

NC Infant-Toddler Khoos kas (N.C. ITP) Teletheraps

rau cov menuam
mos thiabmenuam yaus



Cov txheej txheem rau telepsychurtry yog dab tsi?

- Telethermists tuaj yeem sib txuas lus nrog cov neeg nyiam cov neeg hhub cov khoom siv remotely siv cov khoom siv zoo li laptops, ntsiav tshuaj, thiab cov smartphones. Kev kawm yog "streamed" los ntawm lub network, xws li Wi-nkaus lossis cov ntaub ntawv cellular.
- Koj tus kws kho mob yuav muab ib tus kheej txuas rau koj uas koj tuaj yeem nkag mus hauv koj lub xov tooj ntawm tes. Thaum koj nyem qhov txuas, koj yuav muab sib txuas nrog tus kws pab tswv yim.
- Koj tus kws kho mob yuav tau hais qhia kev sim ua kom muaj kev sib txuas tau yooj yim.
- Koj tus me nyuam tus kws kho mob yuav txiav txim siab seb nws yuav tsum sib ntsib hauv Telehealth.
- Nyob ntawm koj cov kev xav tau thiab qhov chaw ntawm koj tus kws kho mob, koj tuaj yeem txiav txim siab ua ke kom sib koom ua ke nrog tus menuam muaj kev sib dhos.



Koj yuav paub sai dua
li cas, qhov zoo dua
lawv yuav
nyob hauv lub
sijhawm ntev!

Txhais tau Teletherapy.

- Thaum tus kws kho mob nyob rau hauv qhov chaw nyob deb dua li tsev neeg, lawv tseem tuaj yeem muab "kev kho mob" los ntawm kev siv lub xov tooj, laptop, lossis ntsiav tshuaj.
- Teletherapy yuav hais txog cov txiaj ntsig tau txheeb xyuas los ntawm tsev neeg ntawm Individualized Family Service Plan (IFSP).

Lub tsev neeg tshiab tau pib nyob qhov twg?

- Tus Kws Saib Xyuas Pabcuam Kev Pabcuam Thaum Ntxov yuav muab kev pab me yog Tsev Neeg thiab IFSP pab neeg txiav txim siab tias koj tus menuam yuav tau txais txiaj ntsig los ntawm kev kho.
- Teletherapy tuaj yeem yog cov kev pabcuam uas yog kev fajseeb khomob uas tau them rau koj, tabsis koj yuav tsum txheeb xyuas qhov no nrog koj tus kws khomob.

Faj nyem thiab tsis paub zoo yog Teletherpy li cas?

- Yog. Thaum nws los txog rau tus neeg mob ntiag tug, cov kws kho mob uas muab Teletetaps yog tuav tib yam li lawv cov neeg sab hauv.
- Thaum ib yim neeg nrhiav kev pab los ntawm cov menuam lub chaw pabcuam (CDSA), lawv tuaj yeem so tau tias lawv cov ntaub ntawv kho mob yuav raug khaws zais cia.



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

Division of Child and Family Well-Being
NC Infant-Toddler Program (NC ITP)



Puas yog koj thiab koj tus menyuam sim Teletherapy? *NC Infant-Toddler Qhov kev pab cuam*

- Koj puas muaj kev nkag tau sai thiab vam meej hauv Is Taws Nem kev pabcuam, lossis kev pabcuam xov tooj zoo nrog cov ntaub ntawv tsis muaj kev txwv?
- Yuav ua li cas txog lub laptop lossis ntsiav tshuaj? Ib lub vijsam loj dua ua cov kev tswj hwm ntau dua, tab sis txawm tias lub xov tooj ntse yuav ua.
- Yog tias tus kws kho mob xav xa koj qhov txuas rau qhov kev kawm, koj puas muaj email chaw nyob?
- Koj muaj kev ntseeg siab ntseeg npaum li cas hauv koj lub peev xwm siv koj lub computer, ntsiav tshuaj, lossis xov tooj ntse?



Tus menyuam thiab cov niam txiv muaj txiaj ntsig tau txiaj ntsig los ntawm Teletherapy.

