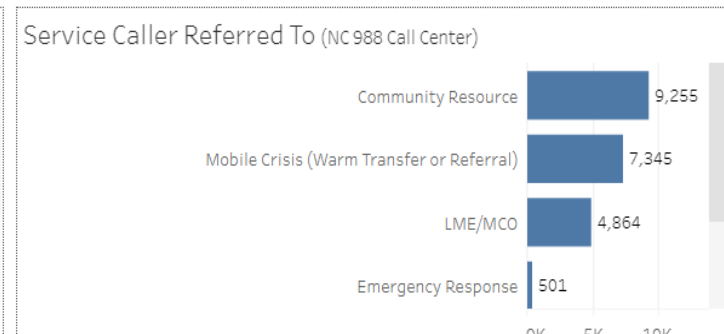
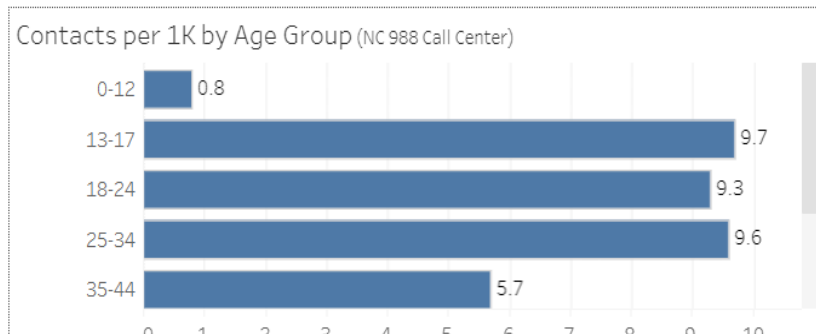
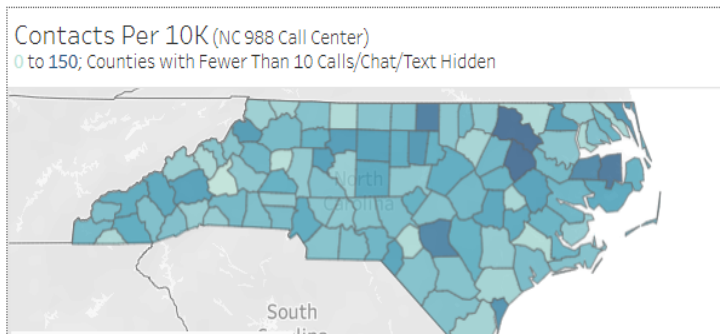
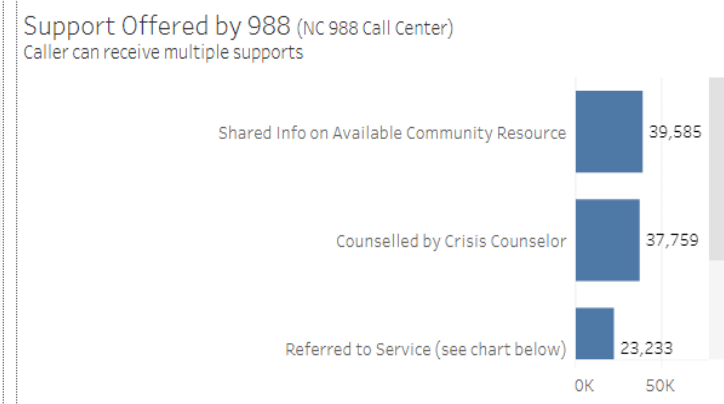
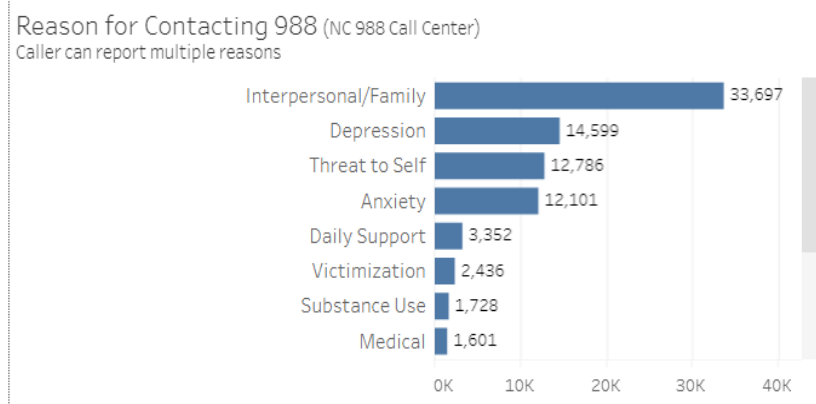
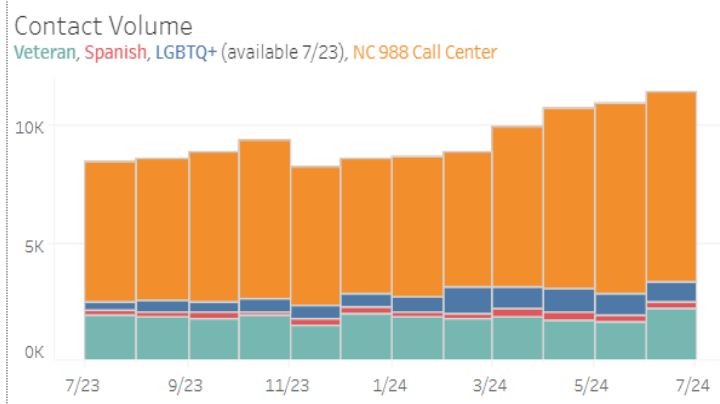
North Carolina 988 Performance Dashboard

Past 12 Months (7/23-6/24)

The 988 Suicide & Crisis Lifeline offers 24/7 call, text, and chat access to trained crisis counselors who can help people experiencing suicidal, substance use, and/or mental health crisis, or any other kind of emotional distress. When an individual contacts (defined as a call, chat, or text) 988, the contact goes to the National Operator (Vibrant Emotional Health). The individual may choose a specialized hotline (Veteran, Spanish, LGBTQ+), which will route them to a specialized call center. If they don't choose a hotline, their area code is used to route them to the NC 988 call center (REAL Crisis Intervention Inc.). If a contact is unanswered by the NC 988 call center after 2 minutes, it is routed back to the National Operator for a response.

