All Ages, All Stages NC

A Roadmap for Aging and Living Well

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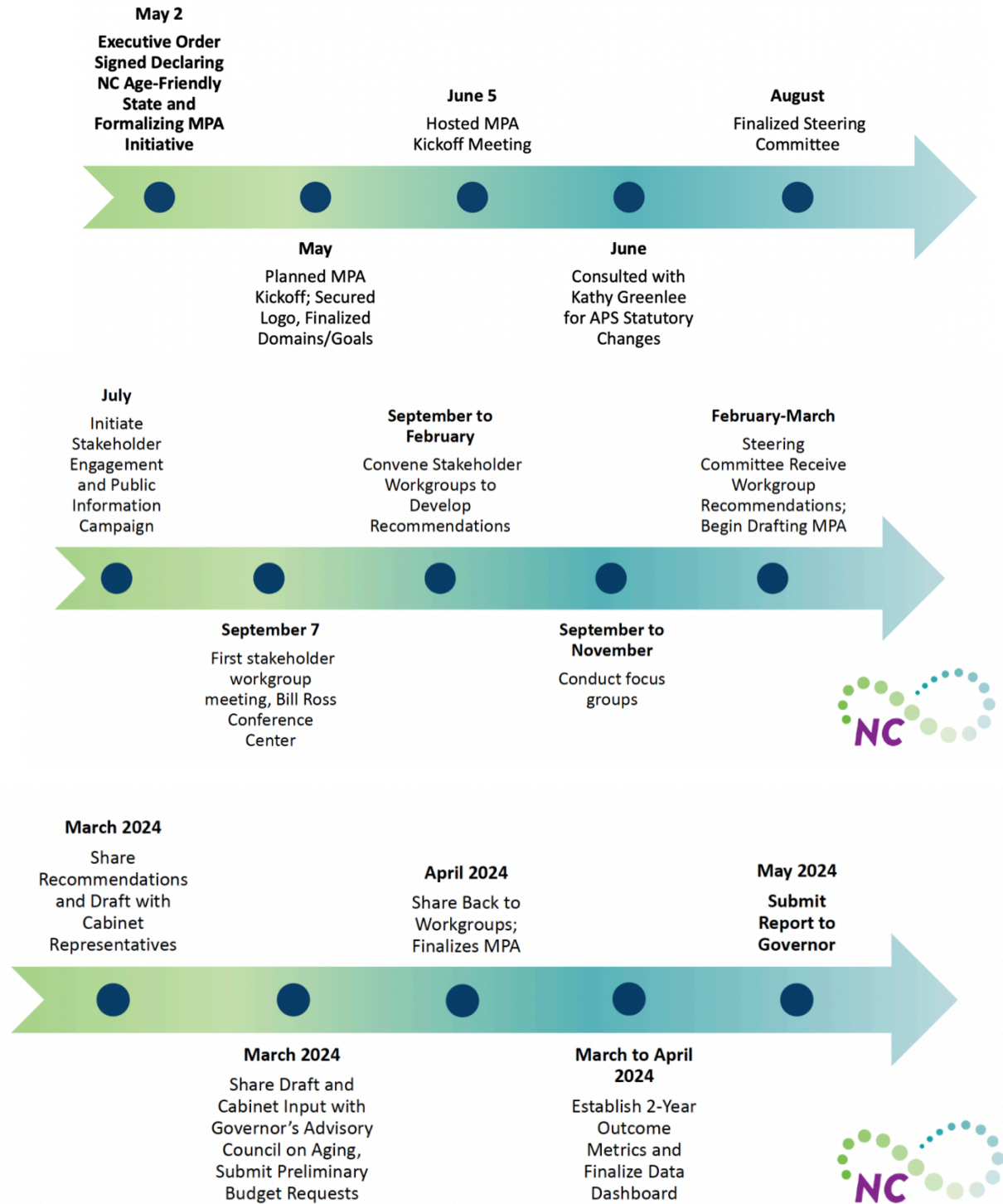
A Roadmap for Aging and Living Well

Strengthening Communities for a Lifetime

Supporting Older Adults and Their Families

Optimizing Health and Well-Being

Affording Aging

All Ages, All Stages NC

A Roadmap for Aging and Living Well

May 2

Executive Order Signed Declaring NC Age-Friendly State and Formalizing MPA Initiative

