

KNOW SOMEONE WITH MEMORY LOSS?

Subjective Cognitive Decline
Among Black Adults

1 in 8

Black adults aged 45 years and older are experiencing (SCD) Subjective Cognitive Decline

Less than half

of Black adults with SCD have discussed their symptoms with a healthcare provider

MEMORY LOSS IS NOT A NORMAL PART OF AGING

54% of Black Adults

with SCD had to give up day-to-day activities such as:



Cooking



Cleaning



Taking Medication

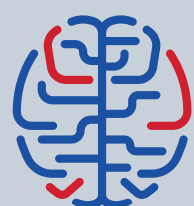
Talk to a healthcare provider about:

Possible treatment

Care planning

Management of chronic conditions

Caregiving needs



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BRAIN HEALTH EQUITY

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SOURCE: Behavioral Risk Factor Surveillance System (BRFSS) as published in Taylor, MMWR July 2018 ; Data from African-American Adults in 50 States, Puerto Rico, and the DC: People Aged 45 Years and Older <https://go.usa.gov/xUZT3>