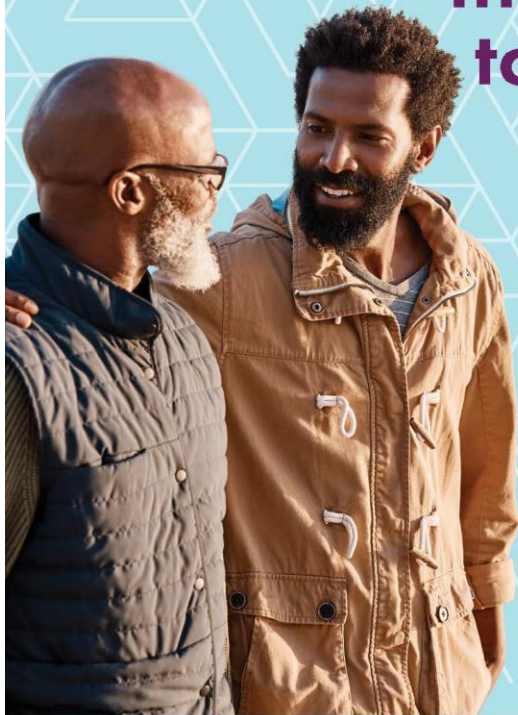


112,757 NC Contact Volume	98.0% NC 988 Call Center Answer Rate	14.2 seconds Avg Time to Answer Calls (NC 988 Call Center)	45.5% of Contacts are from Repeat Callers (NC 988 Call Center)	9.3% of Contacts Referred to Mobile Crisis (NC 988 Call Center)
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When should someone reach out to 988?

Anytime – If you are thinking about reaching out...do it!

A photograph of two men standing outdoors. The man on the left is bald with a grey beard and glasses, wearing a dark quilted vest over a blue shirt. The man on the right has a beard and glasses, wearing a tan jacket. They are both smiling and looking at each other.

Let's get through it together.

We care, we listen, we help.

Call, text or chat 988 – anytime.

988lifeline.org

Stock photo. Posed by model. For illustrative purposes only.

A photograph of a woman with glasses and a grey shirt, sitting in a wheelchair. She is smiling and looking towards the camera. The background is a light blue geometric pattern.

Podemos resolverlo juntos.

Llama, chatea o envía un texto al 988 a cualquier hora.
988lifeline.org/es

Foto de archivo. Retrato de modelo. Para fines ilustrativos únicamente.



988 **LÍNEA DE PREVENCIÓN DEL SUICIDIO Y CRISIS**



NC Department of Health and Human Services
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988 **SUICIDE & CRISIS LIFELINE**

Statewide Peer Warm Line

- 24/7 Peer Support
- Can call the Peer Warmline Directly OR 988 can do a warm transfer.
- Peer Support Specialists are people living in recovery with a mental illness and/or substance use disorder
 - offer non-clinical support and resources to those who reach out
 - offer a unique perspective of shared experiences



Hannah Harms, State Suicide Prevention Coordinator, DHHS Office of the Secretary



- Office of the Secretary
- UNC Suicide Prevention Institute (SPI)
- NCDHHS since 2023
- Hannah.Harms@dhhs.nc.gov

New: Suicide Prevention Landing Page

Suicide and Crisis Lifelines



Resources for You



Resources for Your
Community



Resources for Providers

Suicide Prevention Means Matter

How to Talk About Suicide



Data Sources



Toolkits



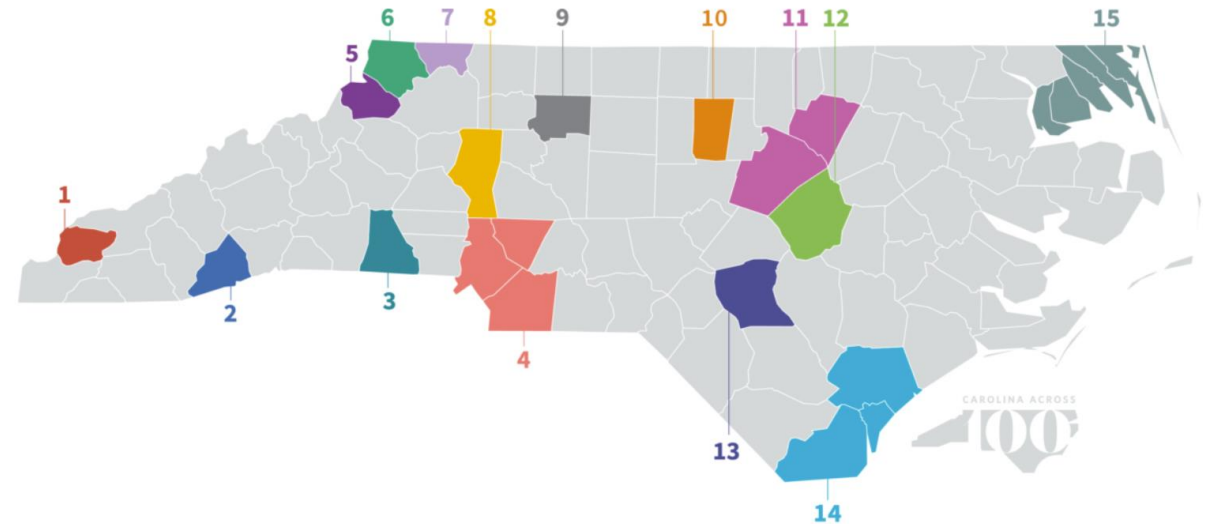
Suicide Prevention
Resource Center Best
Practices Registry

Suicide Prevention Action Plans

ncdhhs.gov/stopncsuicide

Suicide Prevention Statewide Collaborative

- Extension of Carolina Across 100, Our State Our Wellbeing Program
- Partnership between UNC's ncIMPACT and Suicide Prevention Institute
- 15 local suicide prevention teams covering 24 counties



Suicide Prevention Statewide Collaborative

All are welcome! Email hannah.harms@dhhs.nc.gov

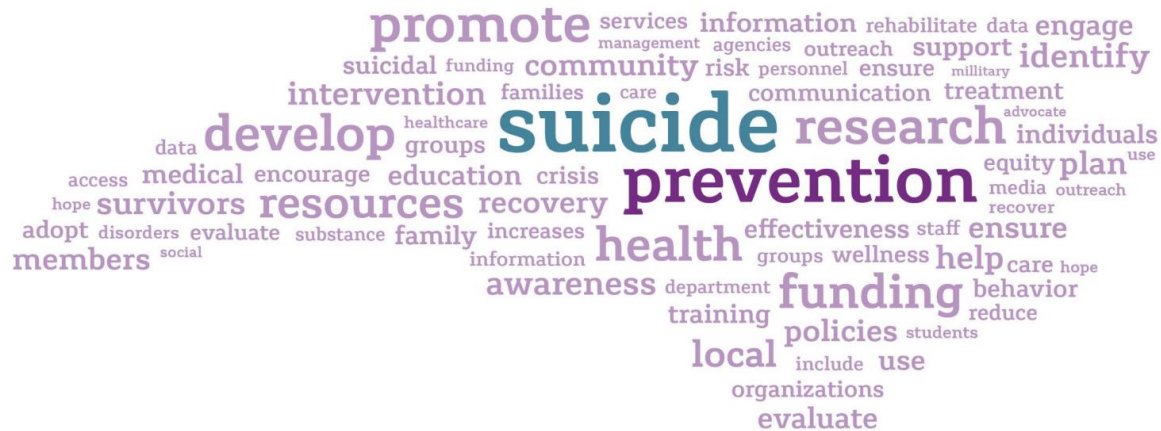
- Listserv
 - Monthly newsletter
 - Monthly webinars
-
- Upcoming webinar: Tuesday, 9/17/24 12:00 pm-1:00 pm with CAMS founder, Dr. David Jobes



Suicide Prevention State Action Plan

North Carolina

SUICIDE PREVENTION ACTION PLAN



2022



- Current plan: 2021-2025
- Full document available at, [Ncdhhs.gov/stopncsuicide](https://ncdhhs.gov/stopncsuicide)
- Next state plan: 2026-2030
- Planning to begin 2025

Comprehensive Suicide Prevention Team



Anne L. Geissinger, MPH & RDN
Suicide Prevention Coordinator
20 yrs. in public health
5 yrs. in suicide prevention
Anne.geissinger@dhhs.nc.gov



Jane Ann Miller, MPH
Suicide Prevention Program Manager
24 yrs. in suicide prevention
14 yrs. in mental health
Jane.miller@dhhs.nc.gov

Community Helper Training

Community Helper Training: Suicide Prevention & Intervention Skills Training


- Faith Leaders for Life (FLFL)
 - Provide community helper training to faith leaders and faith communities
- Start with Veterans (SWV)
 - Provide community helper training to those who interact with veterans
- Applied Suicide Intervention Skills Training (ASIST)
 - In-depth crisis intervention training; “suicide first aid”

How to Get Involved with Faith Leaders for Life (FLFL)

- Discuss this free program with local faith leaders in your community.
- Email abigail.coffey@dhhs.nc.gov to receive the next application.
- You can request the flyer via email.

Faith Leaders for Life (FLFL)

Prevent suicide. Protect life. Promote Hope.
A suicide prevention program for faith communities.



? Have you had a suicide loss or suicide attempt in your community? Would you like to learn how to prevent suicide and provide care after a loss?

Faith Leaders for Life (FLFL) is a free program for faith communities that involves:

ONLINE TRAINING
Participants receive 7 hours of online training, including powerful videos with suicide loss survivors and faith leaders talking through how to manage the needs of a community to prevent loss, respond and provide postvention services related to suicide. Note – this training can be started and stopped at any time; you don't have to do it all at once.

VIRTUAL BOOK CLUB
Every week for 4 weeks, 10+ faith leaders will meet to talk about a section of the online training. A trained facilitator with experience in North Carolina faith communities and suicide prevention will lead the book club. The book club is a great opportunity to deepen understanding of the training and it provides a chance to talk with fellow faith leaders about challenges, barriers, and opportunities.


CONTACT LIST A contact list of FLFL participants is provided so that all participants can reach out to each other in times of need. This program is actively engaged in building partnerships across faith traditions and the state.


Coalition: Faith Leaders Building Bridges is a coalition of FLFL program participants who meet monthly to support each other and actively work together for suicide prevention.

UPCOMING FLFL GROUPS INCLUDE:

- Fall 2024: September-October
- Winter 2025: January-February
- Summer 2025: July-August

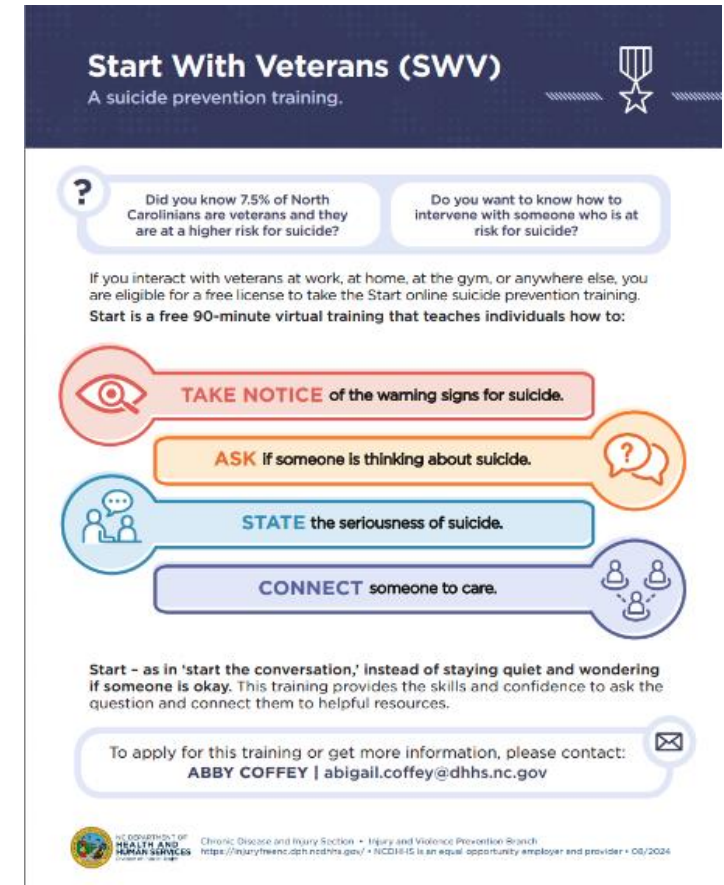
To apply for this training or get more information, please contact:
ABBY COFFEY
abigail.coffey@dhhs.nc.gov



 Chronic Disease and Injury Section • Injury and Violence Prevention Branch
<https://injuryflwnc.dhhs.nc.gov/> • NCDHHS is an equal opportunity employer and provider • 08/2024

How to Get Involved with Start with Veterans

- Talk with your organization and partners about interest in free community helper training
- Gather a list of interested people
 - First name, last name, email address
- Email abigail.coffey@dhhs.nc.gov with list for entry
- You can request the flyer by email



Start With Veterans (SWV)
A suicide prevention training.

Did you know 7.5% of North Carolinians are veterans and they are at a higher risk for suicide? Do you want to know how to intervene with someone who is at risk for suicide?

If you interact with veterans at work, at home, at the gym, or anywhere else, you are eligible for a free license to take the Start online suicide prevention training. Start is a free 90-minute virtual training that teaches individuals how to:

- TAKE NOTICE** of the warning signs for suicide.
- ASK** if someone is thinking about suicide.
- STATE** the seriousness of suicide.
- CONNECT** someone to care.

Start - as in 'start the conversation,' instead of staying quiet and wondering if someone is okay. This training provides the skills and confidence to ask the question and connect them to helpful resources.

To apply for this training or get more information, please contact:
ABBY COFFEY | abigail.coffey@dhhs.nc.gov

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<https://injurytrauma.dhhs.nc.gov/> • NCDHHS is an equal opportunity employer and provider • 05/2024

How to Get Involved with Applied Suicide Intervention Skills Training (ASIST)

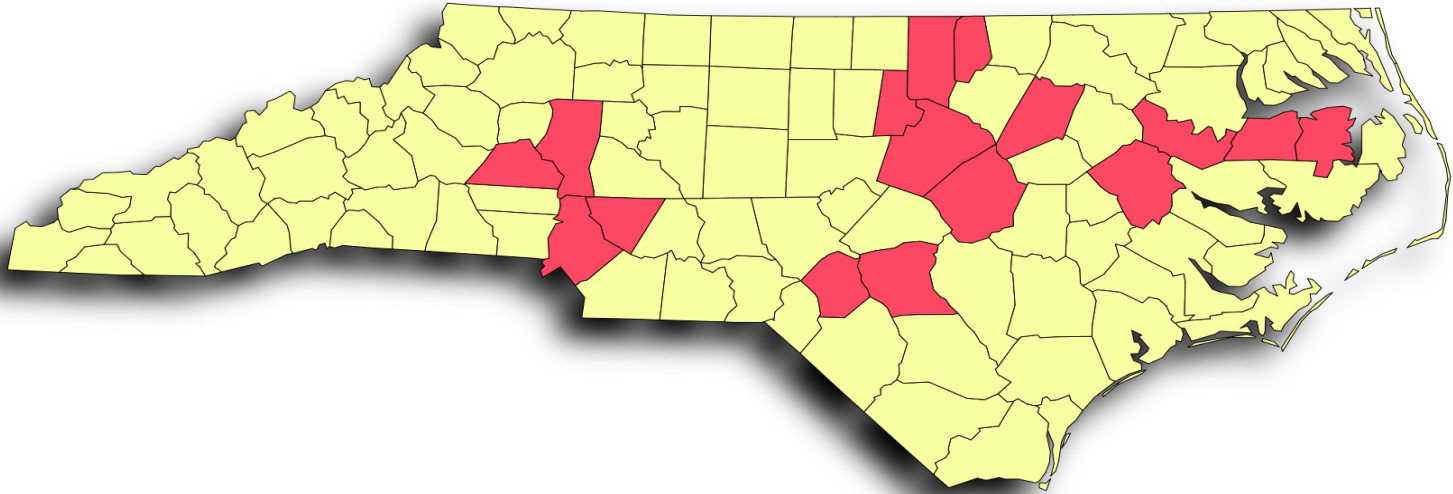
- Find an [ASIST workshop](#) near you
- Find a [LivingWorks trainer](#)
- Email Jane Ann Miller at jane.miller@dhhs.nc.gov to be connected to trainers in your community

Firearm Security

Reduce Firearm Violence to Reduce Suicide

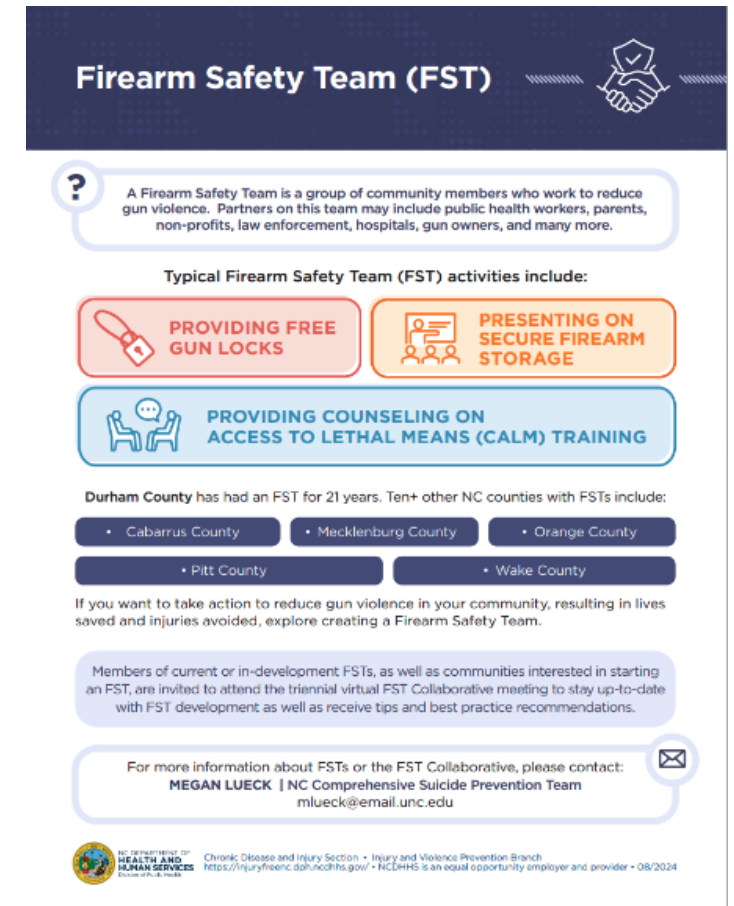
- Firearm Safety Teams (FST)
 - Community led solutions to firearm violence
- Counseling on Access to Lethal Means (CALM)
 - Training for providers and at-risk persons and/or their family. It is a discussion about ways to safeguard the home during the critical time period in which suicide risk is present.

Current and Developing FST



How to Get Involved with FST

- Talk with your organization and partners in your area about interest in starting an FST
- Review the [FST Implementation Guide](#)
- Email Megan Lueck at mlueck@email.unc.edu for how to start your own FST
- You can request the flyer by email



Firearm Safety Team (FST)

? A Firearm Safety Team is a group of community members who work to reduce gun violence. Partners on this team may include public health workers, parents, non-profits, law enforcement, hospitals, gun owners, and many more.

Typical Firearm Safety Team (FST) activities include:

- PROVIDING FREE GUN LOCKS
- PRESENTING ON SECURE FIREARM STORAGE
- PROVIDING COUNSELING ON ACCESS TO LETHAL MEANS (CALM) TRAINING

Durham County has had an FST for 21 years. Ten+ other NC counties with FSTs include:

- Cabarrus County
- Mecklenburg County
- Orange County
- Pitt County
- Wake County

If you want to take action to reduce gun violence in your community, resulting in lives saved and injuries avoided, explore creating a Firearm Safety Team.


Members of current or in-development FSTs, as well as communities interested in starting an FST, are invited to attend the triennial virtual FST Collaborative meeting to stay up-to-date with FST development as well as receive tips and best practice recommendations.

For more information about FSTs or the FST Collaborative, please contact:
MEGAN LUECK | NC Comprehensive Suicide Prevention Team
mlueck@email.unc.edu

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Chronic Disease and Injury Section • Injury and Violence Prevention Branch
https://injuryfreenc.doh.ncdhs.gov/ • NCDHHS is an equal opportunity employer and provider • 08/2024

Free FST Training

- Attend an information session 9/11/2024 to learn more.
- Scan the QR code in the flyer provided to register for this free 5-week training program.



Establishing a **Firearm Safety Team**
in your community


Establishing a Firearm Safety Team (FST) can help build collaborations across the community to make a difference! This training will help you establish and jumpstart your own FST in your county or region. Your team will benefit from additional technical assistance afterwards which includes a member of our training team to answer questions and provide further guidance.

Teams of up to three members can register to attend the five-session training series. Complete the registration [here](#). All sessions will be offered virtually.

Registration for this **FREE** training closes **October 7, 2024**. Can't make this one? Click [here](#) to be added to the interest list for future offerings.

Assemble your team
And join us for the five-session workshop series.


Wednesdays 2:00pm-3:30pm on the following dates:
September 11, 2024 (Information Session)
October 9, 2024
October 23, 2024
November 6, 2024
November 20, 2024
January 8, 2025

 Public Health

How to Get Involved with CALM

- Free online course
- Email Jane Ann Miller at jane.miller@dhhs.nc.gov for in person CALM options.
- Request a CALM flyer via email

Counseling on Access to Lethal Means (CALM)



? Prepares participants to have conversations about reducing immediate access to lethal means of suicide like firearms and medications when a person is at risk for suicide.