- Cov menyuam kawm ntawv pib kawm yuav tsum tsis txhob raug yuam kom zaum tseem thiab saib TV.
- Hloov chaw, koj yuav koom ua si thiab lwm yam haujlwm nrog koj tus menyuam yaus ua tus kws kho mob qhia koj txog yuav ua li cas siv cov tswv yim.
- Cov khoom koj twb muaj nyob hauv tsev yuav siv thaum lub sijhawm Teletherapy. Tsis tas yuav muaj cov cuab yeej tshwj xeeb.
- Koj tus menyuam cov kev qhia ua xov tooj yuav tsim los rau kev kawm hauv lub sijhawm kawm txhua hnub suav nrog kev noj mov, ua si, taug kev, thiab da dej.
- Thaum nws los txog rau kev qhia thiab kawm, menyuam yaus kawm feem ntau los ntawm lawv cov niam txiv thiab lwm tus neeg hauv tsev neeg nyob hauv tsev!

Kuv yuav tau txais txiaj ntsig dab tsi los ntawm Teletherapy?

- Thaum tus kws kho mob tsis nyob ze ntawm, koj tseem tuaj yeem tau txais kev pab ua tsaug rau Teletherapy.
- Teletherapists tuaj yeem choj cov sib txawv ntawm cov neeg mob thiab cov kws tshaj lij uas tsis muaj nyob hauv lawv thaj chaw.
- Teletherapy yog thov rau ntau tsev neeg vim tias nws yooj yim npaum li cas.
- Teletherapy yog qhov kev xaiv zoo rau cov tub ntxhais hluas uas yog tim los yog tus uas muaj kev ntxhov siab nyob ib ncig ntawm cov neeg tshiab.

Nws yuav mus thaum koj ua tus coj Teletherapy?

1. Koj thiab koj tus kws kho mob yuav tshuaj xyuas koj kev nce qib txij li koj tau teem sijhawm kawg los xaiv qhov koj yuav tsom rau qhov no.
2. Tus kws kho mob yuav ua qee cov lus qhia rau koj thiab koj tus menyuam sim, thiab tom qab saib koj ob qho tib si hauv kev nqis tes ua.
3. Tus kws kho mob yuav muab cov lus qhia thiab cov lus pom zoo.
4. Koj yuav xav txog koj kev nce qib los ntawm niaj hnub no thiab npaj los ua kev xyaum ntawm kev sib kho.



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Cov lus teb los ntawm cov niam txiv ntawm Teletherapy



- * Lub xov tooj no Teletherapy yog yooj yim heev! Kuv tus ntxhais tau txais txiaj ntsig ntau ntawm nws vim tias nws muaj kev ntxhov siab. Nws tuaj yeem cuam tshuam txog nws cov kev nplij siab theem, thiab tom qab ntawd rho tawm. Teletherapy tso cai rau peb tau txais kev pab thaum nws yuav tsis tau lwm yam ntxiv.
- * Ua tsaug rau Teletherapy, kuv tus menuam muaj peevee xwm tau txais cov kev txhawb nqa uas nws xav tau, thiab nws muaj txij li ua tau zoo. Txij thaum pib txoj haujlwm, nws tau ua ntau yam zoo kawg nkaus.
- * Tiletherapy yooj yim rau kuv thiab kuv lub sijhawm tsis khoom, yog li ntawd kuv nyiam nws.
- * Kuv cov menuam tsis muaj teeb meem nrog Teletherapy. Nws txoj kev sib raug zoo nrog nws tus kws kho mob tau tso cai rau nws kom nws xis nyob hauv nws lub tsev.
- * Cov lus qhia rau lub neej txhua hnub tau zoo heev. Ntau cov lus qhia yog yam uas kuv twb tsis tau xav txog kev txhim kho.
- * Teletherapy lub sijhawm tiag sim nrog cov kev daws tau yog qhov tseem ceeb rau peb txoj kev vam meej.
- * Kuv txaus siab tuaj yeem xaiv kuv tus kheej hnub thiab teev rau kev teem caij.
- * Kuv cov menuam yaus thiab kuv tau txais txiaj ntsig zoo los ntawm peb Tele-tus kws kho mob thiab pom meej, cov lus piav qhia tau zoo.
- * Kuv txaus siab muaj peevee xwm sim tawm cov kev tawm dag zog thiab tau txais kev tawm tswv yim tam sim ntawd.
- * Kuv nyiam heev li cas qhia tau yooj yim Teletherapy yog! Kuv yuav tau txais ib qho txuas los ntawm tus kws pab tswv yim online hauv email. Kuv mam li qhib qhov kev sib txuas, thiab peb muaj ob qho tuaj yeem saib nws lub xub ntiag!



Koj yuav paub **sai** dua
li cas, qhov zoo dua lawv yuav
nyob hauv lub
sijhawm ntev!

