



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Mental Health, Developmental
Disabilities and Substance Use Services

ROY COOPER • Governor
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Division of Mental Health, Developmental Disabilities and Substance Use Services **TBI Program Overview (1-2024)**

TBI State Funded Program – The Local Management Entity-Managed Care Organization (LME-MCO) are allocated funding to provide TBI specific services and supports to individuals with TBI living in their respective catchment area. The Brain Injury Association of NC (BIANC) is also contracted to provide education, training and TBI outreach activities statewide. Recurring legislative appropriation of \$3,973,086 (\$559,218 to BIANC and \$3,413,868 to LME-MCO's).

Federal TBI Grant- NC DHHS, DMHDDSUS awarded five-year grant (\$200,179 per year) from ACL. The TBI program contracts much of this grant to BIANC who aims to reach at least 32,000 people annually. The funds are used to continue to strengthen and improve the state infrastructure for further development of TBI services, supports and educational initiatives statewide.

Collaborations with Division of Health Benefits (DHB)-

TBI Waiver – This HCBS Medicaid Waiver has been operational for six years and is currently available in the Alliance Health catchment area. The Waive offers a variety of services and supports to eligible individuals such as residential supports, personal care, life-skills, cognitive rehabilitation, home and/or vehicle modification, technology supports, occupational, PT, SLP, OT, day and employment supports, remote supports and others. The TBI Waiver will expand statewide with targeted implementation of Spring 2025.

Clinically Managed Population Specific High-Intensity Residential Service (ASAM 3.3)- This is a therapeutic rehabilitation service delivered by trained and experienced medical and nursing professionals, and clinical and support staff, for a beneficiary with both substance use disorder (SUD) and traumatic brain injury (TBI). This pilot Waiver provides a 24-hour structured recovery environment in combination with high-intensity clinical services to meet the functional and cognitive limitations of a beneficiary to support recovery from substance use disorders.

1915(i) State Plan Amendment (SPA)- These are home and community-based services (HCBS) which provide opportunities for Medicaid enrollees to receive services in their own home or community rather than institutions. Services available under the 1915(i) SPA include Community Living and Support, Community Transition, Individual and Transitional Support, Respite and Supported Employment. 1915(i) replaces the 1915(b)(3) services and serves additional populations including adults with TBI.

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Tailored Plan- Individuals with TBI who are Medicaid eligible may qualify for tailored plan based on assessed need. Tailored Plan beneficiaries will have a single designated care manager supported by a multidisciplinary care team to provide integrated care management that addresses all their needs including physical health, behavioral health, I/DD, TBI, pharmacy, long-term services and supports (LTSS) and addresses their unmet health-related resource needs.

Tailored Plans will serve special populations including Traumatic Brain Injury (TBI) waiver enrollees and waitlist members and will be responsible for managing the state's non-Medicaid behavioral health, developmental disabilities and TBI services for uninsured and underinsured North Carolinians.

Standard Plan- Individuals with TBI who are Medicaid eligible may qualify for standard plan based on assessed need. Standard Plans offer physical health, pharmacy, care management and basic behavioral health services for beneficiaries. Added services are available and different for each Standard Plan.

Justice: Re-Entry & Reintegration- This initiative offers support to individuals with I/DD and TBI who are transitioning back into the community from state criminal justice facilities. An Individual Re-Entry Plan (IRP) is developed with each participant that includes culturally competent skill-building and supports to assist individuals in obtaining resources and supports such as life skills training, transportation, housing, employment and publicly funded services to reenter and successfully remain in society.

Brain Injury Advisory Council- The BIAC consists of 33 members (23 voting and 10 ex officio non-voting members) and meets quarterly. The purpose of the BIAC is to review the nature and cause of traumatic and other acquired brain injuries in NC. The BIAC also makes recommendations to the Governor, the General Assembly, and the Secretary of DHHS regarding the planning, development, funding, and implementation of a comprehensive statewide service delivery system to address the needs of brain injury survivors. The TBI program provides administrative support to the council.

Evidence-Based Care Pilot- In some bi-annum budgets the legislature appropriates funding for a pilot program that implements international treatment guidelines for evidence-based care for adult and pediatric patients in acute care hospital settings. The primary goal is to reduce the need for long-term TBI care and reduce the state's costs, while providing North Carolina citizens who have experienced a TBI, with better long term care outcomes.

Data- Ongoing data initiatives to assist in determining the number of individuals living with TBI statewide such as: TBI screenings at the LME-MCO's and Claims Data Reviews. The TBI Program is working with the Division's Quality Management Section to determine the number of individuals that have accessed publicly funded services such as physical health, mental health and substance use service systems among other categories.

Training and Outreach- Training opportunities are available statewide virtually and in-person. The TBI Program contracts with BIANC to provide education, outreach and training (i.e. Brain Injury Basics, TBI and Co-Occurring Mental Health and Substance Use Disorders, TBI & Aging, TBI and PTSD in the Military and Crisis Intervention Training). The online training

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modules include topics such as Identification of TBI among Medical Professionals and the Primary Care Workforce as well as TBI and Public Services in NC. Education/training material can be found at <https://www.bianc.net/resources/education-training/> and the online learning can specifically be found at: <https://bianc.academy.reliaslearning.com/>

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