CALM emphasizes personal choice and collaboration to help people find more secure ways to store firearms and medications while they are at risk.

CALM CLINICAL WORKSHOPS
These workshops typically last about 3 hours and are intended for clinicians, healthcare providers, social services professionals, and others who regularly work with people at risk for suicide.

CALM CONVERSATIONS
This 90-minute training is intended for anyone – not just clinicians – who may need to have a conversation with a friend, loved one, or coworker about their access to lethal means.

To apply for this training or get more information, please contact:
JANE ANN MILLER | jane.miller@dhhs.nc.gov

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Division of Public Health

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Comprehensive Suicide Prevention Activities

CSP Upcoming Trainings and Events

- FLFL Fall Training: Sept. 2025
- CSP Academy: Oct. 2025
- ASIST Workshop: Nov. 2025
- FLFL Winter Training: Jan. 2025
- CSP Eastern Regional Academy: Feb. 2025
- CSP Western Regional Academy: April 2025
- CALM T4T Training: Summer 2025
- FLFL Summer Training: June 2025


Suicide Prevention Month Activities

Community Suicide Prevention Activities

- 9/13 VA Community Mental Health Summit
- AFSP Out of Darkness Walks- 8 communities September through November
- 9/13 Fayetteville Military Connection Event
- Host Durham County Department of Public Health
 - 9/17 Suicide Awareness and Prevention in the Agricultural Community
 - 9/24 Suicide Prevention in the Elderly
 - 10/9/2024- 1/8/2025 Firearm Safety Team Training
- 9/20 Youth Mental Health First Aid Training in Fayetteville
- Host Agromedicine
 - 9/18 virtual QPR
 - 10/16 virtual QPR
 - 9/26 safeTALK in Raleigh
 - 10/9 virtual CALM
 - 10/29 and 10/30 ASIST in Greenville

Suicide Prevention Webinar Series

- Hosted by Durham County Department of Public Health
- Webinar series held on Tuesdays from 2-3 pm during September
- Topics:
 - 9/17: Suicide Awareness and Prevention in the Agricultural Community
 - 9/24: Suicide Prevention in the Elderly



**SUICIDE PREVENTION SERIES
S.O.S: LIFE MATTERS**

In recognition of Suicide Prevention & Awareness Month (September), and to raise awareness concerning an often stigmatized and taboo topic, join us for this webinar series offered on Tuesdays from 2pm-3pm.


Click titles to register!

September 3, 2024
[Youth Suicide Trends](#)
Isley Cotton, MSW, MDiv – Youth Suicide Prevention Coordinator
NC Division of Public Health Injury and Violence Prevention Branch
North Carolina Department of Health and Human Services


September 10, 2024
[The National Strategy for Preventing Veteran Suicide 2018-2028](#)
Antonia Vincent, LCSW – Community Engagement and Partnership Coordinator
Durham VA Health Care System

September 17, 2024
[Suicide Awareness and Prevention in the Agricultural Community](#)
McKayla R. Robinette, MS
Farm and Ranch Stress Assistance Network of North Carolina
Coordinator
North Carolina Agromedicine Institute


September 24, 2024
[Suicide Prevention in the Elderly](#)
Latisha Edwin, Community Liaison
Silver Linings for Seniors



Durham County Public Health



Alliance Health



insight

VA Community Mental Health Summit

- September 13, 2024
 - 8:30 am – 1:30 pm
- Virtual event with CEUs available
- Registration required:
 - <https://varedcap.rcp.vaec.va.gov/redcap/surveys/>
 - Access code: XMWXYRTFN



The poster for the VA Community Mental Health Summit 2024 features a central theme of growth through adversity. It includes the U.S. Department of Veterans Affairs logo, a photograph of soldiers, and an image of a person holding an American flag. The main text reads 'GROW THROUGH WHAT YOU GO THROUGH' and 'September 13, 2024'. The agenda lists an opening remarks session, a keynote by Tai Mendenhall, a break, a multi-disciplinary provider panel, and a veterans' discussion panel. A registration section provides a QR code and a survey access code.

U.S. Department of Veterans Affairs
Community Mental Health Summit 2024
VISN 6

GROW THROUGH WHAT YOU GO THROUGH

September 13, 2024

Agenda:
08:30-09:00 Opening Remarks
9:00-10:00 Program to include: "Navigating Loss, Seen and Unseen, We are In this Together"
Keynote Speaker: Tai Mendenhall, PhD, LMFT*
10:00 break
10:15-11:45 VA Multi-disciplinary provider panel*
11:45-12:00 Break
12:00-1:30 Veterans' Discussion Panel

Virtual Event on WebEx event link will be sent to registered persons
2.5* CEU's will be available, registration in TMS is required ahead of the event
Resource page with information about Veteran Affairs Mental & Behavioral Health Services will be available

registration

Enter the Survey Access Code
Start the survey by following the steps below.
1: Go to this web address:
<https://varedcap.rcp.vaec.va.gov/redcap/surveys/>
2: Then enter this code:
XMWXYRTFN

Scan the QR Code
About WebEx: If you have a device that can scan QR codes, you can scan the QR code below, which should take you directly to the survey's web events.



Fayetteville Military Connection Event

- 4th Annual Community Connection for Suicide Prevention
- Event for Service Members, Veterans, and their families includes dinner and speakers
- September 13, 2024
 - 4:30-8:00 PM
- RSVP by 9/9 to Kendra Danzer
 - kendra.danzer@va.gov



Hope is Within Reach

4th Annual Community Connection for Suicide Prevention
2024 Speakers and Panelists

Sharjuan Burgos USA, Major Ret.	Frankie Oxendine LMFT, MDiv, CCTP	USOA Mrs. Fayetteville, Audrey Hasselocher, MBA	Veteran Brian Furtado	Veteran Alla Schenck MA, MSW	CH (CPT) Glenn A. Brooks, Sr., DMIN
					

Join the Link of Fayetteville for a free dinner, speakers and panel discussion in a commitment to support suicide prevention and postvention efforts through empowering Veterans, Service Members, their Families and Communities. Attendees will leave anchored in hope, knowing it is within reach, moving forward together, and fueled by the knowledge that we can make a difference in the lives of those around us.

 13 September 2024
4:30 PM -8:00 PM

 5117 Cliffdale Rd
Fayetteville, NC 28314

RSVP BY 9/9/2024 via email, telephone or QR code

 910-853-3867  kendra.danzer@va.gov 

Youth Mental Health First Aid Training

- Hosted by Cohen Clinic of Fayetteville
- Offered at no charge to participants
- September 20th
 - 8 am – 5 pm in Fayetteville
- For more info:
 - form.jotform.com/233305012356141
 - Or email Sharjuan Burgos:
sharjuan.burgos@centerstone.org



Mental Health **FIRST AID**
from NATIONAL COUNCIL FOR MENTAL WELLBEING



The Steven A. Cohen
Military Family Clinic
at Centerstone

YOUTH MENTAL HEALTH FIRST AID TRAINING

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

This class is sponsored by the Steven A. Cohen Military Family Clinic at Centerstone's SAMHSA LGBTQ+ Family Support Program Grant and is offered at no charge to participants. Space is limited and registration is required.
This class is for adults only.

 September 20, 2024

 8:00am - 5:00pm ET

 Steven A. Cohen Military Family Clinic at Centerstone
3505 Village Drive,
Fayetteville, NC, 28304

[SIGN UP NOW](#)

Scan QR code or visit:
form.jotform.com/233305012356141



For more information, email Sharjuan Burgos at sharjuan.burgos@centerstone.org.

The project described was supported by Grant Number 1H79FG001252-01 from SAMHSA LGBTQ+ Family Support Program. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of SAMHSA.

Suicide Prevention & Awareness Walk

- Orange County Health Department & Durham County Department of Public Health are hosting an event together
- Sept. 12, 2024 5:30-7pm
- Leigh Farm Park, Durham

A Path for Hope Suicide Prevention & Awareness Walk

Shoes will be on display to honor the Durham and Orange County community members who lost their lives to suicide from 2017-2021.

We are collecting gently used shoes, for the event. To donate shoes, email wrobinson@dconc.gov for Durham County and mcreed@orangecountync.gov for Orange County.

Interpreter services and/or special sound equipment are free and available on request. Call 919-245-2398 or 919-245-2402 in advance of the event.



Thursday, Sept. 12, 2024 • 5:30-7pm

Leigh Farm Park located at 370 Leigh Farm Road, Durham, NC. Located just north of NC 54 at the I-40 intersection.

For more information visit www.orangecountync.gov/HealthyCarolinians



Public Health



Firearm Safety Team Training

- Hosted by Durham County Department of Public Health
- Offered at no charge to participants
- Sessions are Oct. 9, 2024- Jan. 8, 2025
- Scan the QR Code for application and information.



Establishing a **Firearm Safety Team**
in your community

Establishing a Firearm Safety Team (FST) can help build collaborations across the community to make a difference! This training will help you establish and jumpstart your own FST in your county or region. Your team will benefit from additional technical assistance afterwards which includes a member of our training team to answer questions and provide further guidance.

Teams of up to three members can register to attend the five-session training series. Complete the registration [here](#). All sessions will be offered virtually.

Registration for this FREE training closes October 7, 2024. Can't make this one? Click [here](#) to be added to the interest list for future offerings.



Assemble your team
And join us for the five-session workshop series.

Wednesdays 2:00pm-3:30pm on the following dates:
September 11, 2024 (Information Session)
October 9, 2024
October 23, 2024
November 6, 2024
November 20, 2024
January 8, 2025



Suicide Prevention Trainings by NC Agromedicine Institute

- Contact McKayla Robinette for more information
 - robinettem23@ecu.edu

QPR

- September 18th, 9-10:30 am virtual
- October 16th, 9-10:30 am virtual

safeTALK

- September 26th, 8:30 am - 12:30 pm in Greenville, NC

CALM

- September 11th, 9-10:30 am virtual
- October 9th, 9-10:30 am virtual

ASIST

- October 29th and October 30th, 8:30 am to 4:30 pm in Greenville, NC

AFSP *Out of the Darkness* Walks

- American Foundation for Suicide Prevention community walks to raise awareness for suicide prevention

Date	Event
09/28/2024	Central Carolina Walk, Ting Park - Holly Springs, NC
09/29/2024	Central Piedmont Walk, Statesville High School- 474 N Center St - Statesville, NC
10/06/2024	Greenville NC Walk, Greenville Town Common-105 East First St - Greenville, NC
10/12/2024	Triad Area Walk, Triad Park - Kernersville, NC
10/26/2024	Goldsboro Area Walk, Herman Park - Goldsboro, NC
10/27/2024	Western North Carolina Walk, Warren Wilson College - Swannanoa, NC
11/02/2024	Charlotte Metro Walk, TBD - Charlotte, NC
11/03/2024	Wilmington Area Walk, New Hanover High School - Wilmington, NC

Brittany Jones MA, LCAS, CCS, CD(DONA), 988 Grant Lead

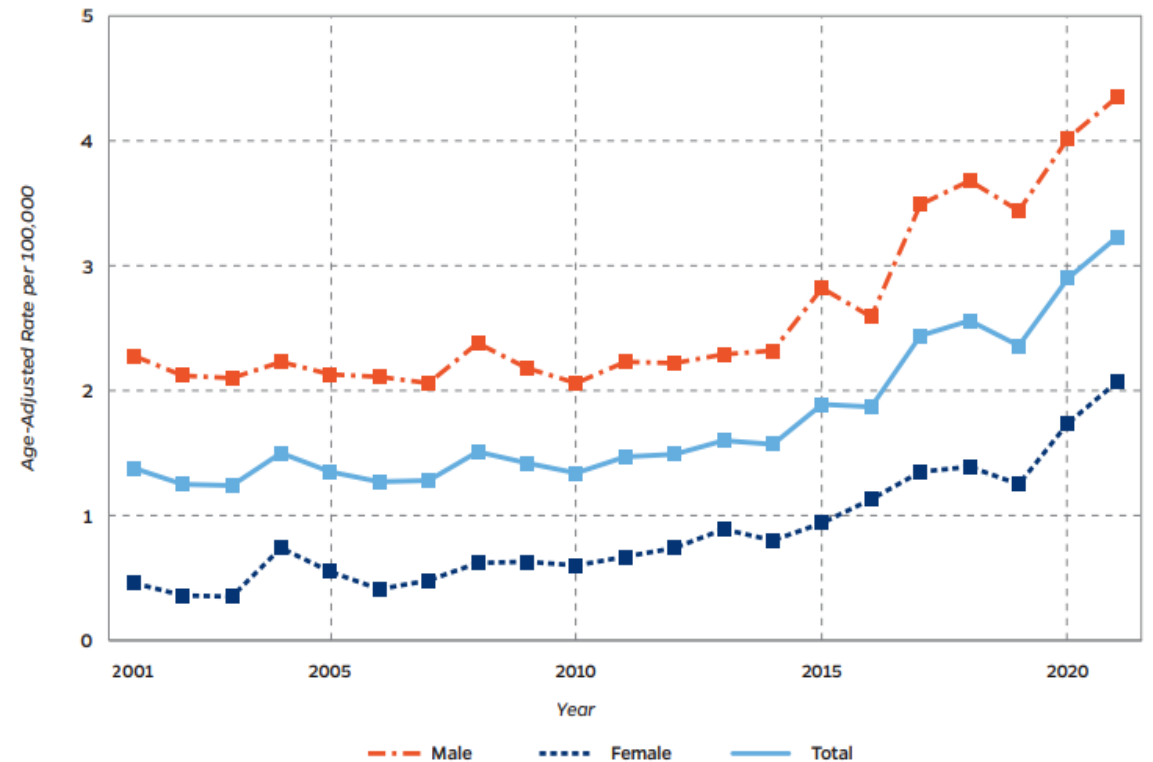


- Division of Mental Health Developmental Disability and Substance Use Services
- NCDHHS since 2022
- Brittany.T.Jones@dhhs.nc.gov

Black Youth Suicide

- The suicide rates among black youth are rapidly increasing.
- North Carolina recently participated in SAMHSA's Black Youth Suicide Policy Academy where the NC Team collaborated with SAMHSA and SMEs to develop a new 5-year suicide prevention state action plan for black youth.

FIGURE 1: Suicide Deaths Among Black Youth Ages 0-19 in the United States by Sex, 2001-2021



Source: Centers for Disease Control and Prevention (CDC) Web-based Injury Statistics Query and Reporting System (WISQARS)

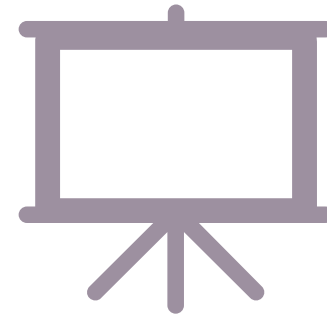
North Carolina Black Youth Suicide Prevention Community of Practice and Education (COPE)

- Virtual listening session on Thursday, October 10, 2024, from 12:00 – 1:00pm.
- Members of the public can sign up for a three-minute time slot to offer recommendations related to statewide Black youth suicide prevention planning. Once individuals sign up, they will receive a link to log on and to participate in the session.
- Members of the public can also make their voices heard by submitting written comments.

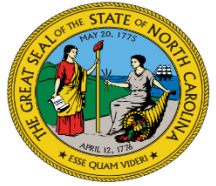
Q&A



Questions and feedback are welcome at
BHIDD.HelpCenter@dhhs.nc.gov.



The recording and presentation slides for this
webinar will be posted to the [Community
Engagement & Training](#) webpage.



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Mental Health,
Developmental Disabilities and
Substance Use Services

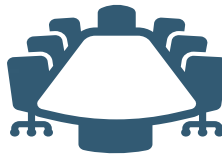
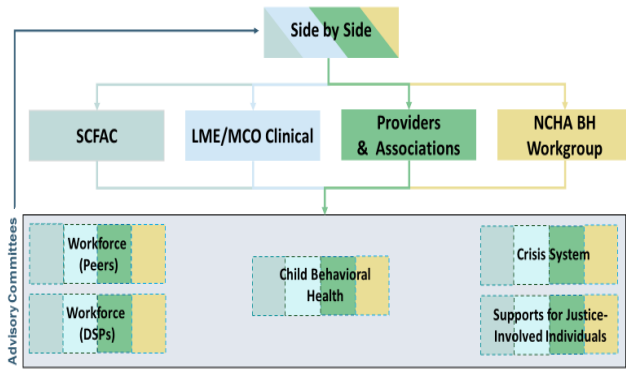
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