

Your Nutrition Education Starts Here



TO GET STARTED

1. Visit www.wichealth.org

2. First Time to Visit wichealth.org?
Click "Sign Up" to create your account.



3. Enter Your Information

Agency:

State: North Carolina

Clinic:

WIC Family ID:

4. Setup Your Account

Your username, password and security questions are case and space sensitive. Save your answers for future reference.

Username:

Password:



Your email address is optional, but it is recommended. Once you register, you will receive a welcome email. Be sure to click the link to verify your email address.

5. Tell Us About Your Family

By completing your profile, you will receive a more personalized experience on wichealth.org.

6. Explore [wichealth](http://wichealth.org)

Take the worry out of mealtime with nutrition education and WIC recipes your kids will love.



Choose  wichealth.org



NC Department of Health and Human Services • Division of Child and Family Well-Being
Community Nutrition Services Section • www.ncdhhs.gov/nc-wic-cacfp
This institution is an equal opportunity provider.