June 5

Hosted MPA Kickoff Meeting

August

Finalized Steering Committee

May

Planned MPA Kickoff; Secured Logo, Finalized Domains/Goals

June

Consulted with Kathy Greenlee for APS Statutory Changes

July

Initiate Stakeholder Engagement and Public Information Campaign

September to February

Convene Stakeholder Workgroups to Develop Recommendations

February-March

Steering Committee Receive Workgroup Recommendations; Begin Drafting MPA

September 7

First stakeholder workgroup meeting, Bill Ross Conference Center

September to November

Conduct focus groups

March 2024

Share Recommendations and Draft with Cabinet Representatives

April 2024

Share Back to Workgroups; Finalizes MPA

May 2024

Submit Report to Governor

March 2024

Share Draft and Cabinet Input with Governor's Advisory Council on Aging, Submit Preliminary Budget Requests

March to April 2024

Establish 2-Year Outcome Metrics and Finalize Data Dashboard

North Carolinians will have access to services and resources that enable them to stay in their homes and communities as they age.

The Supporting Older Adults and Their Families workgroup focuses on identifying supportive services, caregiver support, and resources for aging individuals and their families, fostering aging in place and enhancing the quality of life.

Possible focus areas:

Service Options and Payment Models	Adaptive and Assistive Technology	Caregiver Support
Addressing Needs of Persons with Dementia	Expansion of Public & Private Resources	Support for Persons with Special Challenges

- Service Options and Payment Models: Ensure a diverse range of service options and explore flexible payment models to accommodate the needs and preferences of older adults and their families.
- Caregiver Support: Develop programs and resources specifically designed to assist family and friend caregivers, including grandparents raising grandchildren, by providing guidance, training, and respite care.
- Expansion of Public and Private Resources: Increase the availability and accessibility of public and private resources aimed at supporting older adults and their families, including financial assistance, healthcare services, and social support networks.
- Utilization of Adaptive and Assistive Technologies: Promote the adoption and use of adaptive and assistive technologies that can enhance the independence, safety, and quality of life for older adults, such as home automation systems, wearable devices, and telehealth solutions.
- Addressing the Needs of Persons with Dementia: Develop comprehensive strategies to address the unique challenges faced by individuals with dementia and their families, including specialized care programs, dementia-friendly environments, and support services focused on memory care and cognitive stimulation.
- Support for Persons with Special Challenges: Provide targeted support for older adults with special challenges beyond dementia, including those with physical disabilities, chronic illnesses, or mental health conditions, by offering tailored services, accessibility accommodations, and appropriate healthcare interventions.

Supporting Older Adults and Their Families: Guide to Existing Efforts & Recommendations

This guide will highlight essential recommendations and goals drawn from current initiatives that align with the Supporting Older Adults and Their Families domain of the All Ages, All Stages NC Multisector Plan for Aging (MPA) Initiative. These recommendations/goals have been categorized into potential focus areas, providing a clear and concise overview of the key strategies for addressing the challenges and opportunities within this domain.

Service Options and Payment Models:

- 2022 report from Governor's Advisory Council on Aging (GAC): Integrate health and human services organizations in a value-based payment system,
- 2022 report from GAC: Implement a value-based payment system to address many of the barriers to successful integration and collaboration as identified by Medical and social services stakeholders and practitioners. (Currently, PACE is the best example of this care model.)

Caregiver Support:

- Age-friendly initiative: Use data to analyze lifestyle factors that may lead to Alzheimer's, develop public health actions, address social determinants of health, and support caregivers.
- BOLD ACT Grant: Use data to set priorities, to develop public health actions, to address social determinants of health, and to provide support for caregivers who take care of people with dementias.
- BOLD ACT Grant: funding for the BOLD Public Health Programs to Address Alzheimer's Disease and Related Dementias; Funded health departments will promote a strong public health approach to Alzheimer's disease and related dementias (ADRD); Enabled NC to pursue the federal CDC BOLD – Healthy Brain Initiative and to build a NC public health infrastructure that addressed Alzheimer's Disease and Related Dementias with objectives including: increasing early detection and diagnosis, risk reduction, prevention of avoidable hospitalizations, and supporting dementia caregiving.
- NCCOA recommendations: 2. Support Economic Self-Sufficiency for Older Adults and Their Caregivers: Expand access to health care by eliminating the health insurance coverage gap, especially for seniors who are not yet eligible.
- NCCOA recommendations: Enhance support for caregivers of older adults.

Addressing the Needs of Persons with Dementia:

- Dementia-Friendly Initiative (Dementia Friendly Communities and Dementia Capable State Plan): Emphasizes the importance of creating supportive and inclusive environments for individuals with dementia, promoting awareness and understanding, and improving care in various settings, including communities and hospitals; Establish Dementia Friendly Communities; Minimum Standards for Dementia Friendly Communities; Help communities take steps to be more inclusive for people with Alzheimer's disease or related dementias.
- DHHS Strategic Plan: lead a process with external stakeholders to develop a strategy for increasing Dementia Friendly Communities and hospitals collaborative.

