

# REFER A FRIEND

Name \_\_\_\_\_

Referred by \_\_\_\_\_

**HEALTHY FOOD.**  
**HEALTHY KID.**  
**HAPPY FAMILY.**



**NORTH CAROLINA**

[www.ncdhhs.gov/ncwic/mywic](http://www.ncdhhs.gov/ncwic/mywic)



NC Department of Health and Human Services

Division of Child and Family Well-Being • Community Nutrition Services Section

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