Utilization of Adaptive and Assistive Technologies:

- BOLD ACT Grant: Support disabled and older adults in leading safe, healthy, and fulfilling lives.

Support for Persons with Special Challenges:

- Olmstead Plan: System Strengths, Gaps, and Challenges in Supporting Individuals with Disabilities.
- DHHS Strategic Plan: Support disabled and older adults in leading safe, healthy, and fulfilling lives.

NORTH CAROLINA DEPARMENT OF HEALTH AND HUMAN SERVICES (NC DHHS)

All Ages, All Stages NC (MPA)

Supporting Older Adults and Their Families

Stakeholder Workgroup Charter

September 7, 2023

Purpose:

The purpose of the Multisector Plan for Aging (MPA) is to provide a blueprint for state government, local government, private sector, and philanthropy to implement strategies and partnerships that promote aging with optimal health, choice, and dignity, and build an age-friendly State for all North Carolinians. The purpose of the stakeholder workgroups (SW) is to contribute expertise and insights, sharing perspectives on aging and disabilities.

Objectives:

The objectives of the stakeholder workgroups are:

- **To understand existing related initiatives and recommendations.**
- **To provide expertise and input regarding what is needed to advance the overall goals of the domain they represent.**
- **To develop recommendations relevant to their workgroup's focus areas.**

Membership:

Membership reflects a broad array of stakeholders and professionals with an interest and expertise. The MPA SW is facilitated by the two co-leads and champion(s) from the steering committee.

Guiding Principles:

1. **Diversity, Equity, and Inclusion**: The work of the MPA will be guided by principles of diversity, equity, and inclusion. The development of goals and strategies within the plan will be shaped by these principles. Additionally, equity considerations will be integrated into the evaluation efforts, ensuring that the impact of the plan is assessed across diverse populations.
2. **Collaboration and Openness**: SW meetings will foster a collegial and open environment that promotes collaboration. All members of the SW will be encouraged to express their diverse and innovative points of view. The value of knowledge and expertise from every team member will be acknowledged and respected, creating an inclusive space for contributions.
3. **Transparency and Open Communication:** SW meetings will prioritize transparency by promoting open communication among all participants. Information sharing, updates, and discussions will be conducted in a transparent manner, ensuring that all relevant stakeholders have access to the necessary information and are engaged in the decision-making process.
4. **Person-Centered, Data-Driven Approach**: SW meetings will adopt a person-centered, data-driven approach, aligning with the values of the Administration and reflecting the principles of the NC DHHS. Decision-making will be guided by reliable data and evidence, ensuring that actions are based on accurate information and assessment.

Operating Principles:

1. **Frequency of SW Meetings**: The SW convene twice a month between September 2023 and February 2024. The specific dates and times will be determined in advance and communicated to all SW members.
2. **Meeting Agendas:** The co-leads and champions will work together with a project staff in preparing and distributing meeting agendas for each SW meeting. The agendas will be shared with SW members at least 3 days prior to the scheduled meeting. SW members are encouraged to suggest agenda items to ensure all relevant topics are addressed.
3. **Meeting Facilitation**: Each SW meeting will be facilitated by co-leads, with support from a champion. Subject matter experts and cabinet agency representatives may be consulted or invited to attend the meeting as needed, based on the agenda items to provide additional insights or guidance.
4. **Meeting Minutes**: Minutes for each SW meeting will be prepared and distributed within 3 days after the meeting by the assigned project staff, in collaboration with the co-leads and champions. The minutes will include a summary of decisions made, accomplishments achieved, agreed-upon actions, and any issues tabled for future discussion.

SW Member Responsibilities:

1. **Meeting Attendance**: SW members are expected to prioritize meeting attendance.
2. **Active Participation**: SW members are encouraged to engage actively in meetings by contributing to discussions, sharing their perspectives, and providing input on relevant topics. Active participation ensures a diverse range of viewpoints and promotes effective decision-making.
3. **Review and Feedback**: SW members are responsible for reviewing materials provided before and during SW meetings. These materials may include agendas, reports, documents, proposals, or other relevant information. Members should take the time to review these materials and provide feedback as needed.
4. **Consistent Presentation Materials:** SC members are expected to maintain consistent messaging when providing outreach or sharing information to the public to foster professionalism and clarity in communication. Materials presented should maintain a standardized format. Members can obtain materials from the Project Manager to use for all formal presentations, reports, and documents.
5. **Travel Accommodations**: If travel is necessary for SW meetings or related activities, SW members are responsible for arranging their own accommodations and covering